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DOLUTEGRAVIR tolerability in clinical practice : results from the SURVEILLANCE COHORT LONG-TERM TOXICITY ANTIRETROVIRALS/ANTIVIRALS (SCOLTA) Cohort.

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Background

- Dolutegravir (DTG) is the only second-generation integrase inhibitor (INI) available in clinical practice. It has advantages in comparison to first generation INIs including unboosted daily dosing, limited cross resistance, and a high barrier to resistance.
- In clinical trials DTG proved efficacious and safe in naive and experienced patients. However, a recent study in a real life setting reported an unexpectedly high rate of discontinuation mainly due to central nervous system (CNS) events.

Methods

- Patients initiating DTG were enrolled in the SCOLTA project, a prospective, observational, multicenter study created to assess the incidence of adverse events in patients receiving new antiretroviral drugs.
- The statistical significance of changes from baseline was evaluated by paired t-test, after testing the normality of distributions.

Purpose of the study

- To evaluate the tolerability of DTG based HAART in clinical practice.
- We therefore aimed to describe the modification of eGFR, lipid and hepatic profile in a cohort of HIV-infected patients and causes of DTG discontinuation.

Results 1

- A total of 358 HIV-infected patients were included, 266 (74.3%) males and 113 (31.6%) were heterosexuals. CDC stage was A in 156 (43.6%) patients. Mean age at enrolment was 46.9 ± 11.4 years, mean CD4 cell count 520 ± 383 cell/ μ L and mean HIV-RNA 2.0 ± 1.9 log10 cp/ml. Eighty-three (23.2%) patients were HCV Ab+ and 60 (16.7%) were naive. Baseline characteristics of enrolled patients are shown in Table 1.

Parameters	Cohort (n=358)
Age (years), mean \pm standard deviation	$46.9.9 \pm 11.4$
Male gender	266 (74.3%)
Caucasians	345 (96.4%)
Naives	60 (16.7%)
Heterosexuals	113 (31.6%)
CDC stage A	156 (43.6%)
Mean CD4 (cell/ μ L), mean \pm standard deviation	520 ± 383
Mean HIV RNA (\log_{10} cp/ml), mean \pm standard deviation	2.0 ± 1.9
HCV Antibodies positive	83 (23.2%)
Total cholesterol (mg/dl), mean \pm standard deviation	189.2 ± 46.1
HDL cholesterol (mg/dl), mean \pm standard deviation	44.7 ± 14.9
Triglycerides (mg/dl), median (interquartile range)	129 (90-204)
eGFR (ml/min/1.73 m 2), mean \pm standard deviation	93.9 ± 24.8

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Results 2

- After a median follow up of 7 (IQR 6-11) months, 20 (5.6%) therapy interruptions were reported. These were caused by virological failure in 4 (1.1%), death in 3 (0.8%), therapy simplification in 2 (0.5%), adverse events in 8 (2.2%), lost to follow up in 1 and other reasons in 2 cases (Figure 1).
- Among adverse events-related interruptions 2 were \geq grade 3 reactions, 1 acute renal failure and 1 rash, and 6 grade 1-2, 1 creatinine increase, 1 myalgia+rhabdomyolysis, 1 transaminase increase, 2 CNS events (1 somnolence and 1 headache) and 1 gastrointestinal (vomiting), as shown in Figure 1.

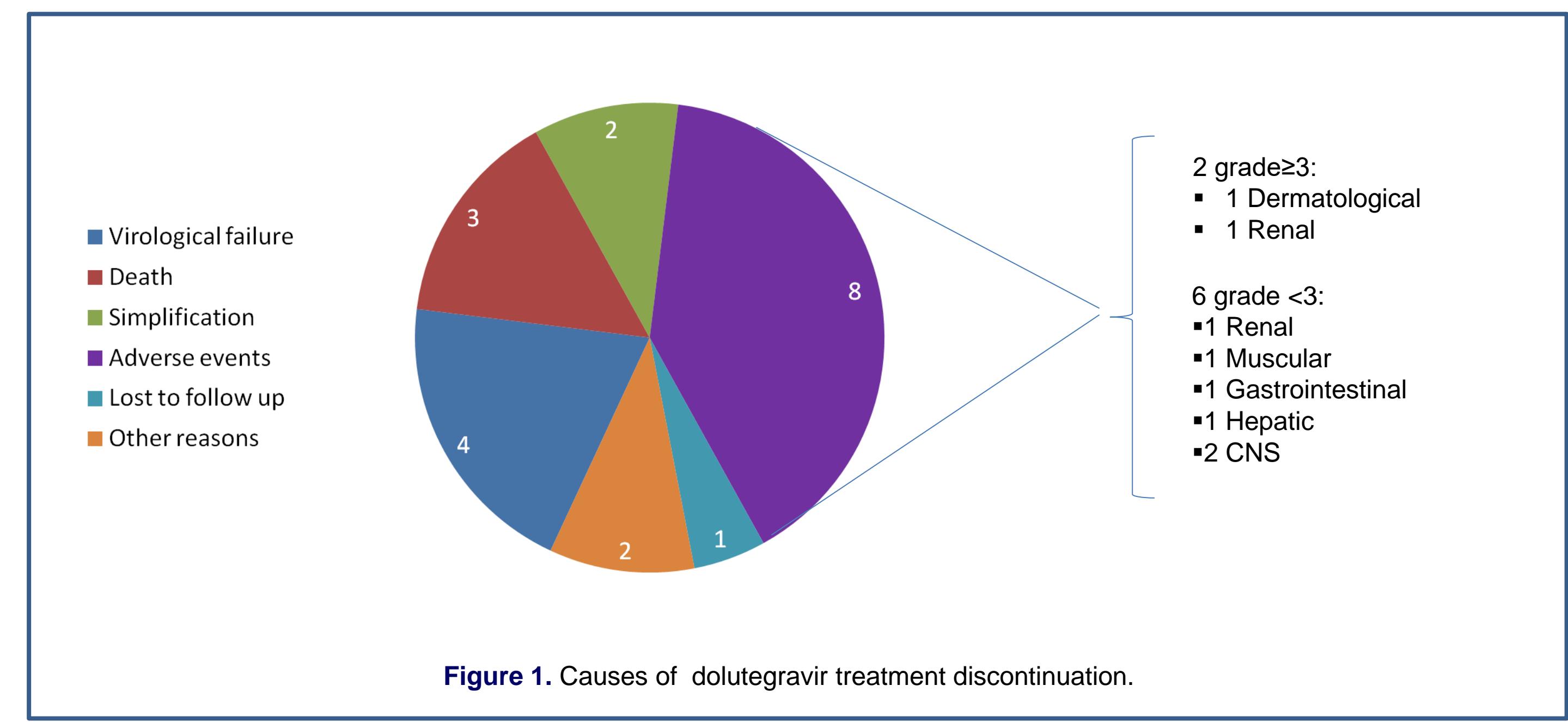


Figure 1. Causes of dolutegravir treatment discontinuation.

Results 3

- Among patients with available follow up data at week 24 and 48 we found a significant reduction in eGFR at both follow up times (-11.7 ml/min/1.73m 2 , p<0.0001 and -9.1 ml/min/1.73m 2 p=0.001, respectively), as shown in Figure 2.
- Regarding lipid profile we observed a non significant reduction in total cholesterol at week 24 and 48 and a slight increase in HDL cholesterol. Triglycerides level showed a significant reduction at week 24 (-22.0 mg/dl, p=0.015) and a further decrease at week 48 (-9.4 mg/dl, p=n.s.), as depicted in Figure 3. Finally, both AST and ALT levels decreased during follow up.

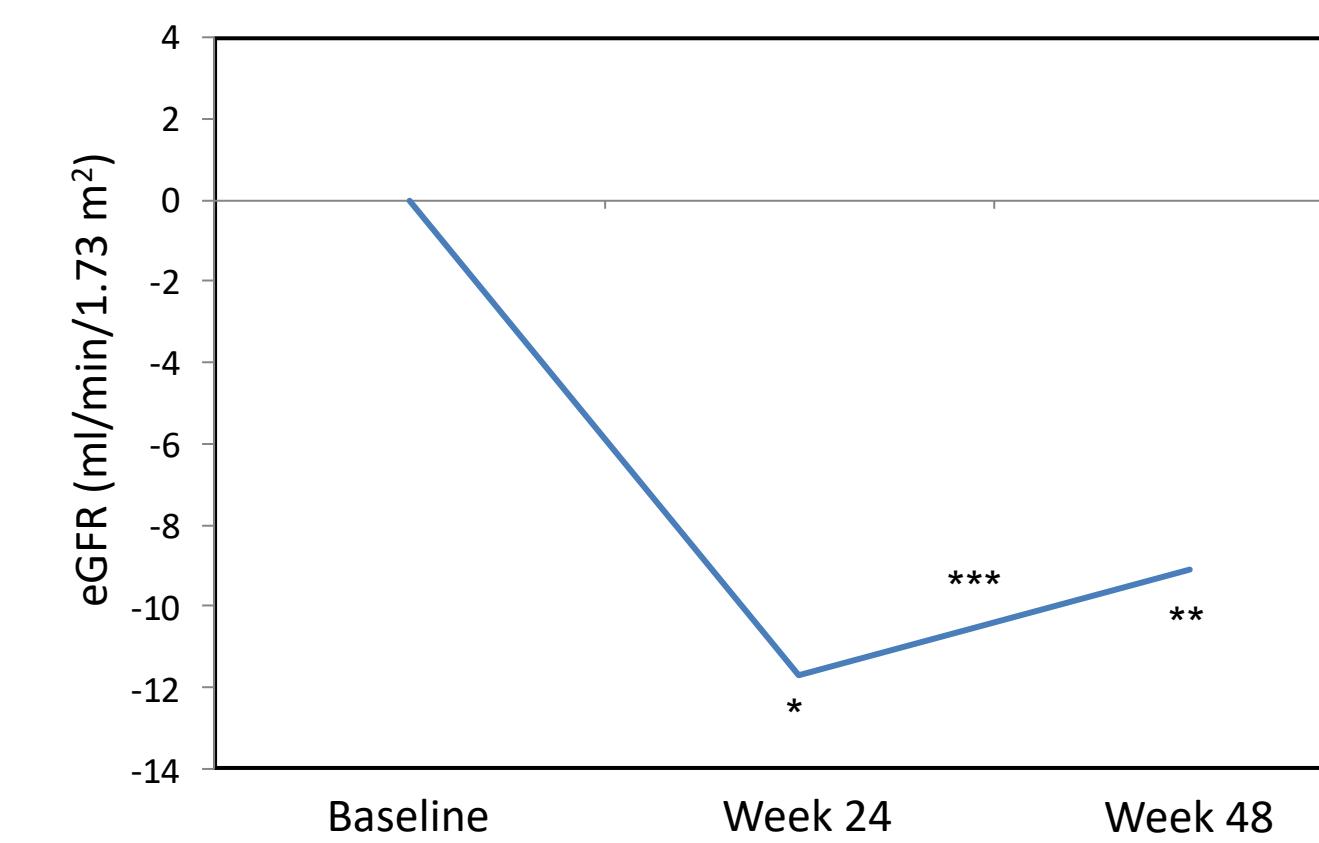


Figure 2. Mean change from baseline in estimated glomerular filtration rate (eGFR).
*p < 0.0001 Week 24 vs Baseline;
**p = 0.001; Week 48 vs Baseline;
***p = 0.30; Week 48 vs Week 24.

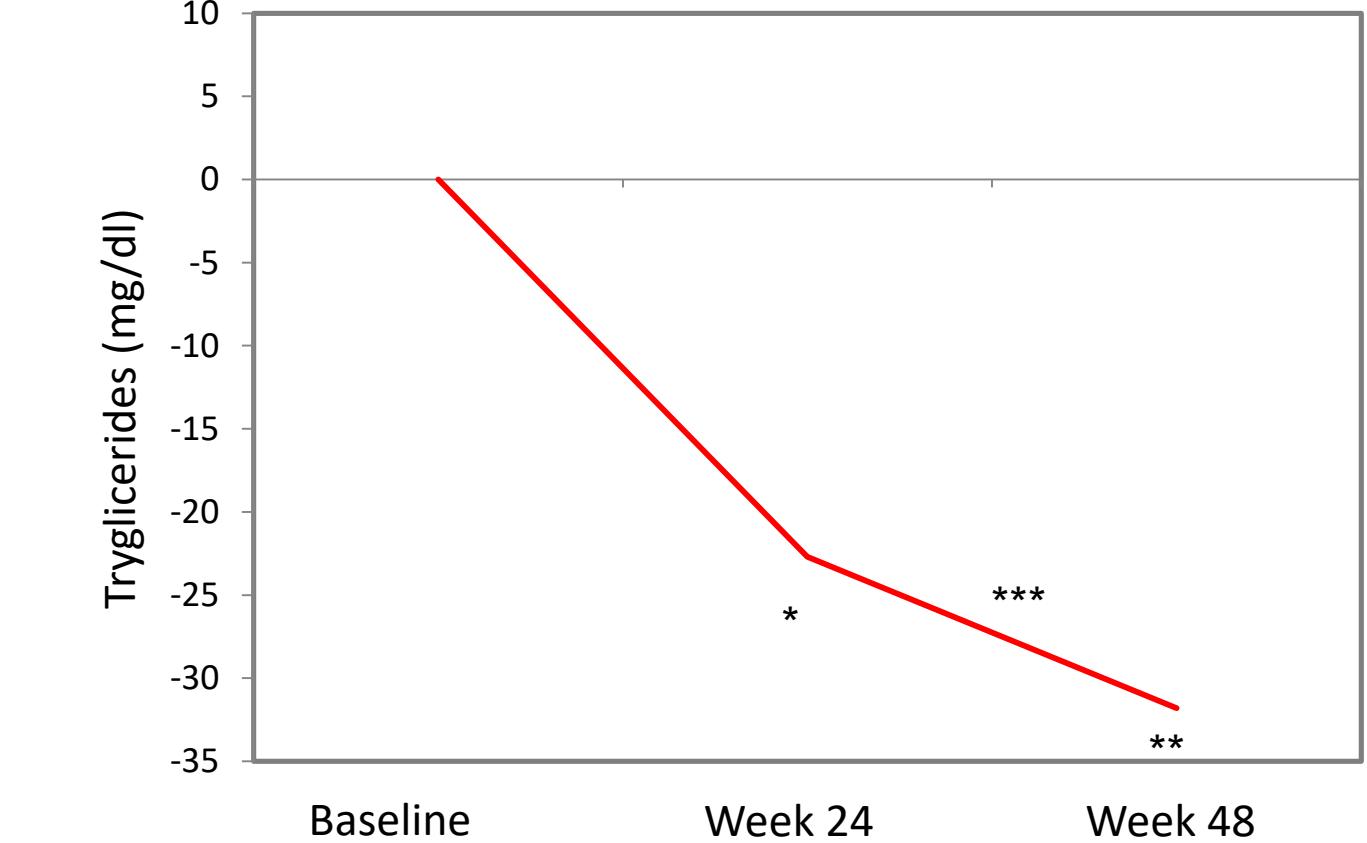


Figure 3. Mean change from baseline in tryglicerides.
*p = 0.015 Week 24 vs Baseline;
**p = 0.15; Week 48 vs Baseline;
***p = 0.58; Week 48 vs Week 24.

Conclusions

- Dolutegravir was well tolerated during follow up as confirmed by the low rate of both total DTG-based regimen discontinuations (5.6%) and adverse-events related interruptions (2.2%).
- eGFR showed an initial reduction but a stabilization during follow up as already shown in clinical trials, possibly attributable to the inhibition of the OCT-2 creatinine transporter in the proximal tubular cells.
- Dolutegravir was also associated with an improvement of the lipid profile with significant reduction of triglycerides