

Article

Antibiofilm Activity of Antarctic Sponge-Associated Bacteria against *Pseudomonas aeruginosa* and *Staphylococcus aureus*

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Abstract: Bioprospecting in unusual marine environments provides an innovative approach to search novel biomolecules with antibiofilm activity. Antarctic sponge-associated bacteria belonging to *Colwellia*, *Pseudoalteromonas*, *Shewanella* and *Winogradskyella* genera were evaluated for their ability to contrast the biofilm formation by *Pseudomonas aeruginosa* ATCC 27853 and *Staphylococcus aureus* ATCC 29213, as model organisms. All strains were able to produce biofilm at both 4 and 25 °C, with the highest production being for *Colwellia*, *Shewanella* and *Winogradskyella* strains at 4 °C after 24 h. Antibiofilm activity of cell-free supernatants (CFSs) differed among strains and on the basis of their incubation temperature (CFSs_{4°C} and CFSs_{25°C}). The major activity was observed by CFSs_{4°C} against *S. aureus* and CFSs_{25°C} against *P. aeruginosa*, without demonstrating a bactericidal effect on their growth. Furthermore, the antibiofilm activity of crude extracts from *Colwellia* sp. GW185, *Shewanella* sp. CAL606, and *Winogradskyella* sp. CAL396 was also evaluated and visualized by confocal laser scanning microscopic images. Results based on the surface-coating assay and surface tension measurements suggest that CFSs and the crude extracts may act as biosurfactants inhibiting the first adhesion of *P. aeruginosa* and *S. aureus*. The CFSs and the novel biopolymers may be useful in applicative perspectives for pharmaceutical and environmental purposes.

Keywords: Antarctic bacteria; biofilm; sponge-associated bacteria

1. Introduction

Bacterial adhesion and biofilm formation processes have pervasive importance in environmental and human health. Compared with the free-living style, bacterial aggregations have considerable advantages in terms of self-protection, increasing microbial tolerance to exogenous stresses and the ability to escape to antibiotics or other biocides. Bacterial biofilms by pathogens represent a serious concern in public health, because they are involved in 65–80% of all human bacterial infections. Persistent infections (such as cystic fibrosis, urethritis, otitis, periodontitis, and endocarditis) have been associated with pathogenic bacteria able to form biofilm settings [1–5]. The biofilm lifestyle protects bacteria from the host immune response and confer them less susceptibility to antimicrobial agents, giving rise to chronic infections that are notoriously difficult to eradicate [6–9].

Consequently, the eradication of biofilm appears difficult with traditional pharmaceutical agents, and the exploration of novel anti-biofilm strategies, aimed at searching for new natural valuable compounds to prevent or eliminate biofilm is needed. After an initial attachment, the adhesion to abiotic and biotic surfaces becomes irreversible when the cells begin to secrete exopolymers with the subsequent aggregation of cells into microcolonies, and the formation and stabilization of biofilms [10]. Extracellular polymeric substances (EPSs), also known as exopolymers, mediate most of the cell-to-cell and cell-to-surface interactions that are necessary for the formation and maturation of biofilm [11]. So far more than 30 different biofilm matrix polysaccharides (for example, alginate and cellulose) have been characterized as major component of the biofilm scaffold [11–13]. On the other hand, bacterial exopolymers, including exopolysaccharides, involved in the biofilm formation, could also possess the ability to counteract the adhesion and the biofilm formation of a wide spectrum of bacteria and fungi [14]. Exopolysaccharides might act as signaling molecules that modulate gene expression of recipient bacteria [15], or in the competitive inhibition of multivalent carbohydrate–protein interactions [16].

Marine microorganisms, as free-living or associated with different hosts, represent until now untapped sources of molecules with a broad range of activity including the biofilm inhibition [17,18]. Increased attention is given to the discovery of new antibiofilm EPSs with potential applications in different fields, ranging from environmental, such as the inhibition of biofouling on immersed substrates [19] or water treatment and detoxification [20], to the prevention and eradication of biofilm-based infections [4]. Recent findings suggested that the exopolysaccharide produced by the marine thermophilic *Bacillus licheniformis* T14 possesses the ability to inhibit the biofilm formation of several pathogenic bacteria [18]. This exopolysaccharide did not possess antibacterial effects, suggesting that its antibiofilm activity is therefore mediated by different mechanisms other than growth inhibition. Most antibiofilm exopolymers showed surfactant activities, which influence the physical characteristics of bacterial cells and abiotic surfaces [18].

Among extremophiles, cold-adapted bacteria from polar habitats represent a potential source of structurally and functionally novel biologically active molecules with biotechnological potential [21,22]. Several cold-adapted bacteria of the genera *Colwellia*, *Flavobacterium*, *Marinobacter*, *Polaribacter*, *Pseudoalteromonas*, *Pseudomonas*, *Shewanella* and *Winogradskyella* have been reported as able to produce EPSs [23–26]. *Pseudoalteromonas* is the most frequently reported EPS-producer from Antarctica, mainly from sea-ice and sea-water [22]. Supernatants obtained from cold-adapted bacteria belonging to *Pseudoalteromonas*, *Psychrobacter* and *Psychromonas* were reported able to produce different antibiofilm molecules active against *Pseudomonas aeruginosa* PAO1, *Staphylococcus aureus* and *S. epidermidis* [27]. For instance, a mixture of small hydrophobic molecules, rather than polysaccharides, produced by the Antarctic marine bacterium *Pseudoalteromonas haloplanktis* TAC125 was reported as active against *S. epidermidis* biofilm formation [28]. More recently, novel isolates from Antarctic seawater [24,25] and sponge specimens [26] were reported as able to produce EPSs potentially useful in biotechnological applications as cryoprotectant agents.

In this context, the present study was aimed at exploring Antarctic sponge-associated cold-adapted bacteria (in the genera *Colwellia*, *Pseudoalteromonas*, *Shewanella* and *Winogradskyella*) as producers of antibiofilm agents. Antibiofilm activity was tested against *Pseudomonas aeruginosa* ATCC 27853 and *Staphylococcus aureus* ATCC 29213, as biofilm models of clinically significant bacteria.

2. Materials and Methods

2.1. Bacterial Pathogens

Pseudomonas aeruginosa ATCC 27853 and *Staphylococcus aureus* ATCC 29213 were purchased from the American Type Culture Collection (LGC Promochem, Milan, Italy). *Pseudomonas aeruginosa* ATCC 27853 was cultured into Luria Bertani broth (LB) (Sigma Aldrich, St. Louis, MO, USA) and 2% agarized LB. *Staphylococcus aureus* ATCC 29213 was

grown in Tryptone Soya Broth (TSB) (Sigma Aldrich) and Tryptone Soya Agar (TSA) (Sigma Aldrich). Strains were kept frozen at $-80\text{ }^{\circ}\text{C}$ in 40% (*v/v*) glycerol for long term storage.

2.2. Antarctic Sponge-Associated Bacteria

Cold-adapted strains used in this work are listed in Table 1. They were previously isolated from Antarctic sponge specimens collected at Terra Nova Bay (Ross Sea, Antarctica) [26,29–31]. Sponge treatment and bacterial isolation procedures were described previously [32]. Strains tested for antibiofilm activity were selected among 1583 isolates for their highly mucous aspect on Marine Agar 2216 (MA; Difco Laboratories, Detroit, MI, USA) plates supplemented with different sugars (0.6%, *w/v*) [26]. Bacterial isolates belong to the Italian Collection of Antarctic Bacteria of the National Antarctic Museum (CIBAN-MNA), kept at the University of Messina (Italy). All strains grow in the temperature value range from 4 to 30 $^{\circ}\text{C}$. Cultures are routinely grown at 4 $^{\circ}\text{C}$.

Table 1. Origin of Antarctic sponge-associated bacteria used in this study (na: not assigned).

Strain	Lab ID	GenBank	Sponge Species	Reference
		Accession Number		
<i>Colwellia</i> sp. MNA-CIBAN-0052	GW185	KC709480	<i>Hemigellius pilosus</i> (Kirkpatrick, 1907)	[30]
<i>Pseudoalteromonas</i> sp. MNA-CIBAN-0059	CAL260	na	<i>Haliclona dancoi</i> (Topsent, 1901)	[31]
<i>Pseudoalteromonas</i> sp. MNA-CIBAN-0118	CAL416	na	<i>Tedania charcoti</i> (Topsent, 1907)	[31]
<i>Pseudoalteromonas</i> sp. MNA-CIBAN-0117	CAL433	na	<i>Tedania charcoti</i> (Topsent, 1907)	[31]
<i>Pseudoalteromonas</i> sp. MNA-CIBAN-0123	CAL451	na	<i>Haliclona virens</i> (Topsent, 1908)	[31]
<i>Pseudoalteromonas</i> sp. MNA-CIBAN-0090	TB42	JF273855	<i>Anoxycalyx (Scolymastra) joubini</i> (Topsent, 1916)	[29]
<i>Shewanella</i> sp. MNA-CIBAN-0172	CAL242	na	<i>Haliclona</i> sp.	[31]
<i>Shewanella</i> sp. MNA-CIBAN-0521	CAL62	na	<i>Calyx arcuarius</i> (Topsent, 1913)	[31]
<i>Shewanella</i> sp. MNA-CIBAN-0158	CAL606	JF273931	<i>Haliclonissa verrucosa</i> (Burton, 1932)	[29]
<i>Winogradskyella</i> sp. MNA-CIBAN-0261	CAL384	KX108853	<i>Tedania charcoti</i> (Topsent, 1907)	[26]
<i>Winogradskyella</i> sp. MNA-CIBAN-0263	CAL396	KX108854	<i>Tedania charcoti</i> (Topsent, 1907)	[26]

2.3. Biofilm Formation Assay

Biofilm formation by *P. aeruginosa* ATCC 27853 and *S. aureus* ATCC 29213 was investigated in 96-well polystyrene microplates (Falcon[®], Fisher Scientific, Milan, Italy), as previously reported by O'Toole et al. [33]. Suitable aliquots (200 μL) of each overnight culture in LB or TSB ($\text{OD}_{600\text{nm}} = 0.1$ equivalent to 1.5×10^8 bacteria/mL) were poured in the microwells and the microplates were incubated at 37 $^{\circ}\text{C}$ for 48 h (for *P. aeruginosa*) or 24 h (for *S. aureus*), without shaking. Nonadherent bacteria were removed by washing 5 times with distilled water, by gentle aspiration. Biofilms were stained with 0.1% (*w/v*) crystal violet solution for 20 min. Excess stain was removed by aspiration, and the plates were washed (5 times) and air dried (for 45 min). The stained biofilms were solubilized with absolute ethanol. Biofilm mass was spectrophotometrically determined ($\text{OD}_{585\text{nm}}$) by the level of the crystal violet present in the de-staining solution, using a microtiter plate reader (Multiskan GO, Thermo Scientific, Waltham, MA, USA). Each data point was averaged from eight replicated microwells, and the standard deviation (SD) was calculated.

To investigate the biofilm formation by Antarctic sponge-associated bacteria, strains were cultivated in a broth medium prepared with the Väättänen nine-salt solution (VNSS) [34], plus 0.05% peptone (*w/v*), 0.01% yeast extract (*w/v*) and 2% sucrose (*w/v*) as carbon source (VNSS+PYS). VNSS composition *per* liter of distilled water was as follows: NaCl 17.6 g, Na₂SO₄ 1.47 g, NaHCO₃ 0.08 g, KCl 0.25 g, KBr 0.04 g, MgCl₂·6H₂O 1.87 g, CaCl₂·2H₂O 0.41 g, SrCl₂·6H₂O 0.008 g, H₃BO₃ 0.008 g.

As reported above, suitable aliquots (200 µL) of each overnight culture in VNSS+PYS (OD_{600nm} = 0.1, equivalent to 1.5×10^8 bacteria/mL) were poured in the microwells and the microplates were incubated at 4 °C for 96 h or 25 °C for 48 h, without shaking. To evaluate the biofilm masses the microplates were treated as described above.

2.4. Cell-Free-Supernatants from Antarctic Sponge-Associated Bacteria

Aliquots (10%, *v/v*) of each bacterial culture in the exponential growth phase were inoculated into 25 mL medium VNSS+PYS, and cultures were incubated at 4 °C for 4 days or at 25 °C for 48 h. In order to remove all bacterial cells, cultures were centrifuged at $10,000 \times g$ for 30 min, and each supernatant was filtered through a 0.2-µm-pore-size membrane (Sartorius, Göttingen, Germany). Aliquots of 100 µL of each cell-free supernatant (CFS_{4°C} and CFS_{25°C} from bacterial cultures incubated at 4 and 25 °C, respectively) were spread-plated onto MA plates at 4 and 25 °C for 4 and 2 days, respectively to ensure that no cells remained in each supernatant.

2.5. Antibiofilm Activity

2.5.1. Cell Free Supernatants

CFSs obtained from bacterial isolates were evaluated for their capacity to inhibit biofilm formation by *P. aeruginosa* and *S. aureus* in 96-well polystyrene microplates, as previously reported [18,33]. Aliquots (20 µL) of each CFS were added (final concentration 10%, *v/v*) to 180 µL of overnight cultures of the two pathogens in TSB (OD_{600nm} = 0.1, equivalent to 1.5×10^8 bacteria/mL), and microplates were incubated at 37 °C for 48 h (*P. aeruginosa*) or 24 h (*S. aureus*) without shaking and treated as described above. The reduction of biofilm formation by each pathogenic strain was expressed as antibiofilm activity (%) by applying the following formula: $(OD_{\text{control}} - OD_{\text{sample}} / OD_{\text{control}}) \times 100$. Each data point was averaged from eight replicated wells, and the SD was calculated.

2.5.2. Crude Extracts

The antibiofilm activity against the two pathogens was evaluated for the crude extracts obtained from the most active CFSs. Crude extracts from CFSs were obtained as reported previously [26]. Briefly, after centrifugation ($8000 \times g$ for 10 min at 4 °C), the supernatant was treated with 1 volume of cold absolute ethanol added under stirring. Crude extracts were obtained by centrifugation and the pellets were dissolved in hot water. The final water solution was dialyzed against tap water and distilled water, and then freeze-dried.

In 96-well microtiter plates, 20 µL of each crude extract diluted in Phosphate Buffer Saline (PBS) (Sigma Aldrich) at final concentration of 100, 200 or 400 µg/mL, or 20 µL of PBS as control, were added to overnight cultures (180 µL) of *P. aeruginosa* or *S. aureus* (OD_{600nm} = 0.1) and plates were incubated at 37 °C for 48 h (*P. aeruginosa*) or 24 h (*S. aureus*). OD_{600nm} values were recorded after 24 h or 48 h, and antibiofilm capacity of the crude extracts was evaluated as described above.

The reduction of biofilm formation by each pathogenic strain was expressed as antibiofilm activity (%), calculated as described above. Each data point was averaged from four replicated wells and the SD was calculated.

2.6. Surface Coating Assay

A volume of 50 µL of each CFS or 20 µL of each crude extract diluted in PBS (400 µg/mL final concentration) were transferred to the center of a 24-well polystyrene microtiter plate (Falcon no. 353047) [35]. The plates were incubated at 37 °C for 30 min to

allow complete water evaporation. The wells were filled with 1 mL of diluted overnight cultures containing 10^5 CFU/mL of *P. aeruginosa* or *S. aureus* in LB and TSB, respectively, and the plates were incubated at 37 °C for 18 h, in static conditions. Wells were washed (two times) with distilled water and stained with 1 mL of 0.1% crystal violet solution. To remove the excess of crystal violet, stained biofilms were rinsed with distilled water and air dried, and finally the wells were photographed.

2.7. Surface Tension

Surface tension (ST) of each CFS was measured by using a Digital Tensiometer Gibertini Elettronica™ TSD (Gibertini Elettronica, Milan, Italy) by the Wilhelmy Plate method, as previously described [36]. A ST lower than 40 mN/m was considered as an expression of biosurfactant production [37,38].

2.8. Confocal Microscopic Observation

Aliquots (800 µL) of *P. aeruginosa* (in LB) or *S. aureus* (in TSB) overnight cultures (adjusted to $OD_{600nm} = 0.1$) were poured in a 24 well plates (Falcon) with inside sterilized round microscope glass cover slides coverslips (18 mm in diameter). After the addition of 200 µL of each crude extract diluted in PBS (400 µg/mL final concentration), plates were incubated at 37 °C for 24 h (for *S. aureus*) or 48 h (for *P. aeruginosa*). Not-attached bacteria were removed by washing with PBS, and the adherent cells on the coverslip were heat-fixed and stained with 20 µg/mL of propidium iodide (PI, Sigma Aldrich).

Coverslips were incubated in the dark at 30 °C for 5 min. Biofilm formation of *P. aeruginosa* and *S. aureus* were observed using the Confocal Laser Scanning Microscopy (CLSM) to TCS SP2 microscope (Leica Microsystems Heidelberg, Mannheim, Germany), equipped with Ar/Kr laser, and coupled to a microscope (Leica DMIRB).

3. Results

3.1. Biofilm Formation Assay

All tested Antarctic sponge-associated bacterial showed the biofilm-forming ability (Table 2).

Table 2. Biofilm formation by Antarctic sponges-associated bacterial strains incubated at 4 °C for 96 h, or at 25 °C for 48 h, and *P. aeruginosa* and *S. aureus* after incubation at 37 °C for 48 h and 24 h, respectively. Each value was obtained by four independent experiments performed in triplicate. Standard deviations are reported (^a: incubation temperature 37 °C).

Strain	Biofilm Formation ($OD_{585\text{ nm}}$)	
	4 °C	25 °C
<i>Colwellia</i> sp. GW185	1.16 ± 0.04	0.65 ± 0.01
<i>Pseudoalteromonas</i> sp. CAL260	0.60 ± 0.04	0.41 ± 0.01
<i>Pseudoalteromonas</i> sp. CAL416	0.51 ± 0.03	0.42 ± 0.01
<i>Pseudoalteromonas</i> sp. CAL451	0.61 ± 0.06	0.44 ± 0.01
<i>Pseudoalteromonas</i> sp. CAL433	0.60 ± 0.05	0.41 ± 0.01
<i>Pseudoalteromonas</i> sp. TB42	0.60 ± 0.06	0.41 ± 0.01
<i>Shewanella</i> sp. CAL62	0.92 ± 0.14	0.67 ± 0.07
<i>Shewanella</i> sp. CAL242	0.98 ± 0.09	0.67 ± 0.07
<i>Shewanella</i> sp. CAL606	1.00 ± 0.08	0.67 ± 0.07
<i>Winogradskyella</i> sp. CAL384	0.92 ± 0.08	0.54 ± 0.06
<i>Winogradskyella</i> sp. CAL396	0.99 ± 0.08	0.56 ± 0.08
<i>Pseudomonas aeruginosa</i> ATCC27853	2.10 ± 0.08 ^a	
<i>Staphylococcus aureus</i> ATCC29213	1.12 ± 0.07 ^a	

Overall, biofilm masses produced at 25 °C were lower than at 4 °C. The best biofilm production was observed for *Colwellia* sp. GW185, followed by *Shewanella* sp. CAL606 and

Winogradskyella sp. CAL396. *Pseudoalteromonas* isolates resulted less efficient in biofilm formation than the other tested strains.

3.2. Antibiofilm Activity of CFSs

The antibiofilm activity of CFSs_{4°C} and CFSs_{25°C} from Antarctic strains against *P. aeruginosa* and *S. aureus* is shown in Figure 1. Overall, the presence of CFSs did not significantly influenced the growth values of *P. aeruginosa* and *S. aureus*, thus indicating the absence of any antibacterial activity (Figure S1).

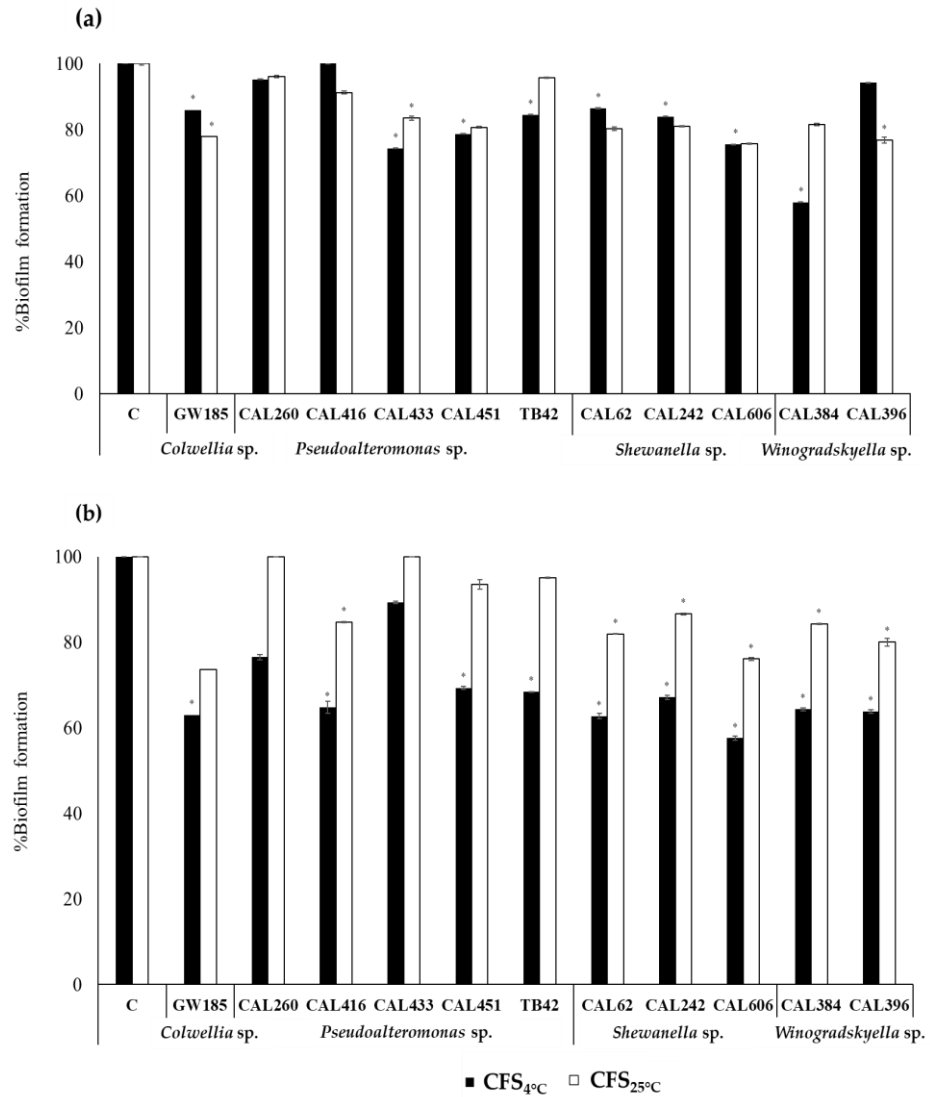


Figure 1. Biofilm formation (%) of *P. aeruginosa* ATCC 27853 (a) and *S. aureus* ATCC 29213 (b) after 48 h and 24 h treatment, respectively, in absence (Control, C) or in presence of CFSs from Antarctic sponges-associated bacteria obtained after incubation at 4 (CFS_{4°C}, black bars) or 25 °C (CFS_{25°C}, white bars). The data were analyzed by One-way ANOVA. Statistically significant differences ($p \leq 0.05$) between the control (C) and treated samples are indicated by an asterisk (*). Refer to Table 1 for bacterial strain affiliation.

The antibiofilm activity of CFSs differed among the tested strains and also between strains belonging to the same genus on the base of the incubation temperature (4 or 25 °C). All CFSs exhibited antibiofilm activity against *P. aeruginosa*, although at different extents (Figure 1a). CFSs_{4°C} showed a biofilm reduction ranging from 2.1% (*Pseudoalteromonas* CAL416) to 42.1% (*Winogradskyella* CAL384), whereas CFSs_{25°C} reduced the biofilm pro-

duction from 3.9% (*Pseudoalteromonas* CAL260) to 28.5% (*Shewanella* CAL606). A moderate antibiofilm activity, expressed as biofilm reduction $\geq 20\%$, was observed for CFSs_{4°C} from *Pseudoalteromonas* sp. CAL451 and CAL433 (21.4 and 25.8%, respectively), and for CFSs_{25°C} from *Colwellia* GW185, *Winogradskyella* CAL396, and *Shewanella* CAL606 (22.2, 23.2 and 28.5%, respectively).

The biofilm reduction against *S. aureus* was observed for all CFSs_{4°C} (Figure 1b). Most of CFSs_{4°C} exhibited a biofilm reduction $\geq 20\%$, with the only exception of *Pseudoalteromonas* CAL433 (10.7%). The highest inhibition activity was shown by the CFS_{4°C} obtained from *Shewanella* sp. CAL606 (42.4%). With the exception of CFSs_{25°C} from *Pseudoalteromonas* sp. strains TB42, CAL260 and CAL433, all the other CFSs were able to reduce the *S. aureus* biofilm formation. A moderate activity was observed for CFSs_{25°C} from *Winogradskyella* CAL396, *Shewanella* CAL606 and *Colwellia* GW185 (range 20.0–26.3%).

3.3. Surface Coating Assay with CFSs

Most of CFSs were able to prevent the adhesion of *P. aeruginosa* and *S. aureus* to polystyrene surfaces after 18 h treatment, with the only exception of *Pseudoalteromonas* CAL260 (Table 3 and Figure S2). Overall, CFSs_{4°C} were numerically less active (4/11) than CFSs_{25°C} against both *P. aeruginosa* and *S. aureus*; however, each CFS showed a different pattern of action. For instance, CFSs from *Pseudoalteromonas* sp. CAL416 contrasted the adhesion of *P. aeruginosa* but not of *S. aureus*. CFSs_{25°C} from *Pseudoalteromonas* sp. strains CAL433 and CAL451 were active only against *S. aureus*, whereas CFSs_{25°C} from *Pseudoalteromonas* sp. TB42 and *Shewanella* CAL62 were active only against *P. aeruginosa*.

Table 3. Inhibition of *Pseudomonas aeruginosa* and *Staphylococcus aureus* adhesion to polystyrene surfaces in absence (Control) or pre-coated with CFSs from Antarctic sponges-associated bacteria obtained after incubating at 4 °C (CFS_{4°C}) or 25 °C (CFS_{25°C}), after a 18 h treatment.

CFS	<i>P. aeruginosa</i> ATCC 27853		<i>S. aureus</i> ATCC 29213	
	4 °C	25 °C	4 °C	25 °C
Control	–	–	–	–
<i>Colwellia</i> sp. GW185	–	+	+	+
<i>Pseudoalteromonas</i> sp. CAL260	–	–	–	–
<i>Pseudoalteromonas</i> sp. CAL416	+	+	–	–
<i>Pseudoalteromonas</i> sp. CAL433	–	–	–	+
<i>Pseudoalteromonas</i> sp. CAL451	–	–	–	+
<i>Pseudoalteromonas</i> sp. TB42	–	+	–	–
<i>Shewanella</i> sp. CAL62	–	+	–	–
<i>Shewanella</i> sp. CAL242	–	+	+	+
<i>Shewanella</i> sp. CAL606	+	+	+	+
<i>Winogradskyella</i> sp. CAL384	+	+	–	+
<i>Winogradskyella</i> sp. CAL396	+	+	+	+

(+) = inhibition of adhesion to polystyrene; (–) = negative capacity of inhibition of adhesion to polystyrene.

CFSs from *Colwellia* sp. GW185 and *Shewanella* sp. strains CAL242 showed a similar pattern of action against the adhesion of the two pathogens. Finally, CFSs obtained from *Shewanella* CAL606 and *Winogradskyella* sp. CAL396 after incubation at both the temperature tested (4 and 25 °C) were able to contrast the adhesion of *P. aeruginosa* and *S. aureus* on polystyrene surfaces.

3.4. Surface Tension of CFSs

Almost all CFSs significantly reduced ($p \leq 0.05$) the ST of the water (72.8 mN/m at 20 °C) (Figure 2). CFSs_{4°C} lowered ST values in the range from 53.4 (*Pseudoalteromonas* sp. CAL260) to 62.5 mN/m (*Pseudoalteromonas* sp. CAL451), whereas CFSs_{25°C} from 42.3 (*Shewanella* sp. CAL242) to 51.9 mN/m (*Pseudoalteromonas* sp. CAL451), with the major difference between CFS_{4°C} and CFSs_{25°C} from *Shewanella* sp. CAL242 and *Winogradskyella* sp. CAL384. CFSs_{25°C} were more active than CFS_{4°C}, because the ST of the water was de-

creased more than 30%, with the CFS from *Shewanella* sp. CAL606 (41.8% of ST reduction) being the most active, followed by *Pseudoalteromonas* sp. CAL451 and *Winogradskyella* sp. CAL384 (Figure 2).

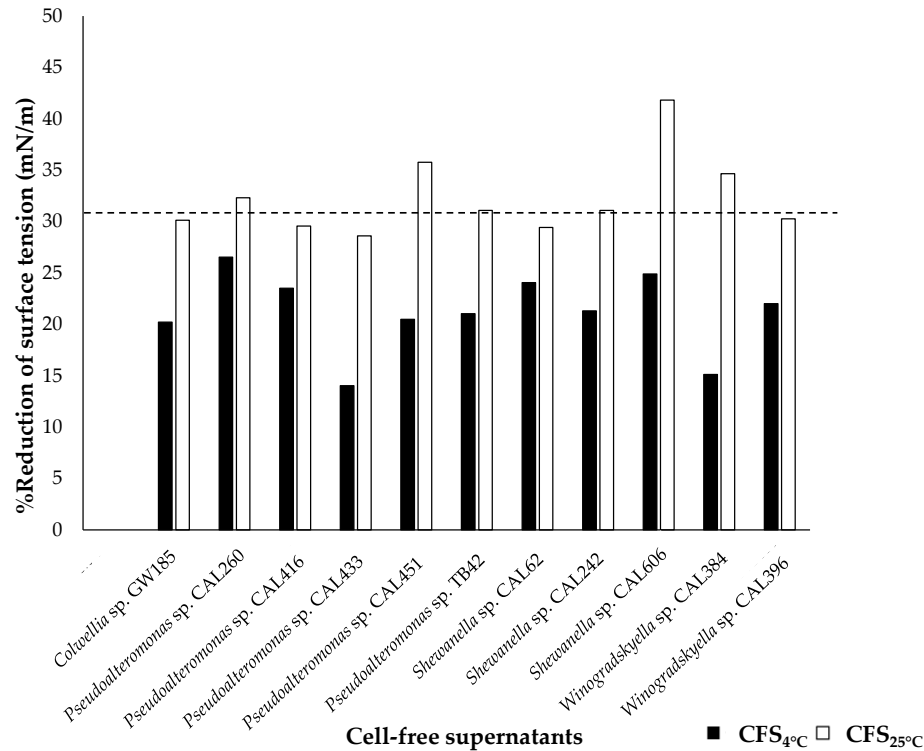


Figure 2. Reduction of the surface tension (ST) of water by CFSs_{4°C} and CFSs_{25°C} obtained from Antarctic sponges-associated bacteria. Reduction of ST was considered unaffected below 30%.

3.5. Antibiofilm of Crude Extracts

A slight reduction ($\leq 10\%$) of biofilm formation of *P. aeruginosa* ATCC 27,853 and *S. aureus* ATCC 2913 was observed by all the crude extracts. The highest reduction was observed in the presence of the crude extracts (400 $\mu\text{g}/\text{mL}$) from CFS_{25°C} of *Colwellia* sp. GW185 and CFS_{4°C} *Shewanella* sp. CAL606 and *Winogradskyella* sp. CAL396 (Figure 3).

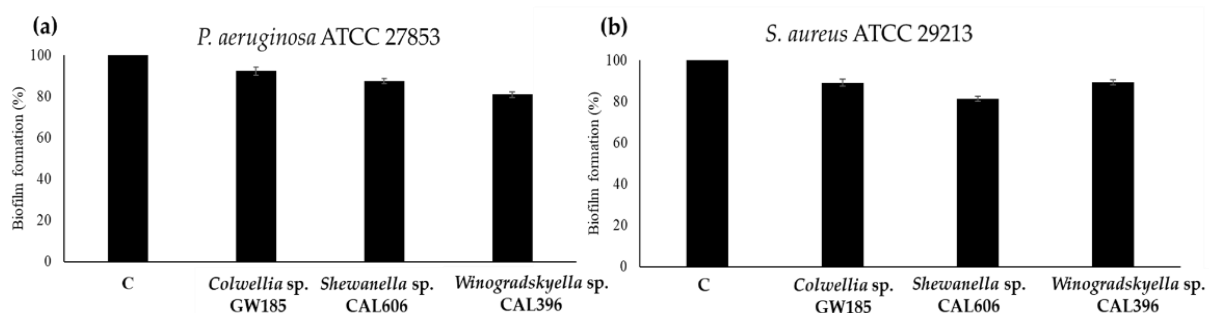


Figure 3. Biofilm formation by (a) *P. aeruginosa* and (b) *S. aureus*, after 48 h and 24 h treatment, respectively, in absence (Control, C) or in presence of crude extracts (400 $\mu\text{g}/\text{mL}$) from *Colwellia* sp. GW185, *Winogradskyella* sp. CAL396 and *Shewanella* sp. CAL606.

The highest antibiofilm activity of crude extracts against *P. aeruginosa* was observed for *Winogradskyella* sp. CAL396 (19.0%), followed by *Shewanella* sp. CAL606 (12.6%), whereas against *S. aureus* was observed for *Shewanella* sp. CAL606 (18.6%), followed by *Winogradskyella* sp. CAL396 (16.7%).

3.6. Surface Coating Assay with Crude Extracts

Only the crude extract from *Shewanella* sp. CAL606 was able to contrast the adhesion of *P. aeruginosa* and *S. aureus* to polystyrene surfaces, while those from *Colwellia* sp. GW185 and *Winogradskyella* CAL396 were active against *P. aeruginosa* (Table 4 and Figure S3).

Table 4. *P. aeruginosa* and *S. aureus* adhesion to polystyrene in absence (Control) or pre-coated surfaces with crude extract (400 µg/mL) from *Colwellia* sp. GW185, *Shewanella* sp. CAL606 and *Winogradskyella* sp. CAL396 after 18 h treatment.

Crude Extract	<i>P.aeruginosa</i> ATCC 27853	<i>S.aureus</i> ATCC 29213
Control	–	–
<i>Colwellia</i> sp. GW185	+	–
<i>Shewanella</i> sp. CAL606	+	+
<i>Winogradskyella</i> sp. CAL396	+	–

(–) = negative capacity inhibition of adhesion to polystyrene; (+) = inhibition of adhesion to polystyrene.

3.7. Confocal Microscopic Observation

The antibiofilm activity of the crude extracts (400 µg/mL) from *Colwellia* sp. GW185, *Shewanella* sp. CAL606 and *Winogradskyella* sp. CAL396 against *P. aeruginosa* and *S. aureus* was also observed onto glass surfaces after 24 h treatment, by confocal laser scanning microscopic images (Figure 4). The crude extracts from *Shewanella* sp. CAL606 and *Winogradskyella* sp. CAL396 showed a visible reduction of the biofilm formation of *P. aeruginosa*, while *Colwellia* sp. GW185 did not. The crude extracts from *Colwellia* sp. GW185, *Shewanella* sp. CAL606 and *Winogradskyella* sp. CAL396 were able to inhibit the biofilm formation of *S. aureus*.

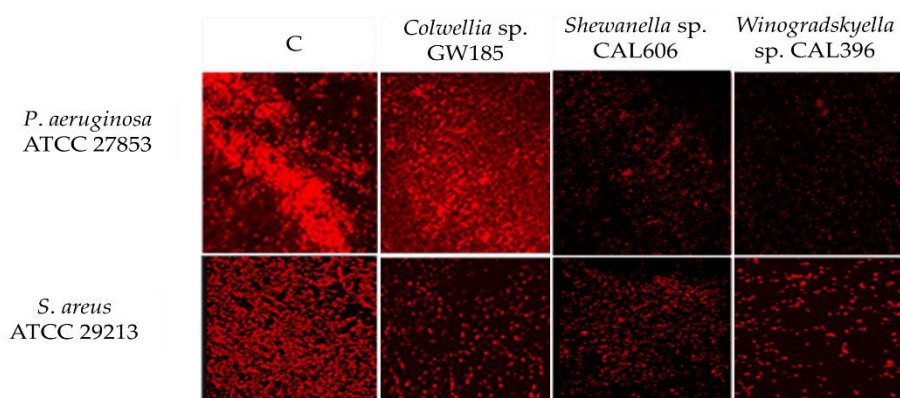


Figure 4. Confocal laser images ($\times 400$) of biofilm formed by *P. aeruginosa* ATCC 27853 and *S. aureus* ATCC 29213 in the absence (Control, C) or in the presence of crude extracts (400 µg/mL) from *Colwellia* sp. GW185, *Shewanella* sp. CAL606 and *Winogradskyella* sp. CAL396 after 24 h (*S. aureus*) or 48 h (*P. aeruginosa*) treatment.

4. Discussion

The biofilm formation is relevant in a wide range of domains, from medicine and food industry to marine environmental aspects. Bacterial communities involved in symbiotic relationships with marine invertebrates have recently captured the attention of researchers because they have been proven to be promising for bioprospecting purposes [39]. Even if for a long time many marine invertebrates, and particularly sponges (phylum Porifera), have been considered the direct source of bioactive compounds of therapeutic importance [40,41], more recently it has been demonstrated that the real responsible of metabolite production are their bacterial symbionts [42]. Sponge-associated bacteria may either be transient food sources, symbiotic microbes, or pathogens [43]. It is expected that bacterial symbionts producing bioactive compounds, such as antimicrobial agents or inhibitors of bacterial communication systems (quorum sensing), are able to regulate or prevent the colonization

by other microorganisms; and therefore, symbiotic relationships provide protection to the microbial symbionts as well as to the host organisms [44]. Classical symbiosis may involve sponge specialists (present in only one species), sponge associated (not found in the surrounding seawaters) or generalists (found in sponges and seawaters) [45]. These aspects were mainly investigated in temperate and tropical areas, while for cold environments, such as Antarctica, it is quite underexplored [21].

The aim of this work was to contribute to search for bacteria associated with Antarctic sponges with applicative perspectives for pharmaceutical and environmental purposes. Eleven cold-adapted strains isolated from Antarctic sponges, belonging to *Colwellia*, *Pseudalteromonas*, *Shewanella* and *Winogradskyella* genera, were assayed for their ability to form biofilm, as indicative for the production of extracellular polymeric substances (EPSs) and then for the evaluation of their antibiofilm activity against *P. aeruginosa* ATCC 27853 and *S. aureus* ATCC 29213, as model organisms.

All Antarctic strains here investigated were able to form biofilm at both 4 °C and 25 °C incubation temperatures, with the best production by *Colwellia*, *Shewanella* and *Winogradskyella* strains at 4 °C rather than at 25 °C, suggesting that low incubation temperature greatly influence the production of exopolymers in psychrotrophic strains.

The antibiofilm activity of the cell-free supernatants against the two pathogens differed both among strains and on the base of the incubation temperatures, and the major activity was observed by CFSs at 4 °C against *S. aureus* and at 25 °C against *P. aeruginosa*, indicating a different action against Gram-positive and Gram-negative bacteria, that are known to produce biofilms with different features [46,47].

CFSs from *Colwellia* GW 185, *Shewanella* CAL606 and *Winogradskyella* CAL 396 were the most active against the biofilm formation by the two pathogens, without demonstrating bactericidal effects on growth, confirming that supernatants acted specifically against the biofilm formation. Similar activity toward staphylococci and *P. aeruginosa* biofilms have been displayed by cell-free supernatants from different marine bacteria [18,48] and also from cold-adapted bacteria isolated from Arctic and Antarctic seawater samples [27,28,49–52].

To evaluate whether the reduction of the biofilm formation by CFSs produced at different incubation temperatures was due to the inhibition of the initial attachment, surface coating assays were performed. Our results suggested that the CFSs perform antibiofilm activity against *P. aeruginosa* and *S. aureus* at the initial phase of biofilm formation interfering with the cellular adhesion on surfaces (Figure 2). Many molecules with antibiofilm properties act as surfactants, by modifying the bacterial cell physical features and their interaction with abiotic surfaces [17,53,54]. Biosurfactants generally alter the surface properties such as wettability and charge and therefore wane bacteria-surface and bacteria-bacteria interactions, reducing the ability to form biofilms [17,48,55–59]. The surface tension measurements confirmed the biosurfactant activity of CFSs, although with different effects due to the temperature incubation.

Differences in the antibiofilm activity of CFSs suggest that active molecules produced at different temperatures may differ quantitatively or alternatively may be not identical. A few studies provide evidences that changes in cultivation conditions lead to production of biofilm-specific metabolites and polymers [60–63]. Chemical characterization of crude extracts from the most active CFSs indicated that the strains produced different molecules (Table 5). These bacterial exopolymers have been recently reported to possess attractive properties useful in different biotechnological applications as thickeners and cryoprotectants, and also as bioflocculant, adhesives or antiadhesive, and heavy metals adsorbers for bioremediation purposes [22,24].

Table 5. Characteristics of exopolymers from *Colwellia* sp. GW185, *Shewanella* sp. CAL606 and *Winogradskyella* CAL396 associated with Antarctic sponges (data from Caruso et al. [26]).

	<i>Colwellia</i> sp. GW185	<i>Shewanella</i> sp. CAL606	<i>Winogradskyella</i> sp. CAL396
Carbohydrate content (%)	28	26	21
Protein content (%)	2.08	3.0	8.8
Uronic acids (%)	6.09	6.07	3.2
Monosaccharide composition (ratio of relative portion)	Glu:Man:Gal:GalN:GluA:GalA (1:1:0.7:0.7:0.3:trace)	Glu:Gal:Man:GalN:GluA:GalA (1:1:0.9:0.6:0.3:trace)	Man:Ara:GalA:GluA:Gal:Glu:GluN (1:0.9:0.4:0.3:trace:trace:trace)
% Emulsifying activity in hexadecane (E24)	25	60	60

Ara, Arabinose; Glu, Glucose; Gal, Galactose; Man, Mannose; GalN, Galactosamine; GluA, Glucuronic acid; GalA, Galacturonic acid.

The different physical-chemical nature of exopolymers produced by *Colwellia* sp. GW185, *Shewanella* sp. CAL606 and *Winogradskyella* CAL396 can be responsible for their anti-biofilm activity. Results previously reported on the emulsifying activity of these extracts (Table 3) [26] are in agreement with our results in confirming a possible inhibition of the first phase of the biofilm formation. The antiadhesive activity by the crude extracts assessed by microplates assay was also validated by CLSM observations (Figure 4).

Other few bacterial purified EPSs from marine environments, mainly exopolysaccharides, have been reported to possess antibiofilm activities against pathogenic bacteria (Table 6).

Table 6. Bacterial exopolysaccharides with antibiofilm activity against pathogenic bacteria (^a Caruso et al. [26]).

Species and Strain	Molecular Weight (kDa)	Main Component	Anti-Biofilm Activity against Strain	Reference
<i>Colwellia</i> sp. GW185 ^a	Unkown	Glucose, Mannose, Galactose, Galactosamine	<i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i>	This work
<i>Shewanella</i> sp. CAL606 ^a	Unkown	Glucose, Galactose, Mannose, Galactosamine	<i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i>	This work
<i>Winogradskyella</i> sp. CAL396 ^a	Unkown	Mannose, Arabinose, Galacturonic acid	<i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i>	This work
<i>Bacillus licheniformis</i> T14	1000	Fructose, Fucose	<i>Escherichia coli</i> <i>Klebsiella pneumoniae</i> <i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i>	[18]
<i>Vibrio</i> sp. QY10	546	Galacturonic acid, Glucuronic acid, Rhamnose, Glucosamine	<i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i>	[48]
<i>Streptococcus phocae</i> PI80	280	Arabinose	<i>Listeria monocytogenes</i> <i>Bacillus cereus</i> <i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i> <i>Salmonella thyphi</i>	[59]

For instance, the exopolysaccharides EPS-T14 produced by *Bacillus licheniformis* T14 [18] and A101 isolated from the marine *Vibrio* sp. QY101 [48] were reported to inhibit the initial adhesion of both Gram-negative and Gram-positive bacteria. In addition, the A101 polysaccharide also affected *P. aeruginosa* cell-to-cell interactions and induced biofilm dispersion of *P. aeruginosa* but not of *S. aureus*. Because after the first adhesion bacteria establish strict surface bonds and connections, the initial biofilm formation step can be impacted by several nonbiocidal bacterial activities.

5. Conclusions

Cold-adapted bacteria belonging to *Colwellia*, *Pseudoalteromonas*, *Shewanella* and *Winogradskyella* genera, isolated from Antarctic sponges, are able to produce exopolymers allowing them to form biofilm as well as to contrast the biofilm formation of *Pseudomonas aeruginosa* ATCC 27853 and *Staphylococcus aureus* ATCC 29213, as biofilm models and clinically relevant bacteria. Antibiofilm activity of cell-free supernatants (CFSs) differed among strains and on the basis of their incubation temperature (CFSs_{4°C} and CFSs_{25°C}). The major activity was observed by CFSs_{4°C} against *S. aureus* and CFSs_{25°C} against *P. aeruginosa*, without demonstrating a bactericidal effect on their growth.

Our results suggest that both CFSs and crude extracts from *Colwellia* sp. GW185, *Shewanella* sp. CAL606, and *Winogradskyella* sp. CAL396 may act as biosurfactants inhibiting the first adhesion of the two pathogens.

The sponge bacterial symbionts here studied confirm their previously suggested value as novel sources for bioprospecting. Further analyses are envisaged to deeply improve the optimization of production conditions of exopolymers and to investigate the genetic mechanisms at the base of the biofilm inhibition. These exopolymers, as nonbiocidal agents able to prevent the formation of bacterial biofilms, could lead to novel antibiofilm strategies useful in applicative perspectives, spanning from pharmaceutical and medical interests to environmental purposes.

Supplementary Materials: The following are available online at <https://www.mdpi.com/2077-1312/9/3/243/s1>, Figure S1 Growth expressed as OD600 nm of the two pathogenic strains (a) *P. aeruginosa* ATCC 27853 and (b) *S. aureus* ATCC 29213 in absence (Control, C) or in presence of the CFSs from Antarctic sponges-associated bacteria obtained after incubating at 4 °C (CFS_{4°C}) or 25 °C (CFS_{25°C}). Figure S2: Inhibition of *P. aeruginosa* and *S. aureus* adhesion to polystyrene surfaces in absence (Control, C) or pre-coated with CFSs from Antarctic sponges-associated bacteria obtained after incubating at 4 °C (CFS_{4°C}) or 25 °C (CFS_{25°C}), after a 18 h treatment. (a) *Colwellia* sp., (b) *Pseudoalteromonas* sp. (c), *Shewanella* sp. and (d) *Winogradskyella* sp. Refer to Table 1 for bacterial strain affiliation. Figure S3. *P. aeruginosa* and *S. aureus* adhesion to polystyrene surfaces in absence (Control, C) or pre-coated with crude extracts (400 µg/mL) from (a) *Colwellia* sp. GW185, (b), *Shewanella* sp. CAL606 and (c) *Winogradskyella* sp. CAL396 after 18 h treatment.

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