



UNIVERSITY OF MESSINA, ITALY

DEPARTMENT OF ECONOMICS

*Ph.D. IN ECONOMICS, MAN-  
AGEMENT, AND STATISTICS, CYCLE - 36<sup>TH</sup>*

---

Doctoral Thesis

# Child Health and Mortality in Ethiopia: Insights from Leverage Statistical Models

**Ph.D. Candidate:**

**Endeshaw Assefa Derso**

**ID: 524081**

**Supervisors:**

Prof. Maria Gabriella Campolo

Prof. Angela Alibrandi

**Ph.D. Coordinator:**

Prof. Fabrizio Cesaroni

A.Y. 2023/24

# Contents

List of Tables	II
List of Figures	III
List of Acronyms	V
Acknowledgments	VI
<b>1 General Introduction</b>	<b>1</b>
1.1 Introduction to the topic of the PhD thesis . . . . .	1
1.2 The content of the PhD thesis and limitations of existing researches . . . . .	2
1.3 Research questions . . . . .	4
1.4 Overall Significance . . . . .	5
1.5 Conclusion . . . . .	5
<b>2 Neighborhood-level heterogeneity of child comorbidity in a generalized linear mixed model: Based on the Performance Monitoring for Action Ethiopia (PMA-ET) community survey</b>	<b>8</b>
2.1 Introduction . . . . .	9
2.2 Materials and methods . . . . .	10
2.2.1 Data sources, sampling, and study design settings . . . . .	10
2.2.2 The variables . . . . .	11
2.2.3 Methods . . . . .	12
2.3 Results and Discussion . . . . .	17
2.3.1 Results . . . . .	17
2.3.2 Discussion . . . . .	29
2.3.3 Limitations of the study . . . . .	31
<b>3 Bayesian semiparametric geospatial modelling of underweight among under-five children in Ethiopia</b>	<b>39</b>
3.1 Introduction . . . . .	40
3.2 Materials and Methods . . . . .	43
3.2.1 Study variables, data sources, and geography of Ethiopia . . . . .	43
3.2.2 Bayesian Geo-additive Models . . . . .	46
3.3 Results and discussions . . . . .	55
3.3.1 Results . . . . .	55
3.3.2 Discussion . . . . .	68

3.4	Limitations of the study . . . . .	70
<b>4</b>	<b>The causality of infant mortality in Ethiopia: The application of Structural equation Modelling</b>	<b>79</b>
4.1	Introduction . . . . .	80
4.2	Materials and Methods . . . . .	83
4.2.1	Data sources, and covariates . . . . .	83
4.2.2	Statistical Analysis . . . . .	86
4.2.3	Structural equation Models . . . . .	88
4.3	Results and discussions . . . . .	92
4.3.1	Results . . . . .	92
4.3.2	Discussion . . . . .	101
4.3.3	Limitations of the study . . . . .	102

# List of Tables

2.1	Sociodemographic covariates and their labeling for child comorbidity study	12
2.2	Distribution of the broad categories of illness among children . . . . .	17
2.3	Characteristics of the study participants by morbidity and their mother's sociodemographic status . . . . .	20
2.4	Type III tests of fixed effects from GLMMs of child morbidity . . . . .	22
2.5	Estimates of fixed effects from GLMMs for children's comorbidity . . . . .	23
2.6	Estimates of the two-way interaction effects and the variance parameter of the random effect models . . . . .	24
2.7	The Likelihood-Ratio-Test (LRT) and Akacia information criteria for random intercept models comparison . . . . .	25
3.1	Socioeconomic and Demographic Characteristics of childhood underweight in Ethiopia . . . . .	45
3.2	Description of socioeconomic, demographic and metrika variables for underweight . . . . .	56
3.3	Posterior estimate of the fixed effect parameter for underweight in Ethiopia	59
3.4	Posterior estimate of the Smooth term's variances and Scale estimate for underweight malnutrition . . . . .	60
4.1	List of endogenous and exogenous variables and their abbreviation . . . . .	85
4.2	The Model Goodness of Fit Indices and Cut-Off Values . . . . .	91
4.3	Descriptive statistics of the causality of infant mortality study in Ethiopia	93
4.4	Standardized paths for direct, indirect, and total effects of each factor of the causality of infant mortality . . . . .	97
4.5	Fitted covariances of observed variables (standardized) for each factor of the causality of infant mortality in Ethiopia . . . . .	98
4.6	Equation-level goodness of fit for the causality of infant mortality in Ethiopia	99
4.7	Covariance residuals for each factor of the causality of infant mortality . .	99
4.8	The finalized and accepted Structural equation model for infant mortality .	100

# List of Figures

2.1	The distribution of illness types among children (see plot A) and the distribution of illness among survey regions (see plot B) . . . . .	18
2.2	Predicted distribution of residuals and response for child comorbidity study	19
2.3	Interaction and Fixed Effects Plots in Child Morbidity Study . . . . .	21
2.4	Random intercept plots study for regional and subject-specific (Child ID) (see plots A and B), respectively . . . . .	26
2.5	Binned residual plot for the children's comorbidity study . . . . .	27
2.6	DHARMa nonparametric dispersion test with the residuals fitted vs. simulated standard deviation for child comorbidity . . . . .	28
2.7	DHARMa nonparametric dispersion test with the residuals fitted vs. simulated standard deviation for child comorbidity . . . . .	29
3.1	Maps of Ethiopia with its Regions . . . . .	45
3.2	Yeo-Johnson transformation visualization of metrical covariates on underweight . . . . .	57
3.3	Distributions of underweight A) Histogram; B) Kernel Density Estimate . . . . .	58
3.4	Nonlinear effects of metrical factors on underweight in Ethiopia: posterior mean with the 80% and 95% credible interval . . . . .	62
3.5	The Gaussian model's posterior mean of the spatial effect in underweight . . . . .	63
3.6	Posterior means of the residual spatial effects in underweight for the Gaussian model (left) and IDW Interpolation Predicted Values (right) . . . . .	64
3.7	Sample posterior distributions from MCMC stimulation . . . . .	65
3.8	MCMC tracking plot of underweight malnutrition in the Bayesian geospatial model in Ethiopia, P-spline with different penalties . . . . .	66
3.9	Maximum autocorrelation of model parameter for underweight malnutrition	67
3.10	The residual and the scale-location plots . . . . .	68
4.1	The directed cyclic graph or the path diagram of the theoretical model . . . . .	87
4.2	Trends of the different observed variables from 2000 to 2019 . . . . .	94

## List of Acronyms

<b>GLMMs</b>	Generalized linear mixed models
<b>ART</b>	Acute respiratory infection
<b>DHARMa</b>	Diagnostics for Hierarchical Regression models
<b>PMA-ET</b>	Performance Monitoring for Action Ethiopia
<b>AIC</b>	Akaike's information criteria
<b>DHS</b>	Demographic and health surveys
<b>EAs</b>	Enumeration areas
<b>GLMs</b>	Generalized Linear models
<b>EDHS</b>	Ethiopian Demographic and Health Survey
<b>WHO</b>	World Health Organization
<b>MCMC</b>	Markov chain Monte Carlo techniques
<b>GAM</b>	Generalized additive model
<b>MRFs</b>	Markov random field priors
<b>DIC</b>	Deviance information criteria
<b>IMR</b>	Infant mortality rate
<b>MDGs</b>	Millennium Development Goals
<b>GDP</b>	Gross domestic per capita
<b>SEM</b>	Structural equation modelling
<b>BCG</b>	Calmette-Guérin bacillus

# Acknowledgments

“Live as if you were going to die tomorrow.

Learn as if you were to live forever.”

**Mahatma Gandhi (1869–1948).**

Primarily, I want to express my heartfelt appreciation to all my professors for helping me along the way with my PhD. I am very grateful to Professors Maria Gabriella Campolo, Angela Alibrandi, and Kassahun Alemu. Their astute advice at the beginning of my PhD studies, particularly regarding the statistics curriculum, proved to be quite helpful in providing me with the tools I needed to succeed in this program.

I also would like to thank Professor Edoardo Otranto, the former PhD coordinator, for his onboarding and program navigation. guidance and assistance with choosing supervisors throughout my career. Indeed, he has guided me in the proper direction to fulfill my research interests in the fields of medical statistics and public health. Furthermore, he encourages my curiosity as a professor of financial data models and econometrics. I would like to express my profound thanks to Professor Fabio Cesaroni for his insightful mentorship and guidance, smooth communication, and his indispensable contributions to my well-being throughout this rigorous and enriching program.

A heartily thanks to my friends, such as Addisu Jember, Dessie Melese, Yetsedaw Emagne, and Mequanent Wale, who have constantly supported me with encouragement and have motivated me to never give up in arduous moments. Special thanks to my friends, Addisu Jember and Yetsedaw Emagne, who are always by my side, supporting and enduring my fortunes and misfortunes with reassuring confidence, and heartwarming communication.

Finally, I dedicate this Ph.D. to my courage, determination, and passion for what I love most and to those whom I encountered during this journey as well as my friends who have taught me to strive incessantly to achieve ‘the best I can’.

# Chapter 1

## General Introduction

### 1.1 Introduction to the topic of the PhD thesis

Ethiopia continues to have a serious public health problem with persistent malnutrition, which is like the larger problem that children under five experience throughout Africa (Amare et al., 2020). There is a high likelihood of co-occurring pediatric comorbidities with this sensitivity to malnutrition and alarmingly high rates of underweight, especially among those who live in locations with minimal resources (S. H. Mohammed et al., 2020; Raru et al., 2022), which exacerbates health issues (S. H. Mohammed et al., 2020). The country also has an alarmingly high infant mortality rate, which is a result of the high rates of underweight and co-morbidity that follow (Central Statistical Agency [CSA] ICF International, 2019).

Ethiopia's high rates of underweight children, comorbidities, and neonatal mortality further impede the country's development. These interconnected issues put considerable pressure on the healthcare system and obstruct economic progress (Krishna Luhila, 2022). According to research by Grantham-McGregor et al. (2007), children who suffer from malnutrition and co-morbidities are more likely to develop long-term health problems that will affect their productivity and academic performance in the future. The high infant mortality rate causes a horrible number of deaths as well as a lot of mental distress for families and communities (Bryce et al., 2006). These problems must be fixed to safeguard the wellbeing of Ethiopian children and pave the way for the nation to enjoy more prosperity in the future.

Despite Ethiopia's progress, the country faces obstacles to achieving optimal child health outcomes. The infant mortality rates in Ethiopia are still higher than average according to the World Bank's data for that year. These disparities are exacerbated by differences in healthcare access and facilities across regions, impacting child health outcomes differently based on location, as highlighted by the World Bank's report from 2024 (USAID in 2023; World Infant Mortality Rate 1950-2024). Research conducted by Seale et al., (2022) underscores these inequities by illustrating how the uneven distribution of resources among regions leads to child illnesses. Children are vital to the future of any nation, so ensuring their wellbeing is crucial. Thus, it is important to understand the factors that affect child health to continue moving forward, and these concerning literatures highlight the pressing need for efficient interventions to deal with the various issues obstructing Ethiopian children's health.



Our thesis on child health and mortality in Ethiopia utilizes a multifaceted approach. We employ a generalized linear mixed model (GLMM) to explore child comorbidity determinants using 2019 PMA-ET data, and a Bayesian semiparametric geosadditive model (2016 EDHS data) to investigate geographic and sociodemographic factors influencing underweight in children under five. Finally, structural equation modeling based on World Bank data from 2000-2019 examines causal relationships between indicators and infant mortality rates. This multi-model approach offers a comprehensive understanding of child health determinants in Ethiopia.

## **1.2 The content of the PhD thesis and limitations of existing researches**

This dissertation explores the complex issue of child health and mortality in Ethiopia by employing slice-edge statistical analysis. The exploration utilizes three distinct projects labeled in three chapters, each focused on a specific aspect of this critical child health concern.

### **Chapter 1: Neighbourhood-level heterogeneity of child comorbidity in a generalized linear mixed model: Based on the Performance Monitoring for Action Ethiopia (PMA-ET) community survey**

While significant exploration exists on childhood morbidity in Ethiopia (Asresie et al., 2023; Susuman, 2012a; Takele et al., 2019a; Teklemariam et al., 2000a; Yohannes et al., 1992a), these studies primarily concentrate on factors associated with individual health conditions, and focusing on single conditions fails to capture the full picture of nonage health challenges in Ethiopia. By solely fastening on individual conditions, experimenters miss the opportunity to explore these interrelated factors that contribute to the complex reality of nonage comorbidity in Nigeria (M. Ezeonwu, 2014; Starfield, 1992). Existing studies also frequently fail to account for implicit variations in health outcomes between different groups of children, and children in different regions or communities may face distinct health pitfalls due to varying factors like environmental conditions, access to healthcare installations, and socioeconomic differences. This lack of consideration for implicit clustering goods within the data can lead to inaccurate or deficient understandings of childhood morbidity patterns.

Therefore, our exploration design investigates the factors impacting the socio-occurrence of multiple health conditions (comorbidity) in children across different Ethiopian neighborhoods. We employ a generalized linear mixed model (GLMM) to account for both individual-position variations or between-subject variations and variations in regions of child comorbidity (e.g., the child's ID and region). The analysis utilizes data from Performance Monitoring for Action Ethiopia (PMA-ET), a rich resource covering different

aspects of child health and ménage characteristics. Then, you might examine more closely at (Zimmerman et al.,2020a), who highlighted the importance of PMA-ET dataset for Ethiopian public health research. In terms of parameter estimation, a likelihood-based approach with Akaike’s information criteria serves as a tool for model selection (Akaike, 1973a). Moreover, we generate easily interpreted scaled (quantile) residuals for fitted GLMMs using a simulation-based method with the DHARMA package in R for the fitted model (Hartig, 2018). Our analysis of advanced current methodologic approaches with a recent data set of interest will provide robust information for the best possible planning of health services as well as a better understanding of the state of children’s health. The article is developed in collaboration with Prof. Kasahun Alemu, Maria Gabriella Campolo and Prof. Angela.

## **Chapter 2: Bayesian semiparametric geoaddivitive modeling of underweight among under-five children in Ethiopia.**

In the second study, we utilize a Bayesian semiparametric geoaddivitive model that incorporates both social and demographic factors alongside the spatial effects on underweight prevalence. The model leverages data from the 2016 Ethiopian Demographic and Health Survey (EDHS) and employs statistical techniques like P-splines and Gaussian processes to model non-linear relationships and spatial trends. Our approach is informed by the work of Brezger Lang, (2008a); Dong Harris, (2015a); Eilers Marx, (1996a); and Kammann Wand (2003a) who have made significant contributions to the development and application of these methods.

Thus, even though a substantial body of research exists on child malnutrition in Ethiopia (Agho et al., 2019; Fenta et al., 2020; Hébuterne et al., 2014; Liben et al., 2016; Mulugeta et al., 2010; Rowhani et al., 2012; Tesema et al., 2021; Workie et al., 2020), a closer examination reveals limitations in the methodologies employed. Frequentist approaches often assume linear relationships between anthropometric measures factors (e.g., mother and child age, mother’s BMI) and underweight, neglecting potentially non-linear patterns. Additionally, existing studies that utilize Bayesian-Gaussian regression to explore sociodemographic influences (Bacha Tadesse, 2019; S. Mohammed Asfaw, 2018a; Takele, 2013) often fail to analyze anthropometric, geographical, and sociodemographic effects simultaneously. This creates an incomplete picture, as spatial effects can significantly influence malnutrition rates. These limitations leave a critical gap in our understanding of how underweight manifests in Ethiopia. To address this, we propose a novel Bayesian geoaddivitive regression model that captures non-linear relationships between variables, allows for simultaneous analysis of spatial and sociodemographic effects, and provides a more flexible framework for modelling the complex interplay of factors contributing to underweight in Ethiopian children under five. The article is developed in collaboration with Prof. Maria Gabriella Campolo and Prof. Angela Alibrandi, and the article is under review at international journal of Public health.

### **Chapter 3: The causality of infant mortality in Ethiopia: A Structural Equation Modelling Approach**

Finally, we employ structural equation modelling (SEM) to examine the causal relationships between various indicators and infant mortality rates. Understanding the complex interplay of factors contributing to the infant mortality rate burden is crucial for designing effective interventions. Furthermore, previous studies often fall short of capturing these intricate causal relationships. Thus, our research addresses this gap by employing SEM, a powerful multivariate technique, and allows for the simultaneous analysis of multiple variables and causal paths, enabling the estimation of both direct and indirect effects on IMR (Meydan Şeşen, 2011). This approach surpasses other statistical methods by providing a more comprehensive understanding of the mechanisms underlying the relationships between various factors influencing IMR (Nelson et al., 2020). We utilize data from the World Bank's Health Nutrition and Population Statistics spanning the period 2000-2019, enabling us to assess progress and identify potential areas of intervention. Our work builds upon the call by Tu, (2009), for increased use of SEM in epidemiological research, and leverages the advancements made in software like AMOS, EQS, and Mplus (Byrne, 2013). Furthermore, SEM offers a confirmatory approach, allowing researchers to test pre-established hypotheses about the causal structure (Hair Jr. et al., 2021). This is a significant advantage over exploratory methods that simply identify relationships within the data without necessarily revealing the causal direction. The article is developed in collaboration with Prof. Maria Gabriella Campolo and Prof. Angela Alibrandi, and it is published in MDPI, *Children* 2023, 10(2), 397; <https://doi.org/10.3390/children10020397>

## **1.3 Research questions**

Research questions act as a roadmap for addressing a specific knowledge gap within any investigation (Polit Beck, 2008). Crucially, precisely formulated research inquiries help to offer novel insights by addressing unresolved issues in the current scholarly discourse (Rudolph, 2015). Thus, we tried to develop the appropriate research questions that guide the entire structure of this PhD thesis and provide a framework for data analysis, discussion of findings, and the formulation of conclusions.

The first chapter of our study dissects child comorbidity in Ethiopia. It asks how much a child's characteristics and their region influence comorbidity risk and to what extent the failure to examine interconnected factors contribute to our understanding of childhood comorbidity in Ethiopia. This explores the interplay between individual and regional factors by analyzing national data. The research will inform interventions targeting specific regional needs and child vulnerabilities.

Similarly, the second chapter of our research tackles childhood malnutrition in Ethiopia by addressing limitations in prior studies. Existing research often overlooks potential

non-linear relationships between anthropometric measures and underweight, and neglects geographical variations. This creates a gap in understanding the interplay between these factors and underweight prevalence in children under five. Therefore, this study aims to answer key questions like: 1) How do sociodemographic factors and geographical location interact to influence underweight prevalence? 2) Are there non-linear relationships between specific anthropometric variables and underweight that haven't been captured by previous models? 3) Does underweight show spatial clustering across Ethiopian regions? This study with a Bayesian geospatial regression model allows for a more thorough understanding of the factors that lead to underweight and, in turn, helps to inform targeted interventions to improve nutritional status and address regional disparities.

Finally, our last research project employed structural equation modeling (SEM) from World Bank datasets (2000-2019) to investigate the causal relationships between various health, nutrition, and population indicators and the infant mortality rates (IMR) in Ethiopia. The core question was: What are the direct and indirect causal influences of these indicators on IMR? By elucidating these causal relationships, the study seeks to provide valuable insights for policymakers to develop targeted interventions for reducing infant mortality in Ethiopia.

## 1.4 Overall Significance

These three projects collectively contribute to a deeper understanding of the factors influencing child health and mortality in Ethiopia. By employing advanced statistical methods, this research provides valuable information for policymakers, stakeholders, and public health professionals working to improve child health outcomes in the country. The findings can ultimately guide the development of more effective strategies for ensuring the well-being of children in Ethiopia.

## 1.5 Conclusion

This dissertation has undertaken a thorough investigation of Ethiopian child health and mortality, making use of comprehensive statistical models to the light on important variables affecting these vital outcomes. According to the findings, child health and mortality in this rapidly changing country are complicated and varied.

The first study, employing a Generalized Linear Mixed Model (GLMM), delved into the intricate child comorbidity of Ethiopia in children under one year old. This approach proved invaluable in unravelling the hierarchical nature of the data, where socioeconomic background and healthcare use varied based on each child. The analysis revealed a clear association between a child's health and factors such as cooking fuel type, wealth level, maternal education, and access to electricity. Notably, the study identified a crucial role for maternal socioeconomic standing, suggesting that targeted interventions aimed

at uplifting mothers' economic and educational opportunities can significantly reduce the prevalence of childhood illnesses. Despite initial results suggesting minimal overall variation, including random effects helps the model account for potential regional and individual differences. This leads to a more comprehensive understanding of how child illness patterns might vary across locations and for specific people. These findings contribute to the global discussion on the importance of social determinants of health, highlighting their profound impact on child well-being even in early infancy.

The second study, leveraging a Bayesian geospatial model, tackled the pressing issue of underweight in children under five. This flexible model excelled in capturing the intricate relationships between various factors and a child's weight status. The analysis yielded crucial insights, pinpointing significant associations between a mother's education level, a child's history of diarrhea or anemia, and access to electricity. Interestingly, the study found minimal influence of the child's household head's sex, prompting further investigation into the specific dynamics within Ethiopian households that may influence child health outcomes. The anthropometric variables like mother and child age, and mothers BMI have a nonlinear relation with underweight. Furthermore, the model identified geographic hotspots of underweight, emphasizing the need for targeted interventions in these areas. The study advocates for the development of comprehensive social programs designed to address childhood underweight, focusing specifically on areas with the highest burden. These results support national efforts to improve development in young children and show that focusing interventions on specific areas is crucial for addressing public health issues.

Finally, a structural equation model path analysis delved into the complex web of factors influencing infant mortality rates (IMR) in Ethiopia. This powerful approach facilitated the examination of both direct and indirect effects on IMR, providing a more holistic understanding of the underlying mechanisms. The study revealed a significant impact of maternal mortality ratio, national fertility rate, and GDP per capita on IMR. Notably, a higher GDP was associated with a lower IMR, highlighting the critical role of economic development in improving child health outcomes. This finding aligns with existing literature on the association between economic prosperity and child well-being. However, the research yielded surprising results regarding the limited influence of government health expenditure and the BCG vaccination. These unexpected findings warrant further investigation and exploration of alternative explanations. Based on the study's comprehensive analysis, the study argues that the most crucial strategies for lowering IMR in Ethiopia are reducing national fertility rates, enhancing the quality of maternal care, and increasing GDP. These recommendations provide valuable guidance for policymakers and healthcare professionals in Ethiopia, directing resources and efforts towards the most impactful interventions.

While this dissertation has yielded significant advancements in our understanding of

child health and mortality in Ethiopia, limitations remain. Data availability for periods before 2000 presented a challenge, restricting the analysis of historical trends. Additionally, the studies focused on a specific set of factors. Future research can significantly benefit from incorporating a broader range of variables, including environmental factors, paternal health, and access to specific healthcare services. By expanding the scope of investigation, researchers can create an even more comprehensive picture of the factors shaping child health and mortality in Ethiopia.

In closing, this dissertation has utilized advanced statistical models to unveil the complexities of child health and mortality in Ethiopia. The findings provide valuable insights for policymakers, healthcare professionals, and researchers. By addressing the identified limitations and continuing research efforts, we can contribute to a brighter future for children in Ethiopia, ensuring their optimal health and well-being. Future research holds the promise to further refine our understanding and inform targeted interventions, leading to a healthier and more vibrant future for all Ethiopian children.

## Chapter 2

# Neighborhood-level heterogeneity of child comorbidity in a generalized linear mixed model: Based on the Performance Monitoring for Action Ethiopia (PMA-ET) community survey

### Abstract

*Child morbidity affects a child's development, growth, and the overall well-being of society. This study aimed to examine the comorbidity of children in a sample of Ethiopian children based on the Performance Monitoring for Action Ethiopia community survey (PMA-ET), as well as the existence of child-specific, regional variation in children's comorbidity and its relationship to socioeconomic and demographic variables in families. We enrolled 2581 children suffering from different illnesses from six different regions of the country. Maximum likelihood estimates in Generalized linear mixed models (GLMMs) were used to assess children's comorbidity status. We used the Diagnostics for Hierarchical Regression models (DHARMA) package in R to provide readily interpretable scaled residuals and test functions for typical model misspecification problems for the fitted GLMMs. GLMMs with two random intercept models show the presence of child morbidity variations. Cough, fever, and diarrhea were found to be the most frequent types of children's illnesses among the main illness categories that were recorded. Cooking fuel, wealth quartiles, mothers' marital status, mother age, parity, residence, mother's education status, and availability of electricity were significantly associated with children's morbidity. These data show that variations in children's comorbidity were associated with both regional and child-specific characteristics. Thus, general principles for designing policies and interventions are required to reduce child comorbidity.*

### KEYWORDS

*AIC; Children Comorbidity; DHARMA; GLMMs; Laplace Approximation; Random Effect*

## 2.1 Introduction

Child morbidity remains a major health challenge, and its rate of decline is dawdling [1]. According to [29], approximately five million children under the age of five passed away. These deaths were mostly from preventable and treatable causes. The leading causes of such child deaths include preterm birth difficulties, congenital abnormalities, injuries, and non-communicable illnesses such as Acute respiratory infection (ART), acquired heart disorders, diarrhea, cough, fever, pediatric cancers, malaria, vomiting, diabetes, and obesity diseases [23, 55, 6]. Furthermore, even in 2016, 15,000 children lost their lives each day globally, amounting to 5.6 million annually. Although this marks a significant decline from the 35,000 daily deaths (12.6 million annually) in 1990, there is still much progress to be made to achieve target 3.2 of the Sustainable Development Goals, which aims to reduce under-5 mortality to fewer than 25 deaths per 1,000 live births in all countries. Many of these children suffer from preventable or treatable conditions such as fever, diarrhea, and malaria. [68]. Although Ethiopia's infant mortality rate fell from 34.010 deaths per 1000 live births in 2020 to 29.524 deaths per 1000 live births in 2023 [49], child morbidity was still significant, particularly among children under the age of one [25, 63].

Therefore, to successfully formulate a national policy for childhood morbidity intervention, it is necessary to identify determinants in a local context. Hence, several earlier studies suggested that environmental, socioeconomic, demographic, and health-associated factors lead to childhood morbidity globally [1, 31, 34, 41, 61, 66]. Some of the following variables, for instance, mother's age, mother's education, children's food status, family wealth, handwashing, sanitation, gender of the child, child's anemia level, husband's education level, mother's employment status, mother's marital status, breastfeeding status, and exposure to morbidity information have been found to have an impact on child morbidity [5, 15, 19, 18, 24, 31, 36, 41, 44, 38, 65, 71]. Two-parent families have more stable family structures and stronger social support networks for their children to improve their child health [7, 46, 74]. Likewise, the rate of children's illness also differs across geographical regions, their residence, and high-parity-births, and availability of electricity [57, 1, 34, 37, 65, 77, 69].

Furthermore, previous studies in Ethiopia have identified a wide range of risk factors, including socioeconomic, environmental, demographic, and other elements that influence childhood morbidity [3, 18, 52, 67, 70, 77]. Due to the lack of access to healthcare and the low socioeconomic conditions of Ethiopian households, children in Ethiopia typically have various health issues. However, most researchers focused on predicting the characteristics of a single health condition. Besides, understanding the cause and expected outcome of morbidity in children will be insufficient if the focus is on specific diseases or categories of illnesses [27, 66]. Moreover, previous studies also did not account for potential variation among clusters of individuals or groups. Thus, to account for this source of variability, we propose a generalized linear mixed model (GLMMs) that can be used to analyze data



collected from multiple subjects within different clusters or clustered data and handle random effects that are used to model the variability in the response variable due to the grouping structure of the data [47]. In comparison to pure time series or cross-sectional data, GLMMs are more efficient, include more information, have more variability, and can represent both common and individual behaviours [20].

Therefore, in this paper, we specifically focus on studying within-subject variation and between-subject effects in GLMMs considering the presence of two or more health conditions or diseases simultaneously in a child and potential variation among clusters of individuals or groups to understand how child comorbidity varies within and between subjects by considering the child’s id and region as random effects and identifying the factors associated with this heterogeneity in Ethiopia. The study also utilizes diverse potential predictors for comorbidity sourced from the 2019 Performance Monitoring for Action Ethiopia Performance Monitoring for Action Ethiopia (PMA-ET) community survey datasets. These datasets systematically gather information on child health and household characteristics, drawing from a nationally representative sample of households. It’s worth noting that this dataset captures valuable information that is presently underutilized by other extensive surveys, such as Demographic and health surveys (DHS) [78]. In terms of parameter estimation, a likelihood-based approach is often recommended, with Akaike’s information criteria (AIC) serving as a tool for model selection in likelihood-based estimation [4]. Moreover, we generate easily interpreted scaled (quantile) residuals for fitted GLMMs using a simulation-based method with the DHARMA package in the R for the fitted model [35]. Our analysis of advanced current methodologic approaches with a recent data set of interest will provide robust information for the best possible planning of health services as well as a better understanding of the state of children’s health.

## 2.2 Materials and methods

The study makes use of data from the 2019 Ethiopian Performance Monitoring for Action (PMA-Et) community survey, which collects details on mothers’ characteristics and child health from a nationally representative sample of households.

### 2.2.1 Data sources, sampling, and study design settings

Data from the Performance Monitoring for Action Ethiopia project, a national survey conducted from August 2019 to September 2020, were used. It measures key reproductive, maternal and newborn health (RMNH) indicators. Pregnant women through one year postpartum are collected in the cohort of 2019 in five large, predominantly agrarian regions: Tigray, Oromiya, Amhara, and Southern Nations, Nationalities, and Peoples’ Region, and one urban region, Addis Ababa. We receive a permission to download PMA-Et 2019 data from <https://www.pmadata.org/data> after making a reasonable request.

Using multistage stratified sampling, PMA-ET selects households in sampled clusters or enumeration areas Enumeration areas (EAs) based on a probability proportionate to their size within strata. Women between the ages of 15 and 49 were all screened, and those who were pregnant or had just given birth were eligible to participate in the survey. By interviewing the required number of women for each EA, PMA-ET was able to produce a sample that was representative at the national and regional levels. During the interview, women were asked about the socioeconomic characteristics of their households and the health status of their children. You may find additional details on the informed consent processes as well as other information on the PMA-ET survey at [78]. We consider a total of 2581 children under the age of one among 2871 mothers in six sample regions.

## 2.2.2 The variables

Our study includes a range of potential predictors of child comorbidity (see Table 2.1), such as the mother’s age, educational background, parity, region, residence, types of cooking fuel, sanitary classification, availability of electricity, and wealth. To identify the most significant associations with childhood illnesses, we utilized data from the 2019 women’s survey. The outcome variable considered is binary, taking a value of 1 if a child developed at least one complication (namely cough, fever, diarrhea, vomiting, eye infection, skin rash, poor feeding, difficulty breathing, etc.) during the postpartum interview. Otherwise, it takes a value of 0:

$$y = \begin{cases} 1 & \text{if the child suffers from at least one major complication} \\ 0 & \text{otherwise} \end{cases}$$

Considering the random effect data utilized in this study: Children’s identification, labeled as "Child\_ID," represents between-subject variation or interclass correlation. It captures variation in child comorbidity due to differences between individual children and is not shared by any other children. The region represents within-subject variation or intraclass correlation. It captures the variation in child comorbidity due to differences in the slope of the relationship between child comorbidity and fixed effects for each child. We grouped samples by six different regions in the country: Afar, Amhara, Oromia, Tigray, SNNP, and Addis Ababa. Each region contributes to child morbidity due to the random slope effect, which is shared by all observations within each child.

In the GLMM model of a categorical variable, one of the categories is used as a reference category, and the other categories are then measured against the reference category [47]. Besides, region and child\_ID are uniquely labeled; we can specify random effects as (1|region) and (1|child\_ID).

Table 2.1: Sociodemographic covariates and their labeling for child comorbidity study

Variable	Labelling
Cooking fuel	Electricity = 1, kerosene = 2, charcoal = 3, and wood = 4
Wealth	Lower quartiles = 1, middle quartiles = 2, and higher quartiles = 3
Sanitation classification	Improved but not shared facilities = 1, shared facilities = 2, non-improved facilities = 3, and open defecation = 4
Residence	Urban = 1, and rural = 2
Education	Never attended = 0, primary education = 1, secondary education = 2, and above secondary education = 3
Marital status	Married or with a partner = 1, widowed or divorced = 2, and never married = 3
Age	Age between 15 and 24 = 1, age between 25 and 34 = 2, and age above 34 = 3
Parity	Zero parity = 0, parity between 1 and 2 = 1, parity between 3 and 4 = 2, and parity above 4 = 3
Electricity availability	No = 1, and yes = 2
Region	Addis Ababa, Tigray, Afar, Amhara, Oromia, and SNNP

## 2.2.3 Methods

### 2.3.1 Generalized Linear mixed models and the specification of the models

Generalized Linear mixed models (GLMMs) combine the features of Generalized Linear models (GLMs) (which handle non-normal response variables) and mixed-effects models (which account for random effects due to clustering or data from different study sites). It effectively incorporates three essential elements: the linear predictor, which combines fixed and random effects; the exponential family, which symbolizes the dependent variable's distribution (e.g., normal, binomial, Poisson); and the link function, which connects the linear predictor to the expected response value [11, 50, 79]. Random effects in the context of cluster data capture unexplained variability beyond what fixed effects account for. Each cluster (e.g., subject or study site, in our case, regions) has its own unique random effect, allowing for subject-specific or study area-specific variation [14, 16],[30]. GLMMs are used for fully parametric, subject-specific inference for clustered or repeated measurement responses in the exponential family [33]. These models are powerful tools for analyzing complex data structures and are commonly used in various fields of research and statistical analysis. It is particularly useful in biomedical studies as they can account for the correlation between observations that arise from the hierarchical structure of the data. In recent years, GLMMs empower biomedical researchers by providing a unified framework for modeling complex data, capturing subject-specific variation, and addressing correlation structures. Their flexibility and interpretability make them a valuable tool for advancing medical knowledge [76, 58].

#### Model specification of GLMMs

Let  $y_{ij}$  be the binary response measure for the  $i$ -th cluster, where  $i = 1, 2, \dots, N$  and

$j = 1, 2, \dots, n_i$ . The vector  $x_{ij}$  represents the  $i$ -th row of the matrix for the fixed effect. The vector  $y_i$  is an  $n_i$ -dimensional vector of all measurements available for the  $i$ -th child, conditional on the random vector  $b_i$  with  $q$  dimensions. It is supposed to be drawn independently from a distribution belonging to the exponential family. Furthermore,  $b_i$  captures unobserved factors specific to each cluster that affect child comorbidity and is assumed to be drawn independently from a normal distribution with mean zero and variance  $\sigma_b^2$ , i.e.,  $b_i \sim N(0, \sigma_b^2)$ , where  $\sigma_b^2$  represents the population distribution variance and indicates the degree of subject heterogeneity [17, 47, 53].

Thus, the probability density function of the response  $y_{ij}$ , which is independent of the distribution of  $y_i$ , is given by:

$$f_i(y_{ij}|b_i, \beta, \phi) = \exp\left(\frac{y_{ij}(\theta_{ij} - \Psi(\theta_{ij}))}{\phi} + C(y_{ij}, \phi)\right) \quad (2.1)$$

Here,  $\theta_{ij}$  is the linear predictor ( $\theta_{ij} = x_{ij}^T\beta + z_{ij}^Tb_i$ ),  $\Psi(\theta_{ij})$  is the link function,  $\phi$  is the parameter for dispersion, and the normalizing constant is  $C(y_{ij}, \phi)$ .

The function  $g(\mu_{ij})$  is the inverse of the link function  $\Psi(\theta_{ij})$ . The relationship between  $g(\mu_{ij})$  and  $f_i(y_{ij}|b_i, \beta, \phi)$  is given by the following equation:

$$g(\mu_{ij}) = \int f_i(y_{ij}|b_i, \beta, \phi) dy_{ij} \quad (2.2)$$

Using Laplace approximation, equation (2) approximates to the function:

$$g(\mu_{ij}) = g[\epsilon(y_{it}|b_i)] = x_{ij}^T\beta + z_{ij}^Tb_i \quad (2.3)$$

The function  $g(\cdot)$  is a known link function that belongs to the GLMM framework, used to map the expected values of the response variable to the linear predictor  $x_{ij}$ .

The function  $g(\cdot)$  is a known link function that belongs to the GLMM framework. It is used to map the expected values of the response variable to the linear predictor. Here are the relevant terms:  $x_{ij}$  is the  $i$ -th row of the matrix of fixed effects,  $z_{ij}$  is the  $i$ -th row of the matrix of random effects associated with  $b_i$ ,  $\beta$  is the parameter vector of unknown fixed effects and  $\psi$  is the scale parameter or cumulant generating function.

Under this GLMMs settings, the logit link function is defined as:

$$g(\mu_{ij}) = \text{logit}(\mu_{ij}) = \log\left(\frac{\mu_{ij}}{1 - \mu_{ij}}\right) = \eta_{ij} = x_{ij}^T\beta + z_{ij}^Tb_i \quad (2.4)$$

In vector or matrix terms, we can rewrite it as,

$$\begin{bmatrix} \text{logit}(\mu_{i1}) \\ \text{logit}(\mu_{i2}) \\ \vdots \\ \text{logit}(\mu_{ini}) \end{bmatrix} = \begin{bmatrix} \text{logit} \epsilon(y_{i1}) \\ \text{logit} \epsilon(y_{i2}) \\ \vdots \\ \text{logit} \epsilon(y_{ini}) \end{bmatrix} = \begin{bmatrix} x_{i1}'\beta + z_{ij}'b_i \\ x_{i2}'\beta + z_{i2}'b_i \\ \vdots \\ x_{ini}'\beta + z_{ini}'b_i \end{bmatrix} = \begin{bmatrix} x_{i1}' \\ x_{i2}' \\ \vdots \\ x_{ini}' \end{bmatrix} \beta + \begin{bmatrix} z_{ij}' \\ z_{i2}' \\ \vdots \\ z_{ini}' \end{bmatrix} b_i$$

and can be simplified as

$$= x_i\beta + z_i b_i \quad (2.5)$$

Note that  $\mu_{ij} = \frac{e^{x_{ij}'\beta + z_{ij}'b_i}}{1 + e^{x_{ij}'\beta + z_{ij}'b_i}}$  is a conditional probability on  $b_i$ . In this case, the conditional expectation equals the conditional probability of a response given the random effects (and covariance values), i.e.,  $\mu_{ij} = \epsilon(y_{ij}|b_i, x_i) = P(y_{ij}|b_i, x_{ij})$ . The model can be expressed as:

$$P(y_{ij}|b_i, x_{ij}, z_{ij}) = g^{-1}(\eta_{ij}) = g^{-1}(x_{ij}^T\beta + z_{ij}^T b_i) \quad (2.6)$$

Where the inverse link function  $g^{-1}(\eta_{ij})$  is the logistic cumulative distribution function (CDF), which is used to quantify the binary response, namely:

$$g^{-1}(\eta_{ij}) = \frac{1}{1 + e^{\eta_{ij}}} \quad (2.7)$$

In GLMMs, the logistic distribution can facilitate the process of estimating the distribution's parameters by maximum likelihood estimation or other techniques and has the advantage of making a straightforward parameter estimation [32].

### Estimation

Likelihood-based approaches rely on the likelihood function to estimate the parameters in Generalized Linear Mixed Models (GLMMs). This provides opportunities such as consistent and efficient estimates of fixed and random effects, likelihood-based inference methods, model comparison with different assumptions and links, and prediction of random effects and conditional responses. With this model, the joint distribution of both the vectors of response and the vectors of random effects is fully specified. We can use similar methods to estimate these models [10, 42, 50]. Given the above model specification for the GLMMs based on the assumption that the binary responses  $y_{ij}$  (conditioned on the random effects  $b_i$ ) are conditionally independent, the joint probability of the response vector ( $y_i$ ) and the random effect vector ( $b_i$ ) for the distribution of the  $i$ th random effect can be explained as follows:

$$f(y_i, b_i) = f(y_{ij}|b_i)f(b_i) = f(y_{i1}|b_i)f(y_{i2}|b_i) \dots f(y_{ini}|b_i)f(b_i) \quad (2.8)$$

Then the likelihood function of the parameters  $\beta$  and  $\sigma_b^2$  is given by :

$$L(\beta, \sigma_b^2) = \prod_{i=1}^n f(y_i) = \prod_{i=1}^n \int f(y_i, b_i), db_i = \prod_{i=1}^n \int f(y_i|b_i) f(b_i), db_i = \prod_{i=1}^n \int \prod_{j=1}^{n_i} f(y_{ij}|b_i) f(b_i), db_i \quad (2.9)$$

Since  $y_{ij}$  is a binary response, having a value of 0 or 1, a logit link function links the conditional mean of  $y_{ij}$  to the linear predictors. Consequently, for every  $i = 1, 2, \dots, 2581$  and every  $j = 1, 2, \dots, n_i$ , the linear predictor of equation (4) was equivalent to:

$$\eta_{ij} = x'_{ij}\beta + z'_{ij}b_i = x'_{ij}\beta + b_i \quad (2.10)$$

Thus, equation (8) can be put in the form of:

$$L(\beta, \sigma_b^2) = \prod_{i=1}^n \int \exp\left(\beta \sum_{i=1}^n y_{ij}x'_{ij} + y_i b_i\right) \prod_{j=1}^n \frac{1}{1 + \exp(x'_{ij}\beta + b_i)} \frac{1}{\sqrt{2\pi\sigma_b^2}} \exp\left(-\frac{1}{2\sigma_b^2}b_i^2\right), db_i \quad (2.11)$$

The values of  $\beta$  and  $\sigma_b^2$  that maximize this likelihood function are the Maximum Likelihood (ML) estimates of  $\beta$  and  $\sigma_b^2$ . However, from equation (11), it is not possible to use the entire likelihood function since there are no closed-form solutions. Thus, it is necessary to employ estimates of the probability function to find a solution for this problem. Laplace's approximation methodology serves as the basis for several likelihood-based statistical procedures. When estimating parameters for Generalized Linear Mixed Models (GLMMs), the 'glmer' function from the 'lme4' package in R is used to estimate the likelihood. This approach enables us to make informed inferences about the model parameters [9, 72].

### Laplace's approximation

The Laplace approximation is a quadrature method for estimating integrals of this kind was developed by Laplace and published in 1774,

$$\int_a^b f(t)e^{\lambda g(t)} dt \quad (2.12)$$

Where both  $g(t)$  and  $f(t)$  are continuous smooth functions,  $f(t)$  is nonzero at  $t_0$ , and  $g(t)$  is a twice-differentiable function on  $(a, b)$  with a maximum in the interval  $(a, b)$ . The underlying principle of Laplace's approach is that, for large  $\lambda$ , the integral's bulk will come from the integral's contribution around a certain point,  $t_0$ . That resulting integral may be proven to represent the kernel of a normal distribution, which can then be integrated using second-order Taylor series expansions for  $g(t)$  and  $f(t)$ . The integrand in the function is comparable to the likelihood of Generalized Linear Mixed Models (GLMMs), which contains exponential functions from the exponential family of probability distributions, as can be seen by examining the form above [9, 72].

### Akaike information criterion

The Akaike information criterion (AIC) is a widely used likelihood-based model criterion. The model that minimizes the AIC is considered the best model. It is frequently employed in combination with the Bayesian Information Criteria (BIC) and the Deviance Information Criteria (DIC), as noted by Akaike (1973b). For data set  $D = \{(y_i, x'_{ij})\}$ , where  $y_i$  is the outcome vector and  $x'_{ij}$  is a set of fixed effects, and for the maximum likelihood estimator  $\hat{\beta}$  under the computing model for (p) dimension of  $\beta$ , the AIC can be formulated as:

$$AIC = -2L(\hat{\beta}, D) + 2p \quad (2.13)$$

### **The likelihood ratio test for variance component in GLMMs**

GLMMs are used to describe responses from an exponential family with a combination of fixed and random effects, and the variance component of GLMMs comes from random effects. (Sinharay and Stern, 2003). This is equivalent to testing that the variance component equals zero and the hypothesis of interest is:

$$H_0 : \sigma_b^2 = 0 \quad \text{Vs} \quad H_1 : \sigma_b^2 > 0$$

For the maximized log-likelihood under the null hypothesis  $l_1$  and the variance component estimated  $l_0$ , the test statistics for variance components of the likelihood ratio test are given by:

$$G^2 = 2(l_1 - l_0) \quad (2.14)$$

Here  $G^2$  follows a chi-square distribution with 1 degree of freedom. Thus, if the null hypothesis (simpler model) is correct, we can use the chi-square distribution to calculate the likelihood of finding a value of  $G^2$  as severe as the one we computed [75].

## 2.3 Results and Discussion

### 2.3.1 Results

#### 3.1.1 Explanatory Data Analysis

Our exploratory analysis of clustered data aims to identify characteristics of random variation that differentiate individual children or patients, as well as patterns of systematic variation across geographical variation in the geographical location of children. 2871 women from 6 survey regions were interviewed, and 2581 children (0–1 year old) were considered. Their morbidity status and information about the disease pattern were collected based on the PMA 2019 survey [78].

Considering broad category distributions of illness among children (see Table 2.2), cough, fever, and diarrhea were found to be the most frequent types of children’s illnesses, with percentages of 25.67, 18.52, and 14.08, respectively. Moreover, fast birthing, no stool, difficulty in birth, and swelling occurred at all lower rates under one year of age. A total of 2322 episodes of any illness, in which children reported having at least one illness, were noted among the children who were considered in the PMA 2019 survey.

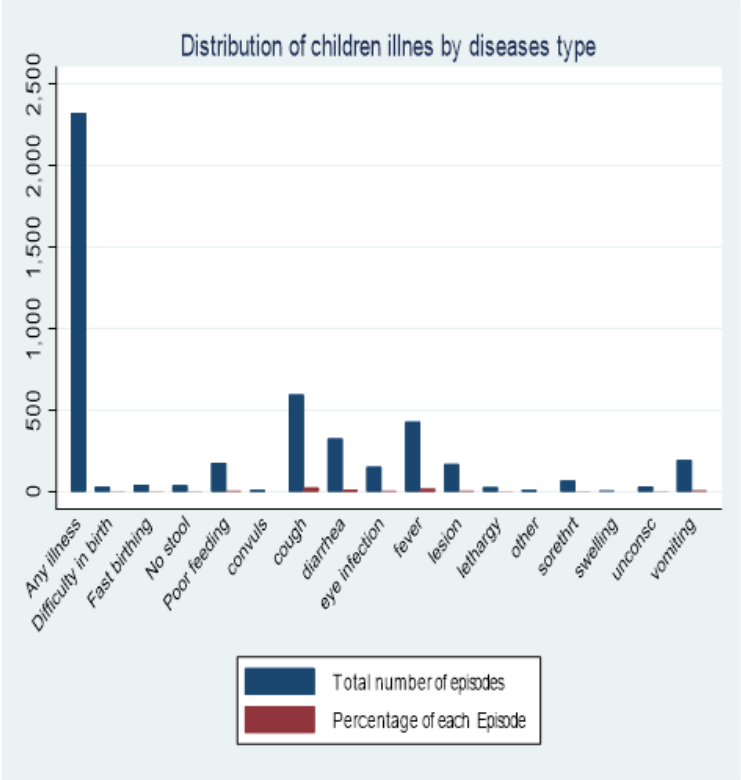
Table 2.2: Distribution of the broad categories of illness among children

Broad Illness Category	Total Episodes	Percentage of Episodes	Mean	S. D.
Any illness	2322	1.148	0.036	
Cold/cough	596	25.67	0.43	0.136
Fever	430	18.52	0.322	0.109
Diarrhea	327	14.08	0.244	0.082
Vomiting	195	8.4	0.139	0.043
Difficulties feeding/unable to suck	178	7.67	0.131	0.043
Skin rash/skin lesion	170	7.32	0.122	0.038
Red eye/passage of pus from eyes	153	6.57	0.121	0.045
Sore throat/Tonsillitis	68	2.93	0.046	0.013
Fast birthing	42	1.81	0.033	0.012
No stool	40	1.72	0.032	0.012
Unconscious	32	1.38	0.005	0.02
Difficulty in birth	31	1.34	0.02	0.005
Reduced alertness (lethargy)	29	1.25	0.025	0.01
Convulsion	11	0.47	0.009	0.004
Abdominal/body swelling	9	0.39	0.007	0.003
Other	11	0.47	0.008	0.003

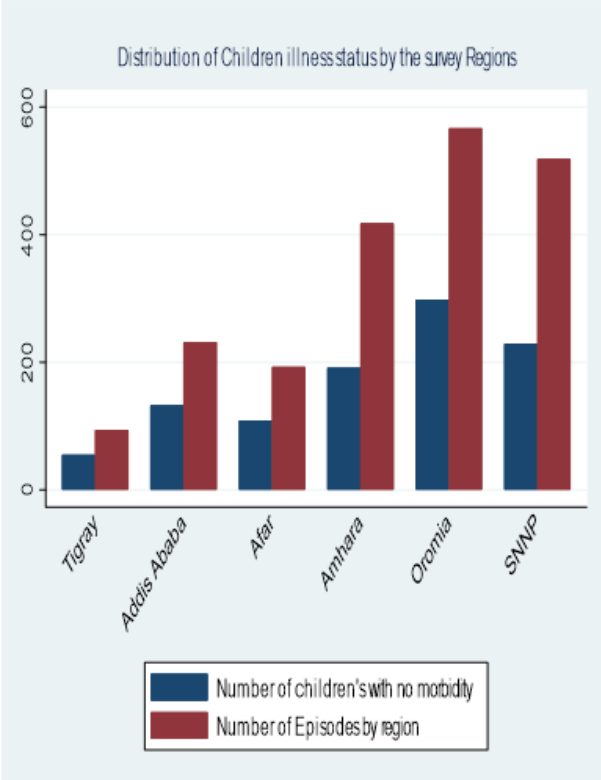
Furthermore, the subsequent graph (see Figure 2. 1) displays the distribution of illnesses by disease types (left side of plots) as well as children’s disease status by survey region (right side of plots). Oromia, SNNP, and Amhara regions account for the highest frequency of morbidity illness episodes in the country, followed by Addis Abeba, Afar, and



Tigray, based on the PMA 2019 survey. Furthermore, cough, fever, and diarrhea were the most common types of disease in the country that were seen during the survey. The



A Distribution of disease type for children illness



B, Distribution of children illness by survey region

Figure 2.1: The distribution of illness types among children (see plot A) and the distribution of illness among survey regions (see plot B)

density of residuals and distribution of responses give insight into how the responses and predictors are related to one another [48, 60]. The distribution of responses is shown on the bottom right of Figure 2.2, whereas the density of residuals is shown on the bottom left (refer to Figure 2.2). With these distributions, non-normally distributed responses are possible accommodated, including non-linear links between the mean of the child morbidity and the predictors, as well as some form of correlation in the data. Thus, GLMMs with logit link functions are an ideal method of detecting child morbidity for the given datasets.

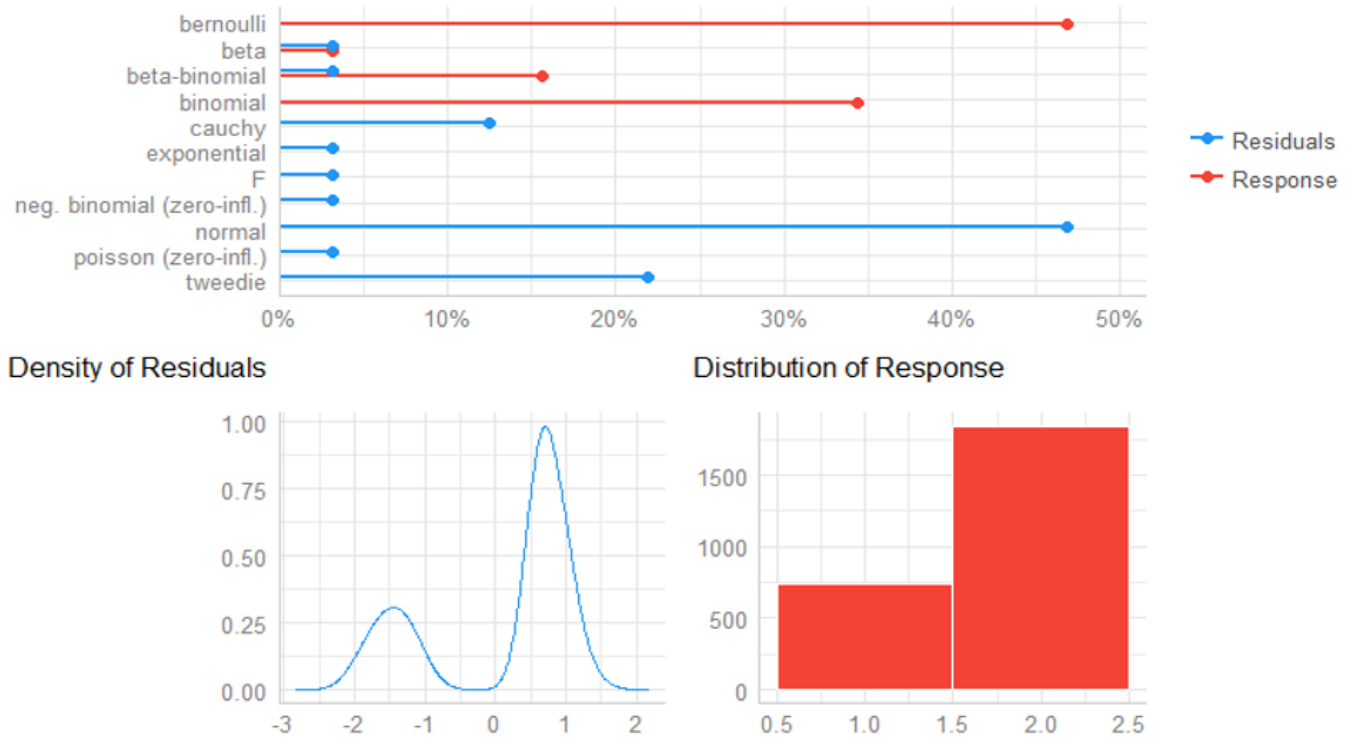


Figure 2.2: Predicted distribution of residuals and response for child comorbidity study

A bivariate study using Pearson’s chi-squared test has been carried out to examine the association between a few chosen variables [21]. The following table (see Table 2.3) represents the contingency table of the morbidity status of children, along with Pearson’s chi-square value to determine if a particular regression coefficient is significant. Mother’s age is the only variable that is not significantly ( $p$ -value = 0.632) related to child morbidity among all the factors that were taken into consideration. According to this table, cooking fuel, marital status, education, place of residence, sanitation classification, wealth quartiles, electricity availability, and parity were strongly related to childhood morbidity at the 5% significance level.

Furthermore, morbidity is predominant among children whose mothers use charcoal for fuel (37.16%), never attended education (30.20%), live in rural areas (47.77%), and have lower quartiles of wealth (32.70%). Compared to children from lower-quartile families, children from middle- and upper-quartile households had reduced rates of childhood illness, and comparable situations were also observed for other covariates.

Table 2.3: Characteristics of the study participants by morbidity and their mother's sociodemographic status

Characteristics	W.Freq	No, n (%)	Yes, n (%)	$\chi^2$ (p-value)
<b>Cooking Fuel</b>				
Electricity	435 (16.85)	203 (7.87)	232 (8.99)	$\chi^2(3) = 104.06, p < 0.001$
Kerosene	10 (0.39)	1 (0.04)	9 (0.35)	
Charcoal	1764 (68.35)	408 (15.81)	1356 (52.54)	
Wood	372 (14.41)	130 (5.04)	242 (9.38)	
<b>Mothers' Marital Status</b>				
Married or with partner	442 (17.13)	155 (6.01)	287 (11.1)	$\chi^2(2) = 10.36, p = 0.006$
Widowed or divorced	810 (31.38)	217 (8.41)	593 (22.9)	
Never married	1329 (51.49)	370 (14.34)	959 (37.16)	
<b>Mothers' Age</b>				
15-24	877 (33.98)	264 (10.23)	613 (23.75)	$\chi^2(2) = 1.19, p = 0.632$
25-34	1312 (50.03)	369 (14.30)	943 (36.54)	
35+	392 (15.19)	109 (4.22)	283 (10.96)	
<b>Mothers' Education</b>				
Never attend	986 (38.20)	205 (7.94)	781 (30.20)	$\chi^2(3) = 83.80, p < 0.001$
Primary	924 (35.8)	258 (10)	666 (25.8)	
Secondary	393 (15.23)	158 (6.12)	235 (9.10)	
Higher or TVET	278 (10.78)	121 (4.69)	157 (6.08)	
<b>Residence</b>				
Urban	1001 (38.78)	395 (15.30)	606 (23.48)	$\chi^2(1) = 90.22, p < 0.001$
Rural	1580 (61.22)	347 (13.44)	1233 (47.77)	
<b>Wealth Quartiles</b>				
Lower quartile	842 (32.62)	148 (5.73)	844 (32.70)	$\chi^2(2) = 101.79, p < 0.001$
Middle quartile	400 (15.50)	99 (3.84)	694 (26.89)	
Higher Quartile	1339 (51.88)	495 (19.18)	301 (11.66)	
<b>Parity</b>				
0	518 (20.17)	192 (7.44)	326 (12.63)	$\chi^2(3) = 49.08, p < 0.001$
1-2	1031 (39.95)	326 (12.63)	705 (27.31)	
3-4	566 (21.93)	132 (5.11)	434 (16.82)	
5+	466 (18.06)	92 (3.56)	374 (14.49)	
<b>Sanitation Classification</b>				
Improved or shared	119 (4.61)	52 (2.01)	67 (2.60)	$\chi^2(3) = 70.64, p = 0.006$
Shared Facility	416 (16.12)	180 (6.97)	236 (9.14)	
Non-improved facility	1170 (45.33)	311 (12.05)	859 (33.28)	
Open defecation	876 (33.94)	199 (7.71)	876 (33.94)	
<b>Electricity Availability</b>				
No	1386 (53.70)	310 (12.01)	1076 (41.69)	$\chi^2(1) = 59.53, p = 0.012$
Yes	1195 (46.30)	432 (16.74)	763 (29.56)	

W.Freq = Weighted Frequency, NO= no Morbidity status, Yes= yes Morbidity status

Furthermore, in the GLMMs, the plots of fixed effects an outcome variable can offer important information about how the predictors and the result are related [20, 51], and it supports the direction of the coefficients and the significance of the effects. From Figure 2.3 of the following sample plots, we can see that the fixed effects of residence, marital status, and parity are positively associated with child comorbidity, while the mother’s wealth index is negatively associated with morbidity.

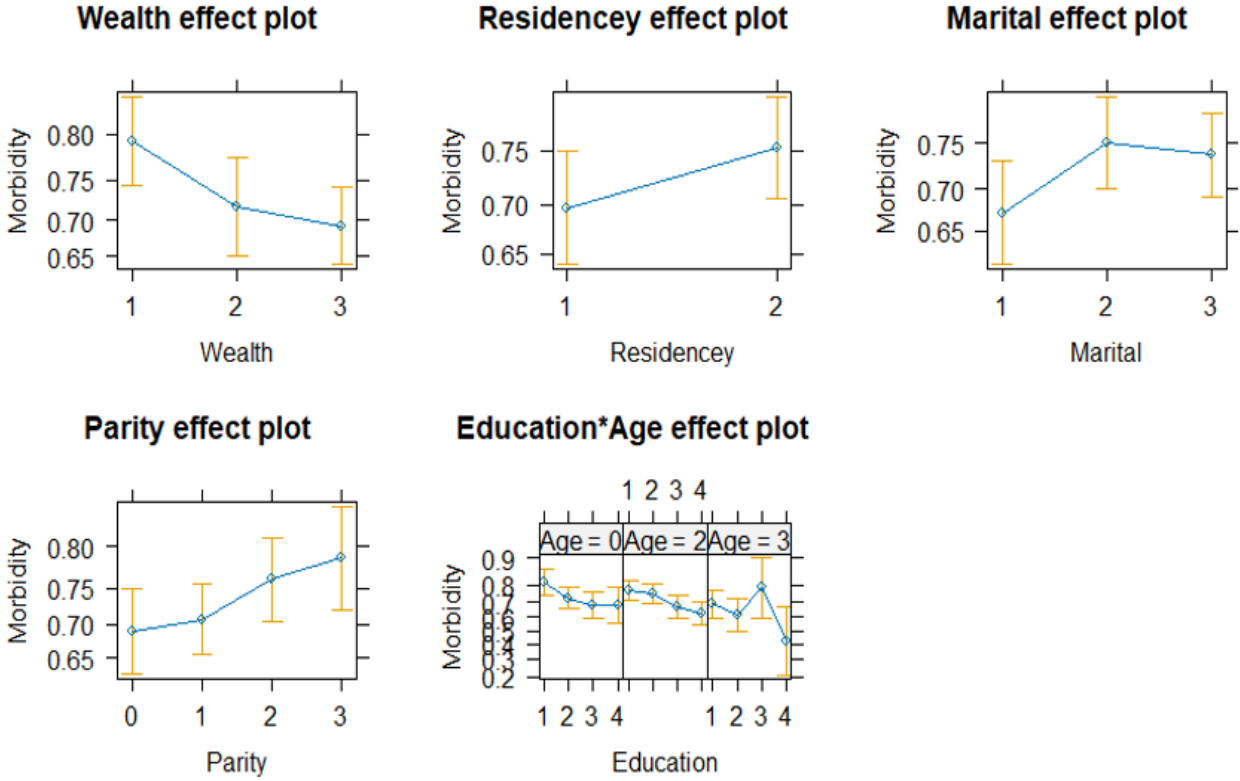


Figure 2.3: Interaction and Fixed Effects Plots in Child Morbidity Study

**General linear mixed model analysis**

**Type III test for fixed effects**

In GLMMs, Type-III tests are applied to evaluate each term’s significance while taking into consideration the effect of every other term. Type III tests rely on each predictor’s main effect, in contrast to Type I or Type II tests, which consider the predictors’ order of entry. A significant Type III test indicates that the fixed effect has a statistically significant influence on the response variable [45]. Table 2.4 of the Type III analysis of the likelihood ratio test of all the fixed effects (except sanitation class) significantly affects child morbidity.

Table 2.4: Type III tests of fixed effects from GLMMs of child morbidity

Fixed Effects	DF	F-values	Pr(>F)
Cooking fuel	3	18.8098	0.0005***
Wealth	2	19.3282	0.0003***
Sanitation Class	3	0.6979	0.812
Residence	1	4.8428	0.0044**
Mother Education	3	6.9747	0.0016**
Marital status	2	4.4209	0.0119*
Mother's Age	2	1.9634	0.018*
Parity	3	2.7513	0.044*
Electricity Availability	1	6.0684	0.014*
Mother education: mother's age	6	1.4051	0.209

Tables 2.3 and 2.4 provide the regression estimates of the child comorbidity model using the ‘glmer’ function of the ‘lme4’ package in R [8]. The model formula in ‘lme4’ syntax for sets of fixed effects, interaction effects, and random effects was as follows:

$$\begin{aligned} \text{Logit}(\mu_{it}) = & \beta_0 + \beta_1 \text{Cooking fuel}_{ij} + \beta_2 \text{Wealth}_{ij} + \beta_3 \text{Sanitation Classification}_{ij} \\ & + \beta_4 \text{Residence}_{ij} + \beta_5 \text{education}_{ij} + \beta_6 \text{marital}_{ij} + \beta_7 \text{age}_{ij} \\ & + \beta_8 \text{parity}_{ij} + \beta_9 \text{Electricity availability}_{ij} \\ & + \beta_{10} \text{interaction between education and mother age}_{ij} + \gamma_i + \gamma_{ij} \end{aligned}$$

Where  $\beta_1$  to  $\beta_{10}$  are cluster odds ratios of children morbidity (unknown regression coefficients of the main and interaction effects for fixed effects), while  $\gamma_i$  and  $\gamma_{ij}$  are the subject-specific and regional level random intercepts, respectively.

Table 2.5 illustrates the estimates for fixed effects using maximum likelihood estimation in fitted GLMMs (see Table 2.5), and the estimates indicate that a one-unit increase (moving from one category to another) in the predictor would be expected to predict an increase in the estimated log odds of comorbidity equal to one when all other predictors are held constant [26, 40]. Moreover, the log odds are the probability of an event (like comorbidity) occurring expressed as its natural logarithm. The odds ratio is obtained by exponentiating the calculated log odds. In this case, an odds ratio of one denotes no change, but a ratio of more than one shows a rise in the likelihood of comorbidity [11, 2].

Based on the results, wealth status significantly affects the child morbidity status, and it is observed that children from middle quartiles (OR = 0.47,  $P = 0.002$ ; 95% CI:  $-0.766, -0.167$ ) and higher quartiles (OR = 0.62,  $P = 0.001$ ; 95% CI:  $-1.05, -0.415$ ) are less likely to suffer illness than children from lower quartiles. Our study also demonstrated that children from a mother with primary, secondary, and higher education are 41%, 52%, and 51% respectively, less likely to be ill than mothers who never attended school.

Similarly, children who lived in rural areas (OR = 1.66,  $P = 0.004$ ; 95% CI: 0.158, 0.858) are 1.66 times more likely to get affected by morbidity than children who lived in urban areas, and using wood as a fuel is 1.14 times more likely than using electricity to get child morbidity. Likewise, the absence of electricity (OR = 1.49;  $P = 0.014$ ; 95% CI: 0.079, 0.718) is more likely for children's illness as compared to children who can access electricity. This study's findings also suggest that a woman with a parity of 3–4 and 5+, never married, and divorced or widowed mothers' marriage statuses are more likely to have comorbidity than their counterparts.

Table 2.5: Estimates of fixed effects from GLMMs for children's comorbidity

Covariates	Coef.	SE	Z	P >  Z	OR	95% CI[Coef.]
(Intercept)	0.79	0.33	2.4	0.016*	2.21	(0.146, 1.44)
Cooking Fuel (Ref. = Electricity)						
Kerosene	1.62	1.11	1.46	0.144	5.02	(-0.556, 3.78)
Charcoal	0.14	0.20	0.68	0.499	1.14	(-0.258, 0.528)
Wood	0.40	0.16	2.5	0.013*	1.48	(0.081, 0.712)
Wealth (Ref. = Lower Quartile)						
Middle Quartile	-0.47	0.15	-3.1	0.002**	0.62	(-0.766, -0.167)
Higher Quartile	-0.74	0.16	-4.5	0.001***	0.47	(-1.05, -0.415)
Sanitation Classification (Ref. = Improved, Not Shared Facility)						
Shared Facility	-0.11	0.22	-0.53	0.603	0.89	(-0.548, 0.318)
Non-Improved Facility	0.06	0.15	0.40	0.693	1.06	(-0.234, 0.351)
Open Defecation	-0.03	0.19	-0.14	0.891	0.97	(-0.380, 0.338)
Residence (Rural)	0.51	0.18	2.8	0.004**	1.66	(0.158, 0.858)
Mother Education (Ref. = Never Attended)						
Primary Education	-0.52	0.22	2.9	0.001**	0.59	(-0.946, -0.085)
Secondary Education	-0.71	0.25	-2.4	0.018*	0.48	(-1.21, -0.218)
Higher Education	-0.69	0.32	-2.2	0.033*	0.49	(-1.34, -0.055)
Marital (Ref. = Married/Partner)						
Widowed Or divorced	0.38	0.14	2.8	0.004**	1.46	(0.120, 0.648)
Never Married	0.32	0.13	2.6	0.010*	1.37	(0.073, 0.559)
Mother's age (Ref. = 15–24)						
25-34	-0.27	0.23	-1.2	0.243	0.76	(-0.719, 0.183)
35+	-0.72	0.27	-2.5	0.010*	0.49	(-1.26, -0.169)
Parity (Ref. = 0)						
1-2	0.10	0.13	0.80	0.426	1.10	(-0.146, 0.344)
3-4	0.39	0.17	2.3	0.023*	1.48	(0.055, 0.733)
5+	0.53	0.24	2.5	0.013*	1.70	(0.111, 0.954)
Electricity Availability (NO)	0.40	0.17	2.5	0.014*	1.49	(0.079, 0.718)

Signif.codes: '\*\*\*' = 0.001, '\*\*' = 0.01, '\*' = 0.05, '.' = 0.1 and '=' = 1

OR = odds ratio, CI = confidence interval, SE = standard error, and SD = standard deviation.

### Interaction effects

The interaction between a mother’s age and education can be either synergistic or mitigating, as presented in Table 2.6, which shows the interaction between a mother’s education (never attended, primary education, secondary education, or higher education) and a mother’s age (between 15 and 24, between 25 and 34, and above 35). As the results indicated, children from mothers above 35 years of age have a lower risk of being ill compared to children whose mother’s age is less than 34 for the secondary and higher mother education groups (OR = 2.3, P-value = 0.022, OR = 1.67, P-value = 0.015), respectively. Well-educated elder mothers who combine their experience and health skills can lead to better health outcomes for their children [64].

Table 2.6: Estimates of the two-way interaction effects and the variance parameter of the random effect models

Covariates	Coef.	SE	Z	P>  Z	OR	95% CI(Coef.)
Education and age (Ref. = Never Attended: Age between 15-24)						
Primary Education: Age Between 25-34	0.39	0.28	1.5	0.149	1.47	(-0.142, 0.923)
Secondary Education: Age Above 25-34	0.24	0.32	0.76	0.449	1.27	(-0.379, 0.854)
Higher Education: Age Between 25-34	0.03	0.36	0.08	0.935	1.03	(-0.692, 0.751)
Primary Education: Age Above 35+	0.24	0.35	0.67	0.501	1.27	(-0.453, 0.926)
Secondary Education: Age Above 35+	1.26	0.55	2.3	0.022*	3.53	(0.176, 2.34)
Higher Education: Age Above 35+	0.43	0.65	1.67	0.015*	1.65	(0.831, 1.69)
<b>Random Effects:</b>						
	<b>Variance</b>	<b>SD</b>				
Region	5.318e-02	0.231				
Subject-specific ( $Child_I D$ )	4.598e-07	0.006				
Residual	0.123	1.045				

Signif.codes: ‘\*\*\*’= 0.001, ‘\*\*’ = 0.01, ‘\*’ = 0.05, ‘.’ = 0.1 and ‘=’ = 1

Note: OR = odds ratio, CI = confidence interval, SE = standard error, and SD = standard deviation.

### Model comparison and diagnosis

Comparing the models is an important step in the modeling process to see which ones best fit the data [13, 54]. Akaike information criterion (AIC) is a widely used model selection criteria based on the maximum likelihood estimator [4]. Results of the AIC, log-likelihood likelihood test (LRT), BIC, and other information on the fit of the model are presented in Table 2.7. Accordingly, the model with two random intercepts (the random intercept of region and subject-specific) has a lower AIC (AIC = 2929.9) and is statistically significant ( $P < 0.001$ ) in comparison to one random intercept model (AIC = 2942.6). It is also supported in the log-likelihood ratio test (LRT) with a significance P-value ( $P < 0.001$ ). This suggests that two random intercept models from GLMMs permit data correlation

and provide more effective overall performance compared to one random intercept model.

Table 2.7: The Likelihood-Ratio-Test (LRT) and Akacia information criteria for random intercept models comparison

	Information Criteria for Model Comparison				Likelihood-Ratio-Test (LRT)			
	AIC	BIC	loglik	deviance	Pr( $\chi^2$ )	df	Chi2	Pr( $\chi^2$ )
ONE RIM	2942.6	3106.6	-1443.3	2886.6		28		
TWO RIM	2929.9	3099.7	-1435.9	2871.9	$P < 0.001249$ ***	29	14.72	$P < 0.001$ ***

Signif.codes: ‘\*\*\*’ = 0.001, ‘\*\*’ = 0.01, ‘\*’ = 0.05, ‘.’ = 0.1, and ‘ ’ = 1

ONE RIM: One random intercept model, TWO RIM: Two random intercept model

In GLMMs, random intercept plots are employed to illustrate the distribution of random effects [14, 73]. Figure 4 displays the diagnostic plots for random intercepts (see Figure 4) corresponding to two random effects, providing a visual representation of regional and subject-specific variability in child morbidity, and allowing for different baseline values (intercepts) for two groups or clusters. From the plots (see plots A and B of Figure 2.4), the dot on the horizontal line shows the estimated random intercept for each level of grouping variable, and the horizontal line represents the overall mean of each random effect [51, 10]. Thus, these plots might tell us about the presence of regional and subject-specific level variability for child morbidity. Therefore, even if the estimated variance in the intercept for each region and the subject-specific effect was found to be quite near zero, including random effects is a good modeling choice as there is a fair amount of variation in the estimations of regional and subject-specific effects.



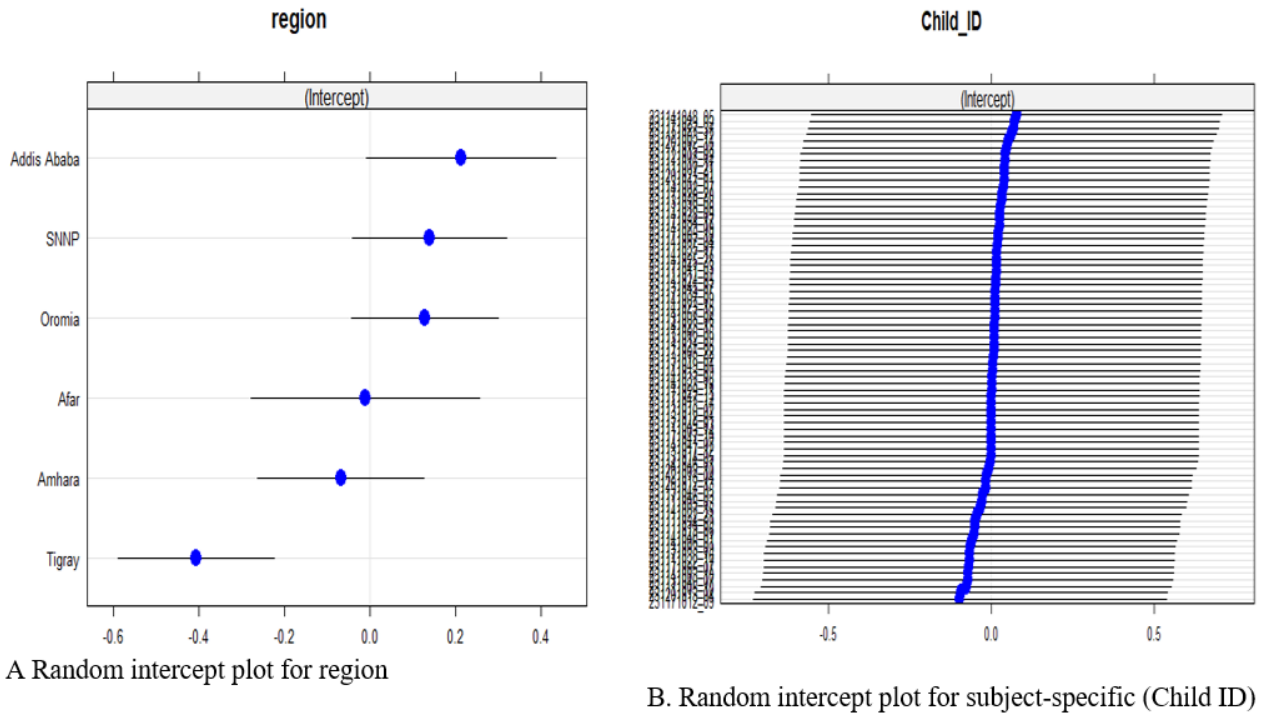


Figure 2.4: Random intercept plots study for regional and subject-specific (Child ID) (see plots A and B), respectively

### Residuals diagnosis in GLMMs

Residuals in GLMMs have a coarse structure due to random effects and grouping of data. As a result, these models should not use techniques like QQ plots or Shapiro-Wilk tests to verify residual normality as standard linear models [12, 22, 43]. Therefore, we use the “Diagnostics for Hierarchical Regression models (DHARMA)” package to provide easily interpreted scaled residuals(quantiles) for fitted GLMMs [35] and binned residual plots in dividing the data into bins based on fitted value [30]. Therefore, Figure 2.5 displays the plots of residuals versus fitted values for fitted GLMMs (binned residuals). Hence, most of the residuals fall within the error bound (indicated in blue points), and fewer residuals are outside of the error boundaries (indicated in red points). Thus, most of the binned residual fell within the 95% confidence interval of error bounds, which indicates that the model is a good fit for the data.

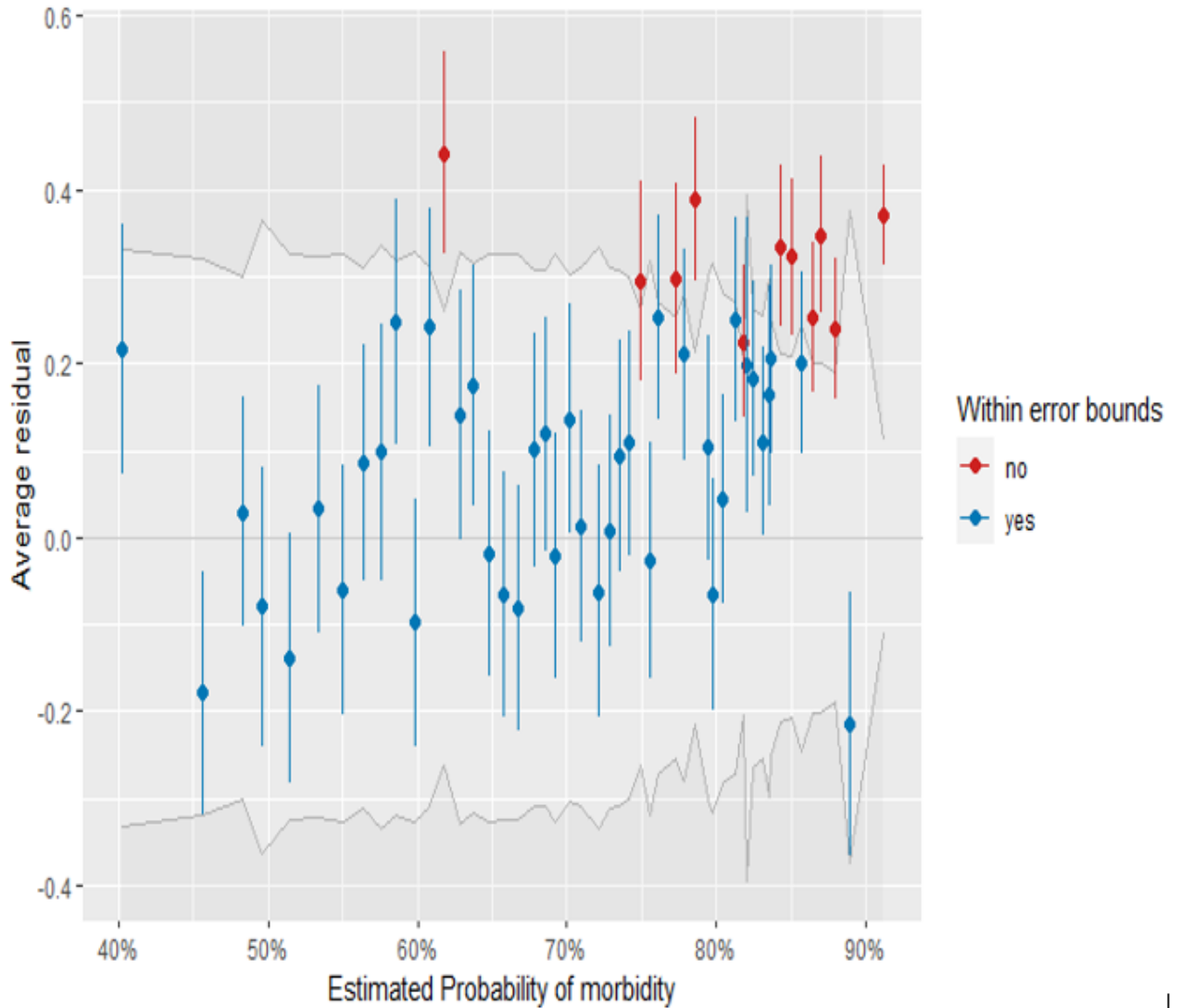


Figure 2.5: Binned residual plot for the children’s comorbidity study

Likewise, the DHARMA nonparametric dispersion test evaluates a statistical model’s goodness of fit, considering both the fitted model and the simulated values. It is frequently used for count data or other non-Gaussian data. The DHARMA nonparametric dispersion test graph combines a histogram (blue bars) with a kernel density estimate (KDE) plot (red line) which shows how well the model fits the data. The blue bars show the simulated values (perhaps residuals or predicted probability) inside certain bins and each bar’s height indicates how frequently the simulated data fall into that category [35, 30]. The frequency (density) is plotted on the y-axis, and the simulated values are plotted on the x-axis between 0.80 and 1.00. In Figure 2.6, the standard deviation of residuals from the fitted model and the simulated values are compared. Therefore, our data exhibits low dispersion and good alignment with the model, as indicated by the p-value of 0.88 (dispersion = 0.99696; p-value = 0.88; alternative hypothesis: two-sided). The high p-value indicates a strong fit.

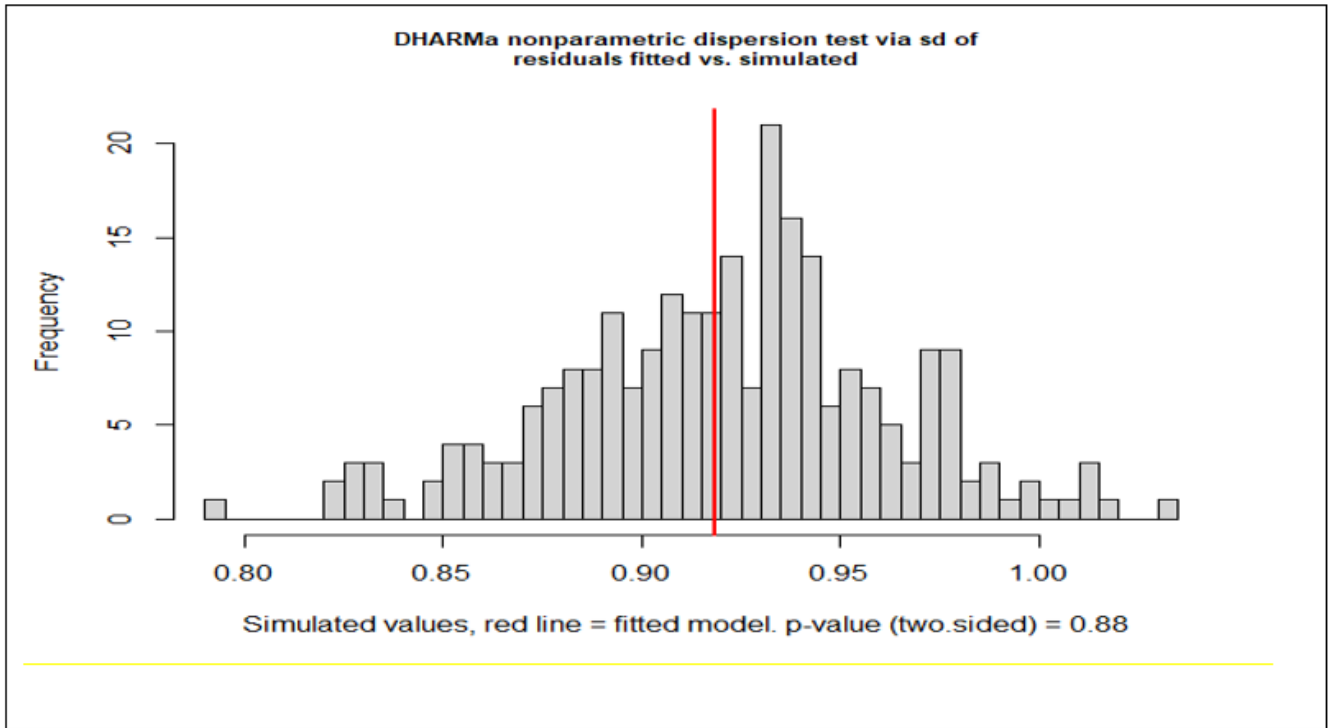


Figure 2.6: DHARMA nonparametric dispersion test with the residuals fitted vs. simulated standard deviation for child comorbidity

Furthermore, in the DHARMA package in R, the QQ plot compares the observed residual to the expected under the assumptions of normality, and the points in the QQ plot fall along a straight line for normally distributed residuals [30, 35]. The plot also displays the Kolmogorov-Smirnov test (KS test), dispersion test, and outlier test [62]. From Figure 2.7, the points on the QQ plot fall along a straight line which indicates that the model can account for the variation in child morbidity, and the model is not systematically overestimating or underestimating child morbidity (see the left of Figure 2.7). Moreover, the insignificant values of the KS test, dispersion test, and outlier test ( $P = 0.6764$ ,  $P = 0.88$ ,  $P = 0.82485$ , respectively) suggest that the residuals of the model are normally distributed, homoscedasticity variance, and no influential observations in the data. Similarly, the right of Figure 2.7 depicts a plot of the residual against the predicted values. The red solid line at  $y = 0.5$  represents the median of the residual, while a dashed red line represents the theoretical median of the residual under the assumption of uniform distribution [35]. Therefore, the two lines are close together at  $y = 0.5$  indicating that the residuals are uniformly distributed.

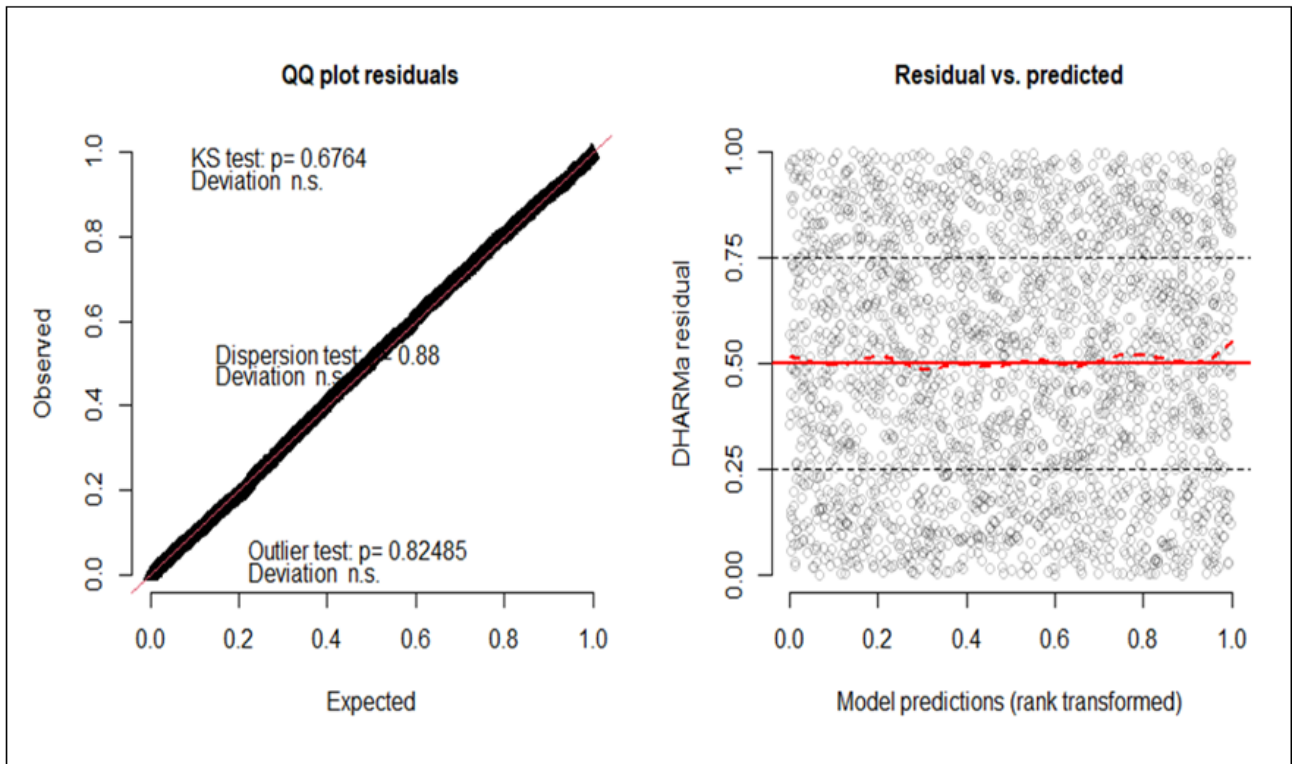


Figure 2.7: DHARMA nonparametric dispersion test with the residuals fitted vs. simulated standard deviation for child comorbidity

### 2.3.2 Discussion

We tried to check the presence of variability in child morbidity and determine major predictive factors for child morbidity using the GLMMs. We used PMA datasets in STATA-17 and the 4.3.0 version of R for our data analysis. Based on AIC and the likelihood ratio test values, a two-random intercept model was found to be more favorable in illustrating the presence of child morbidity variability between children and within regions. From our study using GLMMs, based on the likelihood chi-square and Type III test, we found that the factors that significantly affect the children’s comorbidity were cooking fuel, wealth quartiles, mothers’ marital status, mother age, parity, residence mother’s education status, and availability of electric city. However, sanitation classification is not influential for the presence of children comorbidity in Ethiopia.

Children from divorced and never-married families are at high risk of suffering illness and experiencing more health problems than children from two-partner families. Like studies carried out [7, 46, 74], our result suggests that a lack of a stable family structure and the absence of one of her or his family members contribute to the negative effects on children’s health. Similarly, our findings demonstrated that children with high parity had a higher risk of morbidity than children with low parity, based on PMA-ET datasets. The study found that increased parity is associated with higher odds of child morbidity, and our result is in accordance with [44], and [65] that higher child morbidity is associated with high parity.

Furthermore, the results showed that children who live in rural locations and lack electricity are more likely than their counterparts to experience morbidity difficulty. It demonstrates that living in rural areas and not having access to electricity are positively connected with child morbidity and this result is in accordance with [1, 41, 59]. Moreover, the household wealth index has a negative correlation with morbidity in children and it is a significant socioeconomic determinant influencing children's health in Ethiopia. The lower quartile families had bad nutrition, limited education, poor cleanliness, and poor hygiene. This suggests that compared to children from middle and high quartiles, children from lower households are more likely to experience children's illness. The findings align with those reported by [15, 36], and [69], indicating that an increase in household income is associated with a reduction in the incidence of illness among children.

The results we found also showed a negative correlation between childhood morbidity and the age of the mother. This suggests that children whose mothers were younger than 24 have a higher rate of illness. Our findings support the findings of [39], who noticed that children of mothers 35 years of age and older had lower rates of child morbidity than children of younger mothers. However, our results also contradict those of [56], who found that children of mothers 35 years of age and older had higher rates of child morbidity than children of younger mothers. Another significant risk factor for children's comorbidity is the mother's academic achievement. The risk of morbidity is higher in children whose mothers have not received any education compared to children whose mothers have completed at least primary education. It implies that educated mothers are also more likely to have an income and better access to child health care and have access to information about the health, eating habits, and development of their children, which can enhance the health of their children. These results confirm the results obtained from previous studies [19, 24, 38]. likewise, maternal age is linked to better child health outcomes, especially for mothers with high levels of education. Mothers with higher levels of education frequently have increased access to healthcare, are more health-literate, and are more aware of preventative measures. Furthermore, older mothers may make healthier lifestyle choices when pregnant as a result of their experience [28, 38].

In conclusion, according to our result, GLMMs are better suited to handle complex data structures like hierarchical data. This model also offers more precise estimates of random effects on this child comorbidity study to capture heterogeneity and look at how it relates to different variables like socioeconomic status, use of health services, and health outcomes. Cooking fuel, wealth quartiles, mothers' marital status, mother age, parity, residence mother's education status, and availability of electric city were significantly associated with children's morbidity. Improving the socio-economic standings of mothers through socio-economic and education reduces the prevalence of child morbidity.

In our study, the utilization of general linear mixed models (GLMMs) possess the remarkable capacity to delve deeper into the complexities inherent within hierarchical data

structures, where individual children are nested within specific regions. By leveraging the power of GLMMs, researchers gain the ability to conduct more comprehensive analyses that simultaneously account for both individual-level and group-level factors influencing child development. This enhanced analytical approach allows researchers to not only identify significant associations within the data but also to elucidate the potential presence of regional variations in child development across Ethiopia.

Our analysis considered several variables, but factors like health insurance, access to healthcare, and family structure might also significantly influence children’s comorbidity. Examining these influences through future empirical research could be valuable. Additionally, a longitudinal study could be particularly interesting to see how children’s comorbidity patterns change over time.

### **2.3.3 Limitations of the study**

Although Ethiopia has nine regional states (Afar, Amhara, Benshangul-Gumuz, Gambela, Harari, Oromia, Somali, Southern Nations, Nationalities, and Peoples’ Region (SNNPR), and Tigray) and two administrative cities (Addis Ababa and Dire Dawa), the PMA-Et 2019 dataset includes information from only six regions. This limitation in the data presents challenges for conducting a comprehensive comorbidity study across the entire country. The findings derived from the six regions may not be entirely representative of the national context, thereby complicating our ability to draw generalized conclusions and formulate comprehensive recommendations. The exclusion of data from five regions means that critical sociodemographic and environmental variables unique to these areas are not reflected in the study. This geographical limitation could result in an incomplete understanding of the factors affecting child comorbidity across Ethiopia. Furthermore, because longitudinal datasets were lacking, we were unable to stabilize throughout childhood, even though longitudinal studies provide a distinct advantage in understanding childhood morbidity by monitoring changes in health over time, identifying early predictors, and establishing causal relationships between factors and health outcomes.

# Bibliography

- [1] Sulaimon T Adedokun and Sanni Yaya. Childhood morbidity and its determinants: evidence from 31 countries in sub-saharan africa. *BMJ Global Health*, 5(10):e003109, 2020.
- [2] Alan Agresti. *Categorical data analysis*, volume 792. John Wiley & Sons, 2012.
- [3] Mansoor Ahmed, AG Billoo, and G Murtaza. Risk factors of persistent diarrhoea in children below five years of age. *JPMA. The Journal of the Pakistan Medical Association*, 45(11):290–292, 1995.
- [4] H Akaike. Information theory and the maximum likelihood principle. in (bn petrov & f. cs ä ki, eds.). In *Proc. 2nd Intl. Symp on Information Theory*, 1973.
- [5] Animut Alebel, Cheru Tesema, Belisty Temesgen, Alemu Gebrie, Pammla Petrucka, and Getiye Dejen Kibret. Prevalence and determinants of diarrhea among under-five children in ethiopia: a systematic review and meta-analysis. *PloS one*, 13(6):e0199684, 2018.
- [6] Haider Ali and Sina Aziz. Rising pediatric morbidity and mortality in the developing world. *Cureus*, 13(4), 2021.
- [7] Paul R Amato and Juliana M Sobolewski. The effects of divorce and marital discord on adult children’s psychological well-being. *American sociological review*, 66(6):900–921, 2001.
- [8] Douglas Bates, Martin Maechler, Ben Bolker, Steven Walker, Rune Haubo Bojesen Christensen, Henrik Singmann, Bin Dai, Gabor Grothendieck, Peter Green, and M Ben Bolker. Package ‘lme4’. *convergence*, 12(1):2, 2015.
- [9] Kate Bates. Empathy or entertainment? the form and function of violent crime narratives in early-nineteenth century broadsides. *Law, Crime & Hist.*, 4:1, 2014.
- [10] Andrew Bell, Malcolm Fairbrother, and Kelvyn Jones. Fixed and random effects models: making an informed choice. *Quality & quantity*, 53:1051–1074, 2019.
- [11] Benjamin M Bolker, Mollie E Brooks, Connie J Clark, Shane W Geange, John R Poulsen, M Henry H Stevens, and Jada-Simone S White. Generalized linear mixed models: a practical guide for ecology and evolution. *Trends in ecology & evolution*, 24(3):127–135, 2009.
- [12] Roel Bosker and Tom AB Snijders. Multilevel analysis: An introduction to basic and advanced multilevel modeling. *Multilevel analysis*, pages 1–368, 2011.

- [13] Roger J Brooks and Andrew M Tobias. Choosing the best model: Level of detail, complexity, and model performance. *Mathematical and computer modelling*, 24(4):1–14, 1996.
- [14] Göran Broström and Henrik Holmberg. Generalized linear models with clustered data: Fixed and random effects models. *Computational Statistics & Data Analysis*, 55(12):3123–3134, 2011.
- [15] Satvika Chalasani and Shea Rutstein. Household wealth and child health in india. *Population studies*, 68(1):15–41, 2014.
- [16] David G Clayton. Generalized linear mixed models. *Markov chain Monte Carlo in practice*, 1:275–302, 1996.
- [17] Rui Coelho, Paulo Infante, and Miguel N Santos. Comparing glm, glmm, and gee modeling approaches for catch rates of bycatch species: A case study of blue shark fisheries in the south atlantic. *Fisheries Oceanography*, 29(2):169–184, 2020.
- [18] Henok Dagne, Zewudu Andualem, Baye Dagne, and Asefa Adimasu Taddese. Acute respiratory infection and its associated factors among children under-five years attending pediatrics ward at university of gondar comprehensive specialized hospital, northwest ethiopia: institution-based cross-sectional study. *BMC pediatrics*, 20:1–7, 2020.
- [19] Pamela E Davis-Kean, Holly R Sexton, and Katherine A Magnuson. How does parents’ education level influence parenting and children’s achievement. In *U. o. M. CAPCA (Center for Analysis of Pathways from Childhood to Adulthood)*, editor. In *Proc. CDS-II Early Results Workshop*, 2005.
- [20] CB Dean and Jason D Nielsen. Generalized linear mixed models: a review and some extensions. *Lifetime data analysis*, 13:497–512, 2007.
- [21] Alfred DeMaris. A tutorial in logistic regression. *Journal of Marriage and the Family*, pages 956–968, 1995.
- [22] Eugene Demidenko and Therese A Stukel. Influence analysis for linear mixed-effects models. *Statistics in medicine*, 24(6):893–909, 2005.
- [23] Amare Deribew, Gizachew Assefa Tessema, Kebede Deribe, Yohannes Adama Melaku, Yihunie Lakew, Azmeraw T Amare, Semaw F Abera, Mesoud Mohammed, Abiy Hiruye, Efreem Teklay, et al. Trends, causes, and risk factors of mortality among children under 5 in ethiopia, 1990–2013: findings from the global burden of disease study 2013. *Population health metrics*, 14:1–10, 2016.
- [24] Sonalde Desai and Soumya Alva. Maternal education and child health: Is there a strong causal relationship? *Demography*, 35(1):71–81, 1998.



- [25] Tanya Doherty, Sarah Rohde, Donela Besada, Kate Kerber, Samuel Manda, Marian Loveday, Duduzile Nsibande, Emmanuelle Daviaud, Mary Kinney, Wang Zembe, et al. Reduction in child mortality in ethiopia: analysis of data from demographic and health surveys. *Journal of global health*, 6(2), 2016.
- [26] S Eckel. Interpreting logistic regression models. *Retrieved November, 26:2016*, 2008.
- [27] Bertilla U Ezeonwu, OU Chima, T Oguonu, AN Ikefuna, and I Nwafor. Morbidity and mortality pattern of childhood illnesses seen at the children emergency unit of federal medical center, asaba, nigeria. *Annals of medical and health sciences research*, 4(3):239–244, 2014.
- [28] Caroline HD Fall, Harshpal Singh Sachdev, Clive Osmond, Maria Clara Restrepo-Mendez, Cesar Victora, Reynaldo Martorell, Aryeh D Stein, Shikha Sinha, Nikhil Tandon, Linda Adair, et al. Association between maternal age at childbirth and child and adult outcomes in the offspring: a prospective study in five low-income and middle-income countries (cohorts collaboration). *The Lancet Global Health*, 3(7):e366–e377, 2015.
- [29] Alina Ferdohleb and Laura Berdaga. Mortality under five years one of the main public health issues in south-east asiap a narrative review. *Arta Medica*, 84(3):32–39, 2022.
- [30] Andrew Gelman and Jennifer Hill. *Data analysis using regression and multi-level/hierarchical models*. Cambridge university press, 2006.
- [31] Atalay Getachew, Tadesse Guadu, Alebachew Tadie, Zemichael Gizaw, Mulat Gebrehiwot, Daniel Haile Cherkos, Martha Alemayehu Menberu, Teklay Gebrecherkos, et al. Diarrhea prevalence and sociodemographic factors among under-five children in rural areas of north gondar zone, northwest ethiopia. *International journal of pediatrics*, 2018, 2018.
- [32] Robert D Gibbons and R Darrell Bock. Trend in correlated proportions. *Psychometrika*, 52(1):113–124, 1987.
- [33] Ralitza Gueorguieva. A multivariate generalized linear mixed model for joint modelling of clustered outcomes in the exponential family. *Statistical modelling*, 1(3):177–193, 2001.
- [34] KB Gupta and BNS Walia. A longitudinal study of morbidity in children in a rural area of punjab. *The Indian Journal of Pediatrics*, 47:297–301, 1980.
- [35] Florian Hartig. Dharma: residual diagnostics for hierarchical (multi-level/mixed) regression models. *R Packag version 020*, 2018.

- [36] Rathavuth Hong, James E Banta, and Jose A Betancourt. Relationship between household wealth inequality and chronic childhood under-nutrition in bangladesh. *International journal for equity in health*, 5:1–10, 2006.
- [37] Md Ismail Hossain, Md Raisul Islam, Ahmed Abdus Saleh Saleheen, Azizur Rahman, Faozia Afia Zinia, and Umama Akter Urmy. Determining the risk factors of under-five morbidity in bangladesh: a bayesian logistic regression approach. *Discover Social Science and Health*, 3(1):21, 2023.
- [38] Yang Hu and Yue Qian. Gender, education expansion and intergenerational educational mobility around the world. *Nature Human Behaviour*, 7(4):583–595, 2023.
- [39] Malene Meisner Hviid, Charlotte Wessel Skovlund, Lina Steinrud Mørch, and Øjvind Lidegaard. Maternal age and child morbidity: A danish national cohort study. *PLoS One*, 12(4):e0174770, 2017.
- [40] James Jaccard. Interaction effects in logistic regression (vol. 135). *NY: Sage*, 2001.
- [41] Md Moustafa Kamal, Md Masud Hasan, and Rachel Davey. Determinants of childhood morbidity in bangladesh: evidence from the demographic and health survey 2011. *BMJ open*, 5(10):e007538, 2015.
- [42] Steve Kanters. Fixed-and random-effects models. *Meta-research: Methods and protocols*, pages 41–65, 2022.
- [43] John T Kent. Robust properties of likelihood ratio tests. *Biometrika*, 69(1):19–27, 1982.
- [44] Naoko Kozuki, Anne CC Lee, Mariangela F Silveira, Ayesha Sania, Joshua P Vogel, Linda Adair, Fernando Barros, Laura E Caulfield, Parul Christian, Wafaie Fawzi, et al. The associations of parity and maternal age with small-for-gestational-age, preterm, and neonatal and infant mortality: a meta-analysis. *BMC public health*, 13:1–10, 2013.
- [45] Alexandra Kuznetsova, Per B Brockhoff, and Rune Haubo Bojesen Christensen. lmerTest package: tests in linear mixed effects models. *Journal of statistical software*, 82(13), 2017.
- [46] Michael E Lamb, Kathleen J Sternberg, and Ross A Thompson. The effects of divorce and custody arrangements on children’s behavior, development, and adjustment. In *Parenting and child development in nontraditional families*, pages 125–135. Psychology Press, 1998.
- [47] Huayun Li, Laipeng Jin, and Dongchuan Yu. Generalized linear mixed models for the analysis of categorical data: A case study in cognitive psychology. In *Proceedings of*

- the 2nd International Conference on Medical and Health Informatics*, pages 252–256, 2018.
- [48] Saskia Litiere, Ariel Alonso, and Geert Molenberghs. The impact of a misspecified random-effects distribution on the estimation and the performance of inferential procedures in generalized linear mixed models. *Statistics in medicine*, 27(16):3125–3144, 2008.
- [49] LLC Macrotrends. The premier research platform for long term investors. *URL: <https://www.macrotrends.net/> ( : 01.04. 2020)*, 2022.
- [50] Charles E McCulloch. Maximum likelihood algorithms for generalized linear mixed models. *Journal of the American statistical Association*, 92(437):162–170, 1997.
- [51] Charles E McCulloch, Shayle R Searle, and John M Neuhaus. *Generalized, linear, and mixed models*, volume 325. Wiley Online Library, 2001.
- [52] Behailu Melese, Wondimagegn Paulos, Feleke Hailemichael Astawesegn, and Temesgen Bati Gelgelu. Prevalence of diarrheal diseases and associated factors among under-five children in dale district, sidama zone, southern ethiopia: a cross-sectional study. *BMC public health*, 19:1–10, 2019.
- [53] G Molenberghs and G Verbeke. *Models for discrete longitudinal data*. new york: Springer science+ business media, 2005.
- [54] Jesús Muñoz and Ángel M Felicísimo. Comparison of statistical methods commonly used in predictive modelling. *Journal of Vegetation Science*, 15(2):285–292, 2004.
- [55] Betty Bukenya Nambuusi, Julius Ssempiira, Fredrick E Makumbi, Simon Kasasa, and Penelope Vounatsou. The effects and contribution of childhood diseases on the geographical distribution of all-cause under-five mortality in uganda. *Parasite epidemiology and control*, 5:e00089, 2019.
- [56] Nasenien Nourkami-Tutdibi, Erol Tutdibi, Theresa Faas, Gudrun Wagenpfeil, Elizabeth S Draper, Samantha Johnson, Marina Cuttini, Rym El Rafei, Anna-Veera Seppänen, Jan Mazela, et al. Neonatal morbidity and mortality in advanced aged mothers—maternal age is not an independent risk factor for infants born very preterm. *Frontiers in Pediatrics*, 9:747203, 2021.
- [57] Rashmi Rashmi and Ronak Paul. Early childhood circumstances and educational wellbeing inequality among tribal and non-tribal children in india: evidence from a panel study. *Scientific Reports*, 12(1):9839, 2022.
- [58] Stephen W Raudenbush and Anthony S Bryk. *Hierarchical linear models: Applications and data analysis methods*, volume 1. sage, 2002.

- [59] Steve Rolfe, Lisa Garnham, Jon Godwin, Isobel Anderson, Pete Seaman, and Cam Donaldson. Housing as a social determinant of health and wellbeing: Developing an empirically-informed realist theoretical framework. *BMC Public Health*, 20(1):1138, 2020.
- [60] Małgorzata Roos and Leonhard Held. Sensitivity analysis in bayesian generalized linear mixed models for binary data. 2011.
- [61] Ni Komang Ayu Santika, Ferry Efendi, Praba Diyan Rachmawati, Eka Mishbahatul Mar’ah Has, Kusnanto Kusnanto, and Erni Astutik. Determinants of diarrhea among children under two years old in indonesia. *Children and Youth Services Review*, 111:104838, 2020.
- [62] Michellea Sculley. Standardization of the striped marlin (*kajikia audax*) catch per unit effort data caught by the hawaii-based longline fishery from 1994-2017 using generalized linear models. Technical report, ISC/2019/BILLWG-01/XX, 2019.
- [63] Eirin Krüger Skaftun, Merima Ali, and Ole Frithjof Norheim. Understanding inequalities in child health in ethiopia: health achievements are improving in the period 2000–2011. *PLoS One*, 9(8):e106460, 2014.
- [64] Judith R Smith. Mothering in later life: Older mothers and their challenging adult children. *Ageing & Society*, 42(8):1822–1843, 2022.
- [65] Emily Sonneveldt, Willyanne DeCormier Plosky, and John Stover. Linking high parity and maternal and child mortality: what is the impact of lower health services coverage among higher order births? *BMC public health*, 13:1–8, 2013.
- [66] Barbara Starfield, H Katz, A Gabriel, G Livingston, P Benson, J Hankin, S Horn, and D Steinwachs. Morbidity in childhood—a longitudinal view. *New England Journal of Medicine*, 310(13):824–829, 1984.
- [67] A Sathiya Susuman. Child mortality rate in ethiopia. *Iranian journal of public health*, 41(3):9, 2012.
- [68] Kasahun Takele, Temesgen Zewotir, and Denis Ndanguza. Risk factors of morbidity among children under age five in ethiopia. *BMC public health*, 19:1–9, 2019.
- [69] Kasahun Takele, Temesgen Zewotir, and Denis Ndanguza. Understanding correlates of child stunting in ethiopia using generalized linear mixed models. *BMC Public Health*, 19:1–8, 2019.
- [70] Sileshi Teklemariam, Tesfaye Getaneh, and Firew Bekele. Environmental determinants of diarrheal morbidity in under-five children, keffa-sheka zone, south west ethiopia. *Ethiopian medical journal*, 38(1):27–34, 2000.

- [71] Christopher E Troeger, Ibrahim A Khalil, Brigitte F Blacker, Molly H Biehl, Samuel B Albertson, Stephanie RM Zimsen, Puja C Rao, Degu Abate, Alireza Ahmadi, Mohamed Lemine Cheikh brahim Ahmed, et al. Quantifying risks and interventions that have affected the burden of diarrhoea among children younger than 5 years: an analysis of the global burden of disease study 2017. *The Lancet Infectious Diseases*, 20(1):37–59, 2020.
- [72] Francis Tuerlinckx, Frank Rijmen, Geert Verbeke, and Paul De Boeck. Statistical inference in generalized linear mixed models: A review. *British Journal of Mathematical and Statistical Psychology*, 59(2):225–255, 2006.
- [73] Geert Verbeke, Geert Molenberghs, and Geert Verbeke. *Linear mixed models for longitudinal data*. Springer, 1997.
- [74] Judith S Wallerstein and Julia Lewis. The long-term impact of divorce on children: A first report from a 25-year study. *Fam. & Concil. Cts. Rev.*, 36:368, 1998.
- [75] SJ Welham and R Thompson. Likelihood ratio tests for fixed model terms using residual maximum likelihood. *Journal of the Royal Statistical Society Series B: Statistical Methodology*, 59(3):701–714, 1997.
- [76] Jian Xiao, Li Chen, Xianyang Zhang, and Jun Chen. Predictive modeling of microbiome data using a phylogeny-regularized generalized linear mixed model. *Frontiers in microbiology*, 9:362239, 2018.
- [77] AG Yohannes, K Streatfield, and L Bost. Child morbidity patterns in ethiopia. *Journal of Biosocial Science*, 24(2):143–155, 1992.
- [78] Linnea Zimmerman, Selam Desta, Mahari Yihdego, Ann Rogers, Ayanaw Amogne, Celia Karp, Shannon N Wood, Andreea Creanga, Saifuddin Ahmed, Assefa Seme, et al. Protocol for pma-ethiopia: a new data source for cross-sectional and longitudinal data of reproductive, maternal, and newborn health. *Gates Open Research*, 4, 2020.
- [79] Alain F Zuur, Elena N Ieno, Neil Walker, Anatoly A Saveliev, Graham M Smith, EN Ieno, PL Luque, GJ Pierce, AF Zuur, MB Santos, et al. Three-way nested data for age determination techniques applied to cetaceans. *Mixed effects models and extensions in ecology with R*, pages 459–468, 2009.

## Chapter 3

# Bayesian semiparametric geoadditive modelling of underweight among under-five children in Ethiopia

### Abstract

*Children's malnutrition can have long-term and irreversible effects on a child's health and development. This study uses the Bayesian method with spatial variation to investigate the flexible trends of metrical covariates and identify communities at high risk of injury. Cross-sectional data on underweight were collected from the 2016 Ethiopian Demographic and Health Survey (EDHS). The Bayesian geoadditive model is performed. Appropriate prior distributions were provided for scall parameters in the models, and the inference is entirely Bayesian, using Monte Carlo Markov Chain (MCMC) simulation. The results show that metrical covariates like mother age, child age, and body mass index (BMI) affect a child's underweight non-linearly. Lower and higher maternal BMIs seem to have a significant impact on the children underweight. There was also significant spatial heterogeneity and based on IDW interpolation of predictive values, the western, central, and eastern parts of the country are hotspot areas. Our analysis supports the flexible modeling of mother age, child age, and body mass index (BMI) of the mother. In addition to fixed effects and covariates, there is also considerable evidence of a residual influence on underweight.*

### **KEYWORDS:**

*Spatial distribution; Underweight; Semi-parametric Bayesian analysis; P- splines; BayesX; MCMC; Ethiopia.*

### 3.1 Introduction

The state of malnourished is characterized by an imbalance between the intake and need of nutrients, which leads to cumulative shortfalls of energy, protein, or micronutrients. These deficiencies can have adverse effects on several outcomes, including growth and development [58, 78]. It is often used synonymously with ‘undernutrition’. For children under five, malnutrition continues to be a leading cause of illness and death, especially in developing countries [52, 65]. Malnourishment, especially throughout a child’s first two years of life, causes nearly irreversible harm to their mental and physical health, poor school performance, decreased future income, frequent illness, and poor cognitive development. It also traps them in a never-ending cycle of disease [45, 41].

According to [73], malnutrition is the largest global health opportunity forfeited, causing serious risks to children’s health, particularly in low- and middle-income countries and one of the biggest threats to world health is combating it in all its manifestations. The Global Strategy for Children’s Health, to meet the need to eradicate malnutrition, diet-related goals from the 2030 Agenda for Sustainable Development and the Goal Action Plan for the Prevention and Control of Noncommunicable Diseases must be accomplished [55]. Severe acute malnutrition is the most severe form of malnutrition that ends many early childhood lives in countries facing nutrition crises, including Afghanistan, Somalia, Ethiopia, Kenya, Burkina Faso, Mali, Niger, and Yemen [51, 22]. Hence, improvements in the nutritional status of young children require a broad range of nutrition and health interventions [28], and understanding the factors that can lead to malnutrition also guides possible interventions by governments and development partners.

Based on the World Health Organization (WHO) Child Growth Standard, the three manifest indices of undernutrition are wasting, stunting, and underweight [72]. Stunting, which results from chronic or recurrent undernutrition, is characterized as low height for age, whereas wasting is described as low weight for height (severe weight loss). Furthermore, an underweight child may be wasted, stunted, or both. Underweight is described as having a low weight for age [72]. The Z-scores, which show how many standard deviations a child’s anthropometric index deviates from the median of the global growth reference population argued by the World Health Organization, are used to quantify these three anthropometric characteristics [89].

For a child  $i^{\text{th}}$ , the Z-scores ( $Z_i$ ) for each anthropometric variable (e.g., the weight-for-age) values are defined as follows:

$$Z_i = \frac{AI_i - MI}{\sigma} \tag{3.1}$$

Where:  $Z_i$  represents the Z-score for the  $i^{\text{th}}$  child.  $AI_i$  denotes an individual anthropometric characteristic (such as weight at a certain age). (MI) stands for the reference population’s median.  $\sigma$  represents the standard deviation.

The World Health Organization (WHO) Child Growth Standard (WCGSM) defines stunted children as those whose height-for-age z-score (HAZ) is less than the negative two-standard deviation (-2SD) from the median. A weight-for-age z-score (WAZ) of lower than two standard deviations (2SD) from the reference median indicates underweight status as well [72]. While both stunting and wasting are indicators of malnutrition, being underweight is often used as a broader measure of overall malnutrition because it considers both chronic and acute forms of malnutrition. It refers to a child who has a low weight for their age, which can be caused by both chronic and acute malnutrition [6]. Underweight children are at risk of stunting, wasting, and other health problems associated with malnutrition [70]. As well, weight can be measured more easily than height or body composition, and weight changes can be observed more quickly [64]. Therefore, underweight has been more widely used in surveys and studies aimed at assessing the prevalence of malnutrition in children [80], and this most visible and immediate recognition of underweight for malnutrition dedicated us to investigate it in our study rather than stunting and wasting.

Approximately 45 percent of child deaths under five globally are caused by undernutrition. It remains an epidemic in many developing countries, especially in sub-Saharan Africa [72, 5]. The prevalence of undernourishment in Ethiopia was 28.8 percent in 2015, and the country's prevalence is still higher than that in the region [1, 5]. Moreover, [75] state that malnutrition is the primary cause of underweight. It was estimated that there would be 101 million underweight children under five (16%) in the globe in 2011. Of those, 26.6% would be found in Africa. Additionally, 24% of Ethiopian children were underweight, according to the 2016 Ethiopian Demographic and Health Survey. Even though the past 15 years' chronic malnutrition trends indicate an improvement, 28 percent of child deaths in Ethiopia are associated with undernutrition [84]. One of the sustainable development objectives in the post-2015 development agenda is Goal 2, which is based on the idea of ending hunger. Despite this, target 2.2 of malnutrition—which aims to end all forms of malnutrition, including achieving targets on stunting, underweight, and wasting in children under the age of five, as well as address the nutritional needs of adolescent girls, pregnant and lactating women, and older persons—has not yet reached the end values for 2030 [68]. This high prevalence is an indication for us to investigate possible factors that could affect children underweight with a suitable statistical methodology yet.

There are many more causes of malnutrition than only dietary deficiencies. Poverty, political upheaval, altered weather patterns, dietary practices, sickness, the COVID-19 pandemic's effects on markets, services, and human movement, contaminated water supplies, poor sanitation, and a host of other complicated challenges are all part of the illustration [49]. Underweight malnutrition of under-five children in Ethiopia could be attributed to many different factors [65, 78, 52, 48]. Researchers also realized a significant correlation between the prevalence of under-five malnutrition in communities and metrical covariates like mother age, child age, and other body mass index. None of



these seems reassuring in terms of the nonlinear (flexible) influence of metrical variables on underweight. Furthermore, it was discovered that sociodemographic characteristics and geographic location were also strongly linked to child malnutrition. For this reason, nutritional interventions need to be carefully tailored to the residential location of the patients [48, 52]. Favorable socioeconomic circumstances contribute to a decrease in urban malnutrition, which in turn results in improved child and mother care practices [78].

Based on the different pieces of literature that have been done on malnutrition before, most of these researchers use a frequentist approach (e.g., generalized linear models (GLMs) and other forms of regression) to determine the associated factors for underweight [50, 89]. In consequence, the frequentist approach solely relies on the data to make statistical inferences and neglects prior knowledge about the parameter, which can make more informed predictions about the parameter value than would be possible based on the data alone [86]. According to [86], Bayesian inference works better than frequentist inference because it allows prior experience and expert opinion to be used in formulating a prior distribution. It eschews many of the difficulties encountered with classical inference and is more directly predicated on what one is interested in [34]. Bayesian regression allows for more flexible model specification, including the use of non-linear functions and more complex models that can capture interactions between variables. This flexibility can help to improve the accuracy of the model and provide better insights into the underlying relationships between the variables [40] and a powerful approach to disease mapping [59].

Given the literature we deal with, there are also few works carried out on Bayesian-Gaussian regression analysis of malnutrition. Even though [67, 7, 83] conducted a Bayesian-Gaussian regression analysis of malnutrition in Ethiopia using EDHS data, they did not consider geographical and sociodemographic effects of undernourishment among children simultaneously. Most of the earlier research on malnutrition [4, 33, 61, 69] relied on a frequentist approach for socio-demographic variables and assumed a linear relationship between the socio-economic variables (particularly the metrical covariates) and the outcome of interest. These studies were not flexible enough, and they neglected to simultaneously estimate the geographic association with underweight and the nonlinear effect of some covariates.

However, in the Bayesian semiparametric model, more adaptable additive predictors are employed instead of conventional linear predictors. The added flexibility enables the estimation of nonparametric effects related to metrical variables and spatial effects simultaneously. The significance of this approach is found in its ability to overcome a limitation of parametric models, which calls for strong assumptions on the functional structure of any nonlinear effects that are related to metrical variables [30, 57]. The Bayesian geoaddivitive model, which fully embraces the Bayesian method and relies on smoothness priors, has several advantages over other statistical models. First, it provides a principal way to incorporate prior knowledge or beliefs into the analysis. Second, it

allows for the propagation of uncertainty from the parameters to the prediction. Third, it provides a way to quantify the evidence in favor of different models or hypotheses [88].

Thus, in this study, we looked into the application of the Bayesian approach to geospatial regression to analyze the complex factors contributing to underweight malnutrition in children under five in Ethiopia based on the 2016 EDHS database. Unlike previous studies that predominantly employed a frequentist approach, our research incorporates more flexible and adaptive predictors, allowing for a simultaneous examination of geographic and sociodemographic effects within the Ethiopian context. Hence, the present study intends to analyze the spatial distribution at more localized units and also illustrate that assuming a linear effect for metrical covariates is always too rigid and can result in misleading findings in analysing health indicators. Additionally, the Bayesian geospatial model enhances the analysis by integrating prior knowledge and expert opinions, providing a robust framework for understanding the multifaceted causes of malnutrition. The smooth function captures the nonlinear relationship between the continuous covariates (metrical covariates) and the response variable, modeled by using a P-spline, and the spatial effect accounts for the spatial correlation, modeled using a Gaussian process [21, 46, 57]. The inference is performed using full Bayesian inference and efficient Markov chain Monte Carlo techniques (MCMC) techniques. The BayesX package in the R programming language is used for the analysis. For better visualization of the nonlinearity of metrical covariates on underweight, we use the Yeo-Johnson transformation, a power transformation method used in statistics to normalize data that may not follow a normal distribution, to improve the accuracy and reliability of models, especially when dealing with non-linear models [30]. Moreover, for the model fit comparison, we employed the deviation information criterion [79]. Overall, the Bayesian approach enhances our understanding of Ethiopia's patterns of malnutrition by combining statistical rigor with geographical context, and it also guides policymakers and stakeholder groups looking for solutions and effective nutritional interventions in the country

## 3.2 Materials and Methods

### 3.2.1 Study variables, data sources, and geography of Ethiopia

The study was conducted in Ethiopia using the 2016 Ethiopian Demographic and Health Survey data. EDHS 2016 was conducted from January 18, 2016, to June 27, 2016, based on a nationally representative sample that provides estimates at the national and regional levels as well as includes urban and rural areas. EDHS 2016 contains detailed information on the background characteristics of the respondents, fertility, marriage, and sexual activity, awareness, use of family planning methods, child feeding practices, nutritional status of women and children, and adult and childhood mortality. We receive permission to download EDHS 2016 data from <https://dhsprogram.com/Data/> after making a

reasonable request.

in EDHS 2016, valid geographic coordinates, sociodemographic, and anthropometric data were collected. In each selected household, mothers aged 15 to 49 were interviewed, and anthropometric measurements were taken on all children under the age of five in any family. 10,641 children with full anthropometric measures of underweight are included in 645 clusters from 11 regions. A report on the comprehensive methodology of the 2016 EDHS survey could have been found elsewhere [29]. Our study aims to develop a comprehensive model that considers statistical uncertainty and the geographical setting to better understand and manage underweight issues in early infants in Ethiopia. We employed flexible regression approaches to predict the effects of several factors of underweight. The geographic variance based on the child's place of residency was also considered, and the results indicate both nonlinear and linear relationships between these variables. Underweight status was assessed using standard Z-scores.

Malnutrition in children can result from several causes. Based on earlier research, we embarked on our study by looking at a wide range of covariates, including socioeconomic, demographic, health, and environmental characteristics of childhood malnutrition (see Table 3.1). One typical method in statistical modeling is to classify variables using deviation codes and it provides insights into the effects of categorical variables and makes it easier to include them in our models. Furthermore, one of the levels of the categorical variable is chosen as a baseline level, and the remaining levels are coded as the deviation from the baseline level [16]. Furthermore, to increase the quantity of data that was available, underweight was employed as a continuous variable.

Ethiopia is a federal republic consisting of nine regional cities (Afar, Amhara, Benshangul-Gumuz, Gambela, Harari, Oromia, Somalia, South African nationalities, and people (SNNP), Tigray), and two administrative towns (Addis Ababa and Dire Dawa). The capital city of the federal territory is Addis Ababa. The country, which has a total land area of 1,104,300 km<sup>2</sup> (426,372 m<sup>3</sup>), is in the Horn of Africa. Its longitude ranges from 33° to 48°, while its latitude is between 3° and 14.8°. The locations of each region are shown in Figure 1 for those unfamiliar with Ethiopia's terrain [29].

Table 3.1: Socioeconomic and Demographic Characteristics of childhood underweight in Ethiopia

<b>Covariates</b>	<b>Description</b>
Child's age (Cage_month)	Child's age in months
Region	Region where mother lives
Mother_BMI	Mother's Body Mass Index (BMI)
Mother's age (Mother_age)	Age of mother in years during childbearing age
Mother education	Mother's education level (categories: no education, primary, secondary, higher)
Child's sex	Child's sex (categories: male, female)
Availability of electricity	Availability of electricity (categories: yes, no)
Sex of household headed	Sex of the household head (categories: male, female)
Diarrhea level	Child's diarrhea level (categories: yes, no)
Anaemia level	Anaemia level of child (categories: severe, moderate, mild, not anemia)
Place of residence	Place of residence (categories: urban, rural)

1

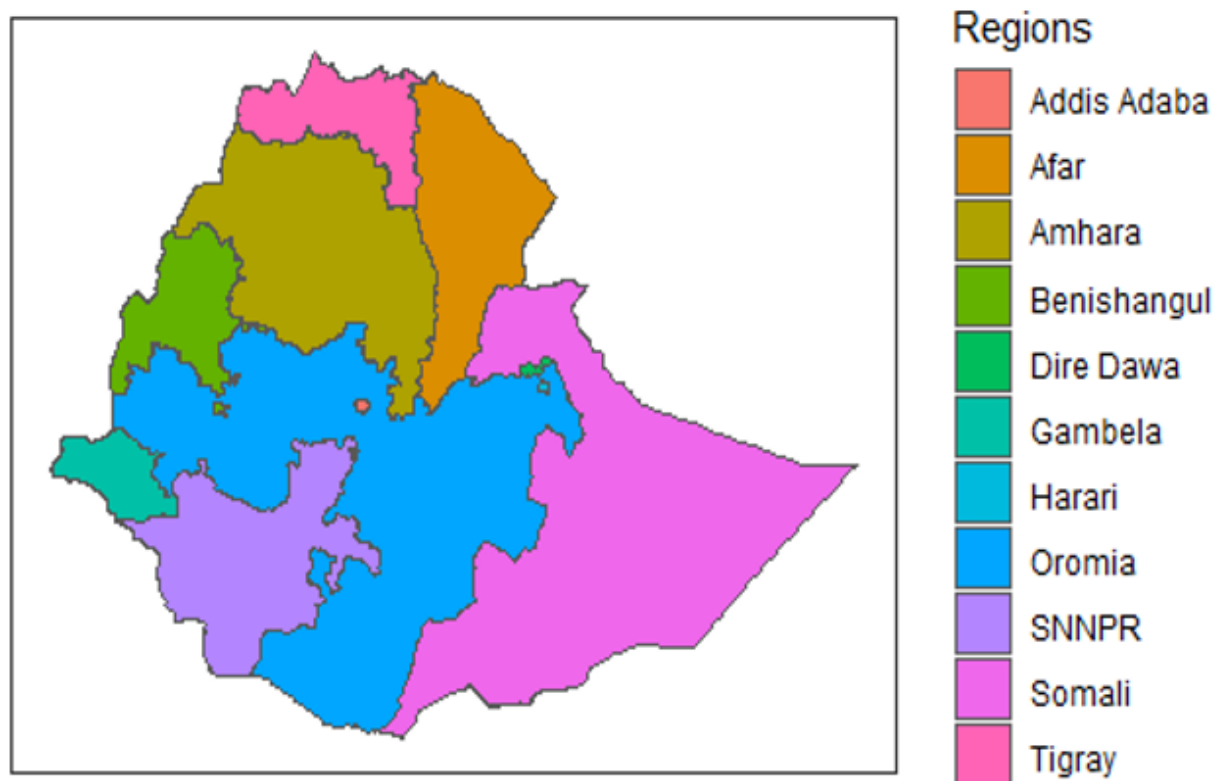


Figure 3.1: Maps of Ethiopia with its Regions

### 3.2.2 Bayesian Geo-additive Models

Bayesian geoaddivitive hierarchical models can combine Bayesian inference with geostatistical methods to model spatially varying relationships between a set of variables and a response variable [11, 25]. In this model, all unknown parameters are treated as random variables, and prior distributions are assigned to them based on available prior knowledge or beliefs. Then, given the data set, the posterior probability distribution of the parameter is updated using Bayes theorem [30]. More settings for geoaddivitive models within mixed models have been introduced by [46]. In addition, one of the main fields of statistical research for modeling the non-linear components of a Generalized additive model (GAM) is Bayesian geoaddivitive models. These models are required nowadays for a variety of applications that can handle both nonlinear spatial effects and the nonlinear effects of continuous covariates at the same time.[91].

Conventionally, the impact of sociodemographic variables on the response variable is modeled using the linear model as follows:

$$\eta_i = X_i\beta + \omega_i\gamma \quad (3.2)$$

With a vector of categorical variables,  $\omega = (\omega_i, \dots, \omega_p)$ , and metrical covariates,  $X = (x_i, \dots, x_p)$ , for each of the values of  $i = 1, \dots, 10641$ . The nonlinear impacts of metrical factors and categorical covariates on underweight childhood malnutrition were considered in our analytical investigation, and the categorical variables were coded by deviation coding.

Thus, for a set of observations  $(y_i, x_i, v_i)$ ,  $i = 1, \dots, n$ , on a continuous response  $y$ , a vector of continuous covariates (or metrical covariates)  $x = (x_1, \dots, x_p)$ , and  $(v_i)$  is a vector of further variables associated with each observation and can be expressed as a vector of additional covariates,  $\omega = (\omega_1, \dots, \omega_p)$ , the generalized additive model (GAM) for the cross-sectional data, we have an additive predictor  $\eta_i$  for observation  $i$ ,  $i = 1, \dots, n$ , and  $j = 1, \dots, p$  component is given by [43]:

$$\eta_i = f_1(x_{i1}) + \dots + f_p(x_{ip}) + \omega_i^T \gamma \quad (3.3)$$

Here, the linear combination  $\omega_i^T \gamma$  corresponds to the typical parametric part of the predictor, including the intercept term. The  $f_j(x_{ij})$  is a smooth function of the  $j^{th}$  covariates of the  $(x_{ij})$ , and  $f_1 \dots f_p$  are unknown smooth  $p^{th}$  degree polynomial function of the continuous covariates. We suppose that, given the covariates and unknown parameters,  $y_i$  is the Gaussian family distribution, with a common variance  $\sigma^2$  for all individuals for  $i, 1, \dots, 10641$ . For different function evaluations, the unknown function  $f_j$  in equation (2) is represented as  $f_j = (f_1(x_{i1}) + \dots + f_p(x_{ip}))' = \mathbf{X}_j \boldsymbol{\beta}_j$ , where  $\mathbf{X}_j$  is a design matrix, and vectors of unknown regression coefficients  $\boldsymbol{\beta}_j$  can be expressed as such.

$$f_j = (f_1(x_{i1}) + \dots + f_p(x_{ip}))' = \mathbf{X}_j \boldsymbol{\beta}_j \quad (3.4)$$

From Equation (3),  $f_j$  represented a metrical product of a deterministic, non-random design matrix  $\mathbf{X}_j$ , and a vector of unknown regression parameters  $\boldsymbol{\beta}_j$ . The unknown function  $\mathbf{f} = (f_1, \dots, f_p)$  denotes the evaluation of the function at observed values of  $\mathbf{x}$ .

By defining the  $n \times M$  design matrix  $\mathbf{X}$  with  $n$  observations and  $M$  covariates, where the element in row  $i$  and column  $p$  is given by  $X_{i,p} = (x_{ij})$ , the matrix notation of equation (2) can be rewritten as:

$$\eta_i = x_1 \beta_1 + \dots + x_p \beta_p + \omega_i^T \gamma \quad (3.5)$$

In this case,  $\boldsymbol{\beta}_j = (\beta_{j1} \dots \beta_{jm_j})^T$  gives the representation of the unknown regression coefficient vectors, and  $\omega$  is the matrix for the fixed effects design matrix. Since they are random variables, the unknown parameters for  $\boldsymbol{\beta}_j, j = 1 \dots p$  and  $\gamma$  must be supplied with the proper prior distributions[63]. The means of the unknown functions  $f_1 \dots f_p$  are not identifiable for the  $p$ th degree polynomial smooth functions of continuous covariates. Constraining the mean values of smooth functions is necessary for robust statistical modeling to maintain identifiability [3], i.e

$$1/(\text{range}(x_1)) = \int_{x_j} f_1(x_j) dx_j = 0 \quad (3.6)$$

Throughout each sampler iteration, we center the functions  $f_j$  about their means in Bayesian estimation using Markov Chain Monte Carlo (MCMC) to preserve identifiability while estimating the unknown parameters. We then add the subtracted means to the intercept term ( $\omega_i^T \gamma$  [95]).

To account for the spatial variation in response, we introduce a spatial effect denoted as  $f_{\text{spat}}$  into equation (2). This modification leads to the development of geoaddivitive models, as proposed by [46]. In these models, we simultaneously consider the nonlinear effects of metrical, categorical, and spatial covariates (specifically the child's regions of residence) in assessing underweight in childhood. Therefore, by replacing the strictly linear predictive equation (2) with a more flexible geoaddivitive model, we arrive at the general form of the Bayesian geoaddivitive model as:

$$\eta_i = f_1(x_{i1}) + \dots + f_p(x_{ip}) + f_{\text{spat}}(s_i) + \omega_i^T \gamma \quad (3.7)$$

Centered on its application, the spacial effect may be further split into an uncorrelated (unstructured) and a spatially correlated (structured) effect [46] as:

$$f_{\text{spat}} = f_{\text{str}} + f_{\text{unstr}} = X_{\text{str}} \boldsymbol{\beta}_{\text{str}} + X_{\text{unstr}} \boldsymbol{\beta}_{\text{unstr}} \quad (3.8)$$

The function  $f_{\text{spat}}$  represents the geographical effects of spatial variables  $s \in \{1, \dots, S\}$

indicating regions in a country. The rationale behind for incorporation of the spatial effect functions was to surrogate of several unobserved impacting variables associated with geographic data. While some of these components have a significant spatial structure, others are more localized. To separate these two categories of relevant elements, we estimate the structure and unstructured effect. Using Markov random field priors for the regression coefficients is a typical method for simulating the linked spatial impact  $f_{\text{str}}$  when working with data seen on an irregular or regular lattice [9].

### Prior distribution

The prior distribution in Bayesian geosadditive models serves as a regularization and a mechanism to incorporate prior knowledge or beliefs about the model parameters, which can improve the model’s estimation and prediction performance [30]. The unknown parameters,  $f_1 \dots f_p$ ,  $f_{\text{str}}$ ,  $f_{\text{unstr}}$ , and an uncertain parameter  $\gamma$  and  $\delta^2$  are regarded as random variables, hence the proper prior distributions must be added to them[63]. This prior distribution represents information about  $f_1 \dots f_p$ ,  $f_{\text{str}}$ . The posterior distribution is then used to guide subsequent conclusions by combining the prior distribution with the probability distribution of the new data. Deciding an appropriate prior distribution is the main issue for a particular application, and for any scenario, there is a prior distribution that is justified by notions from decision theory [35].

### Priori for metrical covariates

Specifying smoothness priors is important to avoid overfitting and improve the accuracy and interpretability of statistical models. It encourages the model to fit the data in a way that is consistent with prior knowledge or beliefs about the relationship between the covariates and outcome [32].

A range of alternatives have been put out to defining smoothness prior to metrical variables, including autoregressive priors (random walk priors), Bayesian P-splines, and the Bayesian smoothing splines [30, 57, 42]. From these methods of smoothness prior specification, Bayesian P-splines (the P-splines) are a powerful tool for nonparametric regression analysis that offer advantages over other Bayesian methods such as Bayesian smoothing splines and random walk priors in terms of computational efficiency, flexibility, and interpretability [14, 57]. Then, we will focus on P-splines, the most parsimonious parameterization in a Bayesian framework where inference is based on MCMC techniques.

Based on the definition of splines of degree  $l$  on the set of knots with equal spacing, the P-splines assume that the unknown smooth function  $f_j$  of the metrical variables  $x_j$  may be estimated as  $\zeta_j \in [\zeta_0, \zeta_r]$  in the domain of  $x_j$ , i.e.  $(x_{j\min} = \zeta_{j0} < \zeta_{j1} < \dots < \zeta_{(jr_j-1)} < \zeta_{(jr_j)} = x_{j\max})$ . Furthermore, the P-spline or penalized splines assume that the influence of a covariate  $x$  may roughly be represented by a polynomial spline expressed as a linear combination of the B-spline basis function. Subsequently, such a spline may be expressed as a linear combination of  $M_j = r_j + l$  B-spline basis functions  $\beta_{jp}$ [21].

$$f_j(x_j) = \sum_{t=1}^m \beta_{jp} \beta_{jp}(x_j) \quad (3.9)$$

The locally specified basis functions  $\beta_{jp}$  are nonzero only in the domain encompassed by  $2 + l$  knots. We take the number of knots in each notation to be the same,  $M = M_j$ , for each function  $f_j$ .

The choice of the number of knots in a P-spline is an important decision that can have a significant impact on the resulting model's performance. If the number of knots is too small, the P-spline may not capture the underlying structure of the data adequately, resulting in underfitting or bias in the model. However, if there are too many knots, the P-spline may overfit the data, resulting in a model that performs well on the training set but poorly on new, unproven data [77]. The knots divide the range of the input variable into a series of intervals, and the spline function is defined by a set of basis functions that are used to model the data within each interval [26] and the number of knots in the P-splines fitting process should be between 20 and 40. This reasonable number of knots is used to guarantee sufficient smoothness of the fitted curve by defining a roughness penalty and overcoming the challenge of regression splines based on first or second-order differences of neighboring B-spline coefficients. Furthermore, knots may be automatically calculated throughout the fitting process, negating the need for the user to specify them directly.

From Equation (4), the unknown regression coefficients  $\beta_j = (\beta_{j1} \dots \beta_{m_j})^T$  and  $\gamma$  can be estimated by penalized likelihood.

$$L = l(y, \beta_1 \dots \beta_p, \gamma) - \lambda_1 \sum_{m=k+1}^{m_j} (\Delta^k \beta_1 l)^2 - \dots - \lambda_p \sum_{m=k+1}^{m_j} (\Delta^k \beta_p l)^2 \quad (3.10)$$

From this equation,  $\lambda_j$ ,  $j = 1, \dots, p$  is the smoothing parameter, a trend of smoothness and flexibility, and  $\Delta^k$  is the difference operator of order  $k$ . This function should be maximized for unknown regression coefficients  $\beta_1 \dots \beta_p$  and  $\gamma$  to find the unknown regression coefficients. However, it becomes challenging to find an optimal solution when the model has a large number of smoothness functions [56].

For a given effect parameter  $\gamma$ , we assume an independent diffusion prior, and for  $j = 1, \dots, p$ , we assume that  $\gamma_j \propto \text{constant}$ . Under the assumption of distinct diffusion priors, we allow for independent parameter development, which may lead to more flexible and understandable models [96]. The characterization of priors for the nonlinear function's regression parameter  $\beta_j$  involves substituting the various penalties with their stochastic equivalent in Equation (8). We employ stochastic difference penalties, such as first- or second-order random walks, as priors for regression coefficients in Bayesian modeling. The first-order difference,  $\beta_{jm} - \beta_{(j,m-1)}$ , penalizes abrupt jumps between consecutive



parameters; the second-order difference,  $2\beta_{jm} - \beta_{(j,m-2)}$ , penalizes deviations from the linear trend. These random walks give modeling flexibility, and they are specified as:

$$\beta_{jm} = \beta_{(j,m-1)} + u_{jm} \quad \text{or} \quad \beta_{(j,m-1)} = 2\beta_{(j,m-1)} - \beta_{(j,m-2)} + u_{(j,m)} \quad (3.11)$$

Where  $p(\beta_{j1})$ ,  $p(\beta_{j2})$  are diffusion errors,  $u_{jm}$  is the Gaussian error, which follows  $\sim N(0, \tau^2)$ , and the  $\alpha$  constant denotes for initial values. As a specific situation, first and second random walk processes may be thought of as P-spline degree  $l = 0$  [30]. As a product of the conditional densities, the joint distribution of the regression parameter may be simply determined. Thus, in equation (4), the parameter vector  $\beta$ 's prior distribution may thus be expressed in terms of globally smoothness priors as:

$$P(\beta_j | \tau_j^2) \propto \exp\left(-\frac{1}{2\tau_j^2} \beta_j^T K_j \beta_j\right) \quad (3.12)$$

Where the penalty matrix  $K_j$  is used in regularization techniques such as ridge regression and smoothness priors. In many instances, the values of  $k_j$  tend to fall short of the expected rank, resulting in partially inappropriate priorities for  $\beta_j$ . This suggests that  $\beta_j | \tau_j^2$  adheres to a certain improper Gaussian prior,  $\beta_j | \tau_j^2 \sim N(0, \tau^2 K^-)$ , where the generalized inverse of the penalty matrix  $K$  is denoted by  $K^-$ . The inverse smoothing parameter, or variance parameter  $\tau_j^2$ , regulates the trade-off between the smoothness and flexibility parameters. Smoother solutions are encouraged by the term  $\beta_j^T K_j \beta_j$ , which penalizes the complexity of the model [23].

We employ Gamma distribution hyperpriors for variance  $\tau_j^2$  in complete Bayesian inference. These hyperpriors are weakly informative, so we may keep our flexibility while including prior information. Specifically, we assume that  $\tau_j^2$  will have an inverse Gamma distribution with parameters  $\alpha_j$  and  $b_j$ :  $\tau_j^2 \sim \text{IG}(\alpha_j, b_j)$ . The normalization's impact is minor when  $\alpha_j = b_j$  is set to its default value of 0.001. This decision integrates the effect of the prior with the likelihood of the data, ensuring that the distribution of posteriors incorporates information from both sources. In Empirical Bayes Inference, we use  $\tau_j^2$  as an unknown constant instead of defining a hyperprior. The value of  $\tau_j^2$  is extracted directly from the data using methods such as restricted maximum likelihood (REML). A more data-driven approach to computing variance is provided by REML estimates, which also take the uncertainty in the fixed effects into account. The penalty matrix  $K_j$  is used in regularization techniques such as ridge regression and smoothness priors.  $K_j = D^T D$  is the formula for  $K_j$ , in which  $D$  represents the difference matrix of first or second order. This matrix captures the smoothness or sparsity assumptions on the parameters [36].

### Prior Dispersion for the spatial effect

In geospatial models, the prior can be used to incorporate spatial dependence into the model parameters, where neighboring regions are assumed to have similar effects. The

spatial prior can be based on distance, adjacency, or any other form of spatial relationship, and can help improve the model's estimation accuracy and prediction performance [46]. Prior to the spatial effect of Bayesian spatial analysis, which is based on the Markov random field (MRF), the spatial effect at each location depends on the spatial effects at neighboring locations. Moreover, the advantage of the Markov random field is its flexibility in modeling spatial dependence. The MRF prior is specified using a neighborhood structure, which describes the relationships between neighboring locations. The prior assumes that the spatial effects at neighboring locations are dependent on each other and that the dependence decays with distance. The strength of the dependence is controlled by a spatial parameter, which can be estimated from the data [20].

We selected Markov random field priors (MRFs) for spatially correlated effects,  $f_{\text{str}}(s)$ ,  $s \in \{1, \dots, S\}$ . These priors reflect spatial neighborhood relationships and represent the probability distributions of a variable modeled as a product of local conditional probabilities that depend only on the values of neighboring variables [60]. With spatial analysis and modeling techniques, including spatial clustering, spatial autocorrelation analysis, and spatial regression, two areas,  $r$ , and  $s$ , are considered neighbors if they have a common border. This is based on the idea that neighboring regions tend to have more similar characteristics and may interact more frequently than non-neighboring regions [39].

Every observation in the random walk model is a function of the one before it and the random error term. However, in a spatial context, observations that are close to each other are likely to be correlated due to spatial dependence. Hence, previous observations and random error terms may not be sufficient to explain the current observation. To account for spatial dependence, the conditional and spatial autoregressive specifications include spatial lag terms in the model. These spatial lag terms capture the influence of neighboring observations on the current observation, and this specification allows for the spatial dependency to be modeled, which can improve the accuracy of the model prediction [24].

The model can be written as:

$$f_{\text{str}(s)}/f_{\text{unstr}(r)}, r \neq s, \tau^2 \sim N \left( \sum_{r \in \partial s} \frac{f_{\text{str}(s)}}{N_s}, \frac{\tau^2}{N_s} \right) \quad (3.13)$$

Where the conditional means,  $f_{\text{str}(s)}$  are an average of the functional evaluation  $f_{\text{str}(s)}$  in neighboring regions,  $\tau^2$  is the variance that determines the degree of smoothness, and  $N_s$  is the sum of adjacent sites.  $r \in \partial s$  represents the set of neighbors of site  $s$ .

The Gaussian distribution with independent and identical distribution (iid) is a common prior assumption for spatially uncorrelated effects  $f_{\text{unstr}}$ , because Gaussian (iid) is more flexible and a more popular choice for modeling uncorrelated data [57]. With spatially uncorrelated effects, the model can be written as:

$$f_{\text{unstr}}|\tau_{\text{unstr}}^2 \sim N(0, \tau_{\text{unstr}}^2) \quad (3.14)$$

For  $j = 1, \dots, p$ , str, and unstr, the variance and smoothness parameter for complete Bayesian inference  $\tau_j^2$  are unknowns that are estimated concurrently with the corresponding unknown function  $f_j$ . As a result, at the second level of the hierarchy, they are given hyperpriors using a dispersed inverse gamma distribution,  $P(\tau^2) \sim \text{IG}(a_j, b_j)$  with known hyperparameters. The conventional values of these hyperparameters are  $b = 0.005$  and  $a = 1$  or  $a = 0.001 = b$ , which is close to Jeffrey's noninformative prior [81].

### Posterior inferences

The posterior inference in fully Bayesian models, such as Bayesian geo-additive models, is usually carried out through the use of Monte Carlo Markov Chain (MCMC) techniques, which provide a sample based on the posterior distribution [8]. Using Monte Carlo Markov Chain (MCMC) simulations techniques, we may utilize the posterior distribution of the parameter of interest to compute a credible interval in Bayesian geoaddivitive regression models. The credible interval in Bayesian geoaddivitive regression models provides a range of values for a model parameter, such as a regression coefficient or a variance component, that is likely to contain the true value of the parameter with a certain degree of probability, typically expressed as a percentage [40]. These credible intervals rely on the posterior distribution of the parameter which considers both the observed data and any prior information [18].

In MCMC sampling, we can compute the statistical properties of a posterior distribution as long as we have a sufficient number of simulated samples from that distribution. i.e.

$$E(f_j)_p = \frac{1}{N} \sum_{i=1}^N (f_j)^{(i)} \quad (3.15)$$

In this case,  $f_j$  is the intended expectation,  $P$  is the posterior likelihood distribution of desire, and  $(f_j)^{(i)}$  is the  $i$ th simulated sample from  $P$

The stationary distribution of the Markov chain is the goal of the posterior distribution in these MCMC techniques, which are iterative algorithms that thrive in a Markov chain. The chain converges to a target distribution once a sufficient number of iterations of the method are performed, and the sample that results may be used to estimate posterior summaries such as the median, mean, quartiles, standard deviation, and credible interval [57]. Let  $\tau$  and  $\alpha$  be all unknown parameters in the model and the vector of variance components, respectively (for  $\alpha = (f, f_{\text{str}})$ ). Considering independent conditions, the Bayesian inference relies on a posterior distribution, and it seems like:

$$P(\alpha) \propto L(y, \beta_1, \dots, \beta_p, f_{\text{str}}, f_{\text{unstr}}, \gamma, \sigma^2) \prod_{j=1}^p (p(\beta_j|\tau_j^2)p(\tau_j^2)) p(f_{\text{str}}|\tau_{\text{str}}^2)p(\tau_{\text{str}}^2)p(f_{\text{unstr}}|\tau_{\text{unstr}}^2)p(\tau_{\text{unstr}}^2)p(\gamma)p(\sigma^2) \quad (3.16)$$

The vector  $\beta_j = (\beta_{j1}, \dots, \beta_{jm_j})'$  corresponds to unknown regression coefficients vectors for

$f_j$ . For all unknown parameters, the full conditionals of the vectors  $f_{\text{str}}$ ,  $f_{\text{unstr}}$ , and fixed effect parameter  $\gamma$ , as well as the full parameter vector conditionals  $\beta_1, \dots, \beta_j$ , have known distributions. Since the variance component's marginal probability depends intricately on the data, it lacks a straightforward family of conjugate prior distributions. However, the inverse gamma family is conjugate, and the inverse gamma distribution may be observed in the full conditionals  $\tau_j^2$  of  $j = 1, \dots, p$ , str, unstr, and  $\delta^2$  [36].

### Modell goodness of fit criteria

As part of any modeling exercise, it is usually of interest to assess how well a given model describes given data. To this end, several measures have been devised to help in this regard. The first of these is a deviance-based measure called Deviance information criteria (DIC). Second the WAIC or Watanabe Akaike information criteria and posterior predictive loss, and cross validatory measures [37]. The deviance information criteria (DIC) The deviance information criteria have been proposed by Spiegelhalter et al., (2000), and widely used in Bayesian modeling is defined as

$$\text{DIC} = 2E_{\theta/y}(D) - D(2E_{\theta/y}, (\theta)) \quad (3.17)$$

Where  $D(\cdot)$  is the deviance of the model and  $y$  is the observed data while DIC is based on a comparison of average deviance ( $\bar{D}$ ) =  $-2 \sum_{g=1}^G l(y|\theta^g)/G$ , and then deviation of the posterior expected parameter estimated posterior distribution  $\hat{\theta}$ ,  $\hat{D}_\theta = -2l(y|\hat{\theta})$ . For any sample parameter value  $\theta^g$ , the deviance is  $\bar{D}(\theta^g)$ . The effective number of parameters (pD) is estimated as  $\hat{pD} = \bar{D} - \hat{D}_\theta$ .

$$\text{DIC} = \bar{D} + (\hat{pD}) = 2\bar{D} - \hat{D}_\theta \quad (3.18)$$

An estimator ( $\widetilde{pD}$ ) proposed by [35], is used to calculate the effective number of parameters in the model, and it serves as a proxy for its complexity. This counts the number of factors that influence the models that fit the Bayesian model and can benefit from the use of this estimator. The estimator contains the following terminology:

$$\widetilde{pD} = \frac{1}{2(G-1)} \sum_{g=1}^G (\theta^g - \bar{D})^2 \quad (3.19)$$

Where  $G$  signifies the quantity of chains (samples derived from the posterior distribution),  $\theta^g$  indicates the values of the parameters in each chain, and  $\bar{D}$  is the average deviation over every chain. A higher ( $\widetilde{pD}$ ) value denotes more complexity as a result of more significant parameters. It improves our comprehension of the model's deviation from a more basic model (one with fewer parameters).

As an alternative, we may compute ( $\widetilde{pD}$ ) directly from sample output obtained from the chains using tools such as R2WinBUGS. Additionally, DIC is a useful tool for model evaluation and selection since it achieves a compromise between completely informative

and noninformative priors. This estimator can shed light on the parameter contribution and overall model complexity in Bayesian models. Data analysis and graphics were done using R program v4.3.0 in BayesX and R2BayseX packages, and The QGIS v1.8 was used for the generation of maps.

## 3.3 Results and discussions

### 3.3.1 Results

#### 3.1.Descriptive statistics

Our study in Bayesian semiparametric geoadditive modeling of underweight among under-five children in Ethiopian attempts to explore demographic and socioeconomic factors, the presence of regional variation in Ethiopia regions, and to contribute result-based nutritional interventions for policymakers and health practitioners to develop effective strategies for the under-five children in Ethiopia. In this study, metrical covariates with a nonlinear trend, covariates with a fixed effect, and spatial effects were considered. All are treated by the Bayesian framework to assign appropriate priors with various forms and levels of smoothness. To summarize the characteristics of the covariates (see Table 3.2), the mean of underweight (weight-for-age z-score) was 1.28 in standard deviation. In our settings, based on the child's and mother's lives, 81.45% of these children live in rural and the remaining 18.55 of them live in urban areas. Among the mothers who were of childbearing age, about 6838 (64.27%) of them had no education, 2678 had completed their primary education, 734 of them had secondary education and 391 of them had completed their secondary education. Besides, from all the children we consider from 2016 EDHS data, 8826 developed diarrheal and the number of children who did have not diarrheal during the survey was only 1090. .

Table 3.2: Description of socioeconomic, demographic and metrical variables for underweight

<b>Factors</b>	<b>Frequency</b>	<b>Percentage</b>	<b>Coding</b>	
<b>Mother education</b>				
No education	6838	64.27	1	
Primary	2678	25.7	2	
Secondary	734	6.89	3	
Higher	392	3.68	4	
<b>Child's sex</b>				
Male	5483	51.53	1	
Female	5158	48.43	2	
<b>residency</b>				
Rural	8667	81.45	1	
Urban	1974	18.55	2	
<b>Availability of electricity</b>				
Yes	2367	22.53	1	
No	8141	77.48	2	
<b>Anaemia level</b>				
Severe	311	3.99	1	
Moderate	2531	32.47	2	
Mild	1849	23.73	3	
Not anaemia	3104	39.83	4	
<b>Diarrhea level</b>				
Yes	8826	89.01	1	
No	1090	10.9	2	
<b>Sex of household headed</b>				
Male	8383	78.78	1	
Female	2258	21.22	2	
<b>Metrical covariates</b>				
	<b>Min.</b>	<b>Max.</b>	<b>Sd</b>	<b>Mean</b>
Child's age in months	0	59	16.65	28.58
Mother age	15	49	29.23	6.65
Mother's BMI	11.73	83.85	3.43	20.73
Underweight	-5.92	4.92	1.28	-1.045

Apart from the descriptive statistics, the Yeo-Johnson transformation (see Figure 3.2) visualizes a range of values that are used to group data into categories for the purpose of detail visualization [90]. For example, by taking the bin visualization between the child's age and underweight, underweight is not constantly decreasing against the child's age (see the left plot of Figure 3.2). The plot undergoing the oscillation moves back and forth from the child's age between 20-40 months and then remains constant to the right. Similarly, as a mother's BMI increases, underweight will improve, but there is a threshold point. Any increase in BMI will worsen underweight. At low levels of maternal BMI, underweight is low (see the right plot of Figure 3.2). Furthermore, underweight will decline when the values of the mother's BMI increase for longer. This is evidence that the effects of

children being underweight are not a constantly increasing or decreasing trend for each value of mothers' BMI. Therefore, from the Yeo-Johnson transformation visualization, the metrical covariates like the mother's BMI, the child's age, and the mother's age at birth are good candidates for the nonlinear effects on children underweight based on the EDHS 2016 dataset.

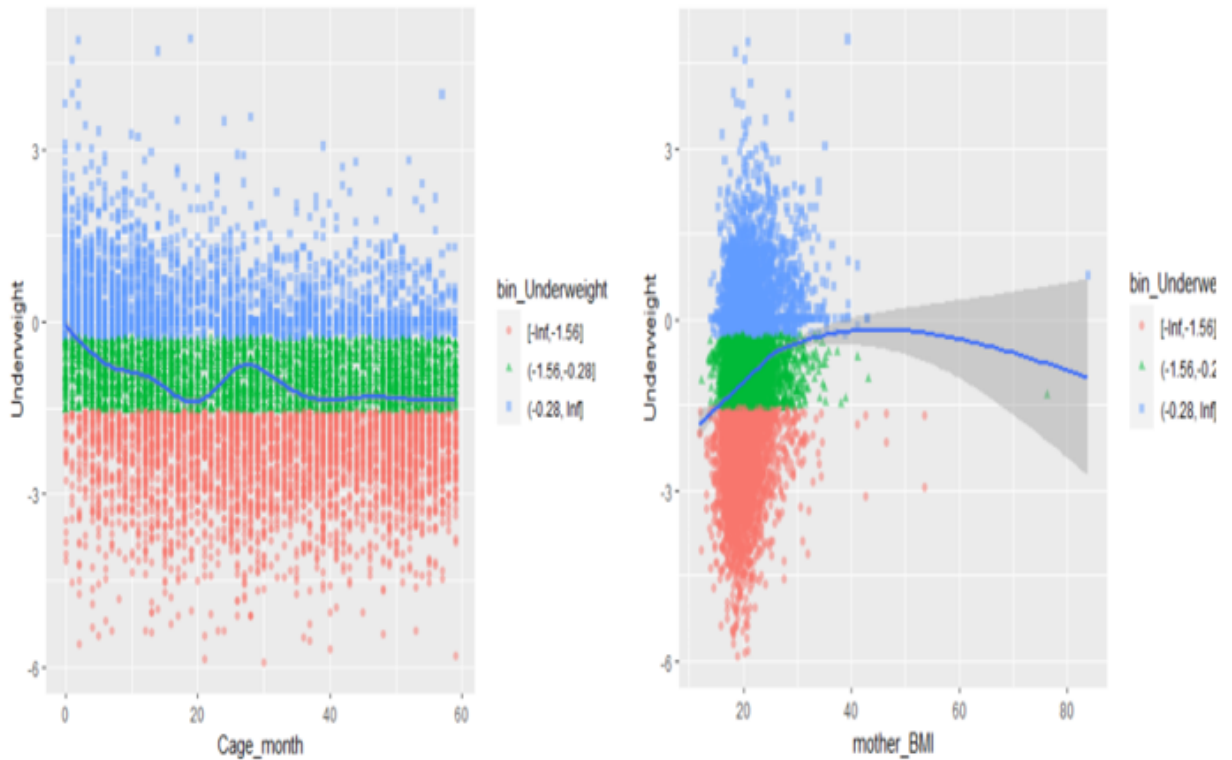


Figure 3.2: Yeo-Johnson transformation visualization of metrical covariates on underweight

In the Bayesian geoadditve model, the histogram of the model parameter estimates is expected to show a smooth and center distribution, while the density plot shows the posterior distribution of the parameter [10]. As shown in Figure 3, the smoothness of the histogram indicates that the model is well-calibrated, and the data is well-represented by the chosen model and the assigned prior's distribution. Besides, the distribution is roughly symmetric, centered around the posterior mean (see Figure 3.3). Hence, these no more discrepancies between the histogram and density plot to the model prediction tell us that the Bayesian geoadditve model is a feasible alternative for our inference.



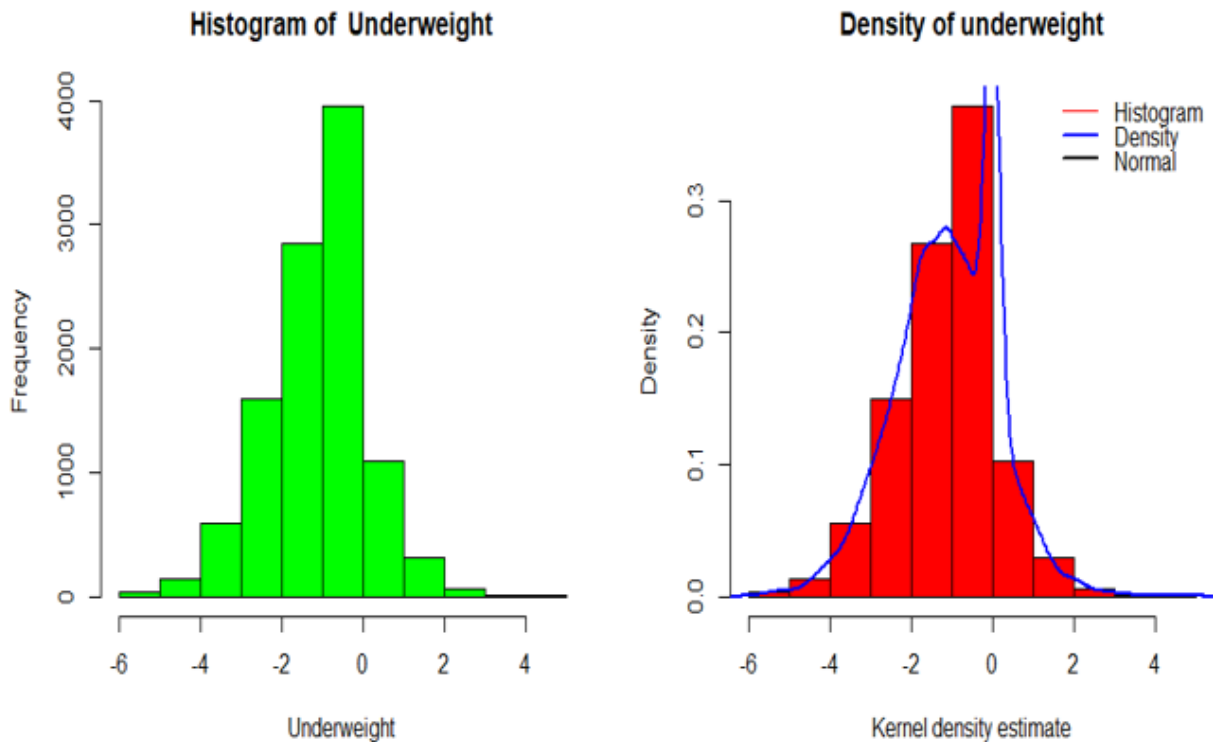


Figure 3.3: Distributions of underweight A) Histogram; B) Kernel Density Estimate

### Bayesian geo additive model

We employed the Bayesian geoaddivitive statistical procedure that worked together with the BayesX stepwise selection method to identify various covariates that have an impact on underweight. The fixed effects and smooth term variance of the geoaddivitive Gaussian model are given in Table 3-4. From the tables, the value of 50% represents the median or most probable estimate of the coefficient, while the 2.5% and 97.5% quartiles represent the lower and upper bounds of a 95% credible interval [66]. A 95% credible interval can be used to estimate the statistical importance of variables in the Bayesian framework. If a parameter's credible interval excludes zero, then the parameter is likely statistically significant [37].

As shown in Table 3.3, the results of the fixed effect are as expected. Female children, absence of electricity, severe diarrhea, moderate anemia, and primary, secondary, and higher education were statistically significant at the 5% level. However, living in an urban area and being the female head of a household are not statistically significant. Therefore, the findings suggest that female children are at a higher risk of being underweight than male children. Children born to mothers with secondary and higher education levels, who had electricity in their house during their pregnancies are at lower risk of underweight malnutrition compared to children born to mothers with a primary and lower education level and who couldn't obtain electricity.

Furthermore, in comparison to the reference group of male children, the estimated mean of the effect of female children on underweight is 0.0837 with an estimated standard

deviation of 0.023 (see Table 3.3). These results suggest that the effect of the female children on underweight malnutrition is likely positive and relatively precise and estimated to be around 0.0837 units higher than the male children's on average with a 95% credible interval lies between 0.0371 and 0.1293 units. Furthermore, the quantile values of 2.5%, 50%, and 97.5% the posterior distribution of the effects of female children are 0.0371, 0.0840, and 0.1293, respectively. Similarly, the effect of the absence of electricity on underweight is likely negative and is estimated to be around -0.1976 units higher than the reference level (the presence of electricity) on average, with a 95% probability that the true effect lies between -0.2746 and -0.1158 units.

Table 3.3: Posterior estimate of the fixed effect parameter for underweight in Ethiopia

<b>Covariates</b>	<b>Mean</b>	<b>SD</b>	<b>2.5% quantiles</b>	<b>50% quantiles</b>	<b>97.5% quantiles</b>
Intercept	-1.1037	0.3060	-1.7565	-1.0935	-0.5333
Sex of child (Ref = Male*)					
Female (R)	0.0837	0.0225	0.0371	0.0840	0.1293
Residence (Ref = Rural*)					
Urban	0.0296	0.0451	-0.0610	0.0302	0.1160
Availability of electricity					
Yes*					
No (R)	-0.1976	0.0418	-0.2746	-0.1977	-0.1158
Sex of the household headed					
Male*					
Female	-0.0521	0.0294	-0.1098	-0.0525	0.0074
Diarrhea level					
No*					
Yes (R)	0.2161	0.0317	0.1534	0.2174	0.2780
Anaemia level					
Not anaemic*					
Severe (R)	-0.5319	0.0533	-0.6323	-0.5343	-0.4189
Moderate (R)	0.2998	0.0239	0.2529	0.2988	0.3456
Mild (R)	0.0139	0.0276	-0.0421	0.0146	0.0663
Mother education					
No*					
Primary (R)	-0.0946	0.0265	-0.2796	-0.0941	-0.0424
Secondary (R)	0.1232	0.0375	0.0441	0.1241	0.1939
Higher (R)	0.2277	0.0265	0.2796	0.2272	0.1754

\*: reference group, (R): significance

Likewise, Table 3.4 represents the degree of smoothness of the function being estimated, typically referring to the variance parameters associated with the smooth terms in an additive model of metrical covariates. It shows the estimated mean of the variance, the estimated standard deviation of the variance, the 2.5% and 97.5% quartiles of the posterior distribution of the variance, the estimated the estimated median (50% quartile) of the posterior distributions of the variance for spatial and metrical covariates. Thus, the child’s and mother’s age, and mother’s BMI are significant predictors of being underweight in Ethiopia. The spatial effects are also quite significant suggesting that the socioeconomic variables are unable to account for the consideration portions of this regional spatial effect.

When considering the metrical variables, the estimated mean of the variance, the estimated standard deviation of the variance, and the 50% quantile of the posterior distribution of the variance of children’s age are 1.6961, 1.2180, and 1.3796, respectively. Besides, the 2.5% and 97.5% quartiles of the posterior distribution of the variance for the child’s age are 0.05 and 0.15, respectively. The estimated mean of the spatial random effect variance (sx (spatial effect)) is 0.3047. This shows that there is spatial variation in underweight that is not explained by the other covariates in the model, and there is a 95% probability that the true variance for the spatial random effect lies between 0.0721 and 0.7589 based on the data and the model. This table also shows the hyperparameter of error variance (Sigma2), which is the amount of variation in the response variable that is not explained by the covariates and the spatial effects. A smaller value of error variance indicates that the model can explain large proportions of the variation in the response variable, while a larger value of error variance indicates that there is more random variability in the response variable that is not explained by the model [13]. In conclusion, this output indicates that the estimated posterior mean value of Sigma2 is 1.3511, with a relatively small standard deviation of 0.0187 and a 95% credible interval. The scale parameter Sigma2 is also likely statistically significant.

Table 3.4: Posterior estimate of the Smooth term’s variances and Scale estimate for underweight malnutrition

<b>Smooth term variances</b>	<b>Mean</b>	<b>SD</b>	<b>2.5%</b>	<b>50%</b>	<b>97.5%</b>	<b>Min</b>	<b>Max</b>
sx(Child age/month) $\textcircled{\text{R}}$	1.6961	1.2180	0.4691	1.3796	4.8556	0.3018	14.9313
sx(spatial effect) $\textcircled{\text{R}}$	0.3047	0.1819	0.0721	0.2690	0.7589	0.0392	1.7381
sx(Mother’s age) $\textcircled{\text{R}}$	0.0114	0.0181	0.0007	0.0055	0.0604	0.0003	0.1588
sx(mother’s BMI) $\textcircled{\text{R}}$	0.4226	0.9056	0.0322	0.1890	2.1381	0.0142	11.4281
Scale estimate							
Sigma2	1.3511	0.0187	1.3154	1.3510	1.3892		

N = 10641, burn in = 2000, method = MCMC, family = Gaussian, Iteriation = 1200, steps = 10, SD = standard deviation  $\textcircled{\text{R}}$ = significance

The 95% credible interval indicates the range of values that the true variance is likely to fall within with 95% probability, while the 80% credible interval will give a narrower range of values with 80% probability [37]. The posterior means, together with the credible intervals of metrical covariates (mother's age, BMI, and child's age), of underweight have been shown in Figure 3.4. From these figures (see Figure 3.4), the shaded area for each metrical covariate provides a way to visualize the uncertainty in our predictions for each metrical covariate and the underweight in our analysis. The wider the shaded area, the more uncertain our predictions are, while the steeper the black line, the stronger the relationship between metrical covariates and underweight.

The top left in Figure 3.4 reveals that a child's age has a large nonlinear impact on underweight, particularly between the ages of 0 and 10 months. During this time, the child's underweight gradually worsens, following an almost linear pattern. This indicates that the chance of being underweight increases progressively as the child grows older. However, after 10 months, the tendency changes and stabilizes at a moderate level between the ages of 15 and 25 months. This means that, while the danger of malnutrition remains, it does not grow as fast as it did previously, and the child's nutritional status stabilizes to some extent. This might occur if younger children are more sensitive to underweight malnutrition owing to a lack of access to proper food and healthcare, while older children are more likely to be influenced by social and environmental variables such as poverty and food insecurity [84]

A mother's BMI and her child's weight for age have a nonlinear relationship, as seen in Figure 4's bottom left panel. According to the graph, the association between the mother's BMI and her child's weight-for-height for the z-scores appears to be an inverted U shape. This suggests that when BMI rises above the minimum of 12, the child's weight-for-height in Z-score rises as well (i.e., there is less underweight). However, a higher maternal BMI above 50 seems to have a significant impact on the child's underweight (high underweight). According to our result, maternal BMI between 12 and 50 is an optimal range of maternal BMI (between 12 and 50) that is associated with lower levels of underweight in children. A BMI of less than 20 may have a lower Z-score of weight-for-height for their children compared to mothers with a higher BMI, which could indicate that the child maybe undernourished or not growing properly. Furthermore, a BMI of less than 18.5 is considered underweight, and it indicates acute undernutrition in the mother. This can lead to negative health outcomes for both the mother and the child, such as an increased risk of complications during pregnancy and childbirth, low birth weight, and a higher risk of developmental delays for the child.

The effect of the mother's age is also quite slight (see the top right panel of Figure 3.4). It shows the weight-for-height Z-score is low for mothers aged between 15 and 35 years. The Z-score of weight-for-age decreases (and underweight increases) after the age of 35. After this age, the effects of mother age increase with an almost linear trend on

underweight. It shows that their children are worth their nutrition status as compared with children whose mothers are in the younger age group. This is because as women age gets an increase, they are more likely to have chronic health conditions such as diabetes, hypertension, or heart disease, which can affect the health of the developing fetus and increase the risk of being underweight at birth, and older mothers may be more likely to have unhealthy lifestyle habits, such as smoking, drinking alcohol, or poor nutrition, which can increase the risk of underweight in babies [54, 92]. Moreover, the plotted line corresponds to the average predicted response across the predictor value, and the x-axis tick marks on the plot represent the unique predictor values in the selected dataset.

↵

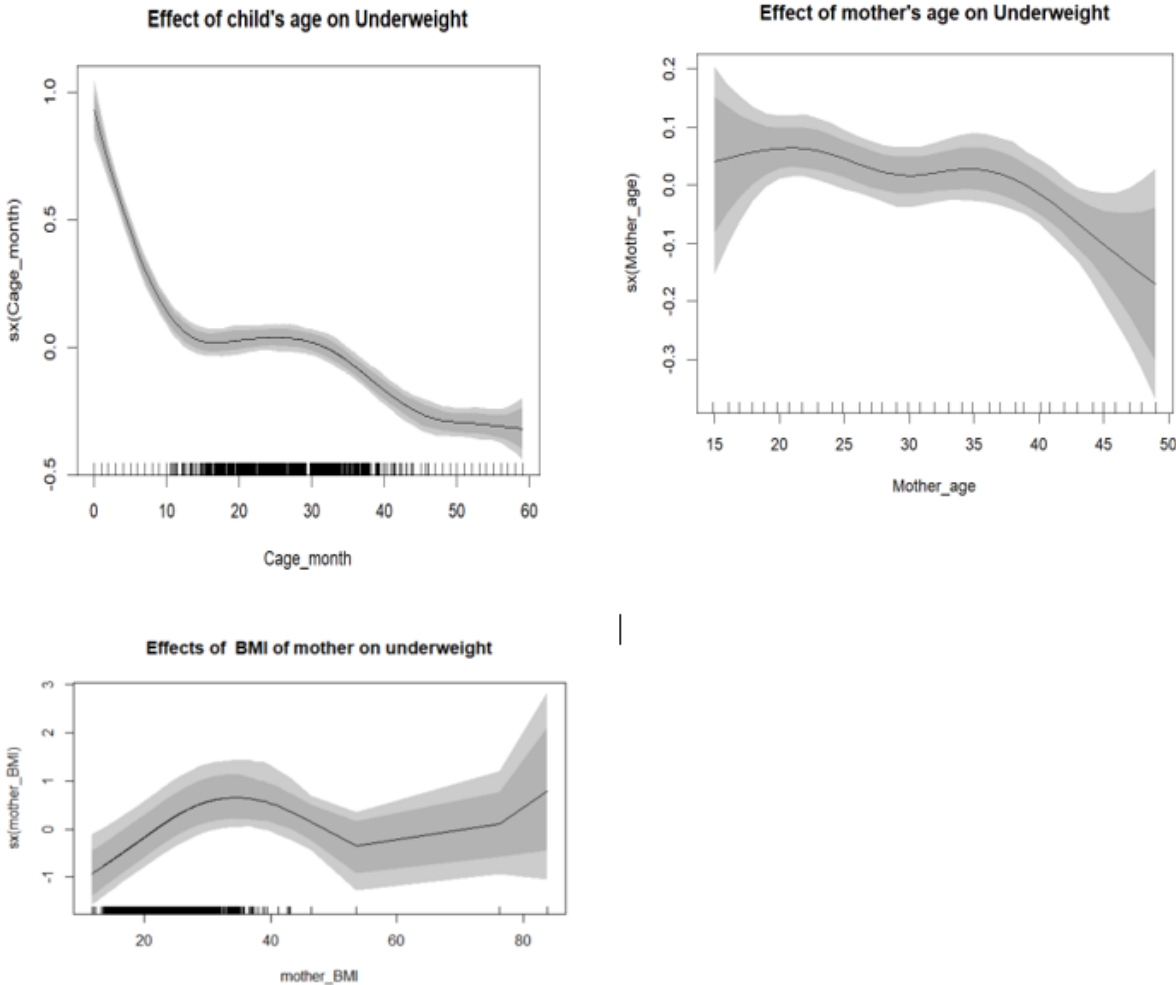


Figure 3.4: Nonlinear effects of metrical factors on underweight in Ethiopia: posterior mean with the 80% and 95% credible interval

The posterior spatial effect in the fitted model is shown in Figure 3.5, and the significance of spatial effects is shown by the posterior probability maps. In this map, the colors red and blue signify significant positive and negative effects on the Z-score, respectively, while grey shows no significance. The findings indicate strong support for incorporating geospatial analysis due to the substantial variation in child underweight observed in the Gaussian model. Moreover, a significant spatial influence on children’s underweight was evident across most regions in Ethiopia. Furthermore, in Bayesian geospatial models, centering spatial effects around zero increases computing efficiency, stability, and interpretation and it ensures that the model converges effectively. Positive values indicate areas where the effect is stronger (higher risk) than the spatial effects around zero (reference), while negative values indicate weaker effects (lower risk) [62, 87, 94].

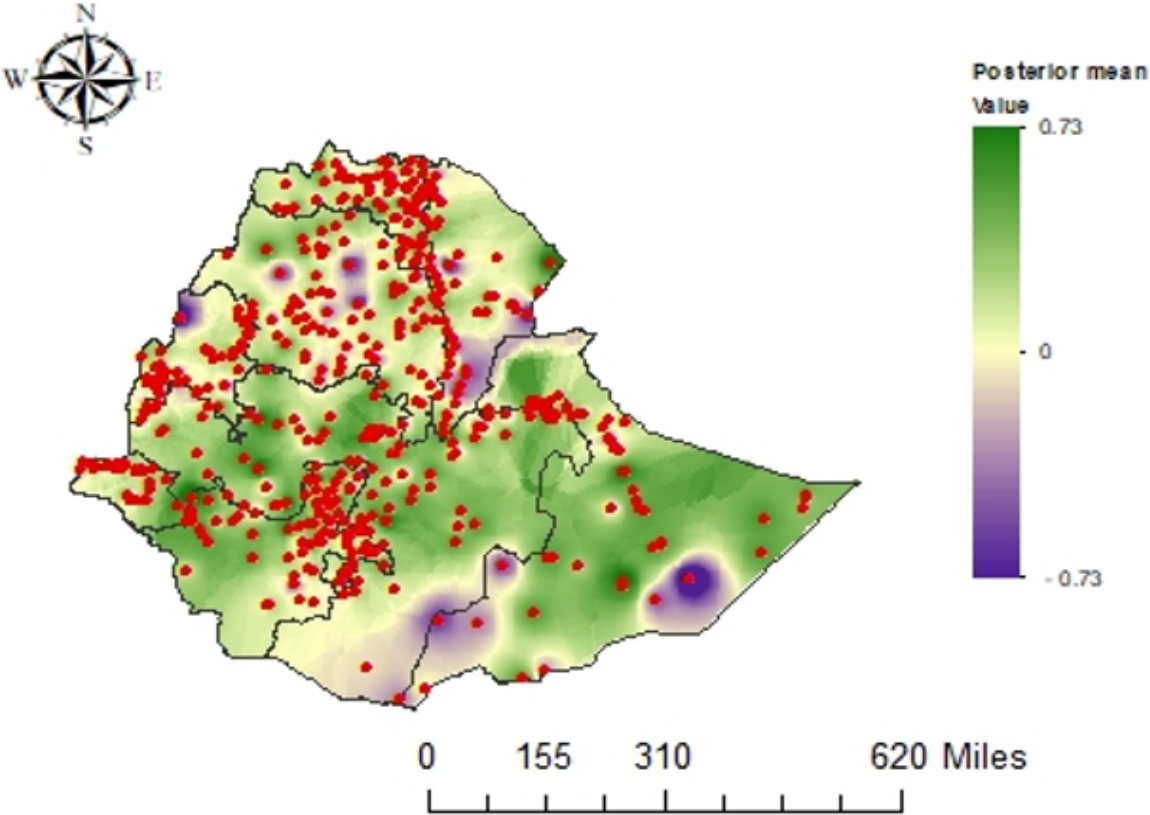


Figure 3.5: he Gaussian model’s posterior mean of the spatial effect in underweight

Figure 3.6 displays the residual spatial pattern (left panel) and the IDW-interpolated surface of predicted values (right panel) following a Gaussian model fit. The left panel displays how the model deviates from the observed data, while the right panel uses IDW interpolation to reveal spatial patterns within the predicted values. This observed residual spatial pattern in underweight children may be ascribed to unobserved factors not represented by the covariates in the model and identifying them is an issue of hypothesis. Furthermore, the IDW interpolation of predictive values provides estimates of the underweight, and identifies areas of high, and low risk or abundance at each unsampled lo-

cation, and evaluates the effectiveness of different management or intervention strategies, and identifies areas where further data collection or monitoring is needed. The predicted values are then mapped to make it easier to interpret [85]. Therefore, the yellow color in the IDW interpolation of predictive values in the figure indicates the higher value of underweight and that area is the hotspot area (the left plot). The prediction of this unsampled location was done by using the observed values of the nearest ones.

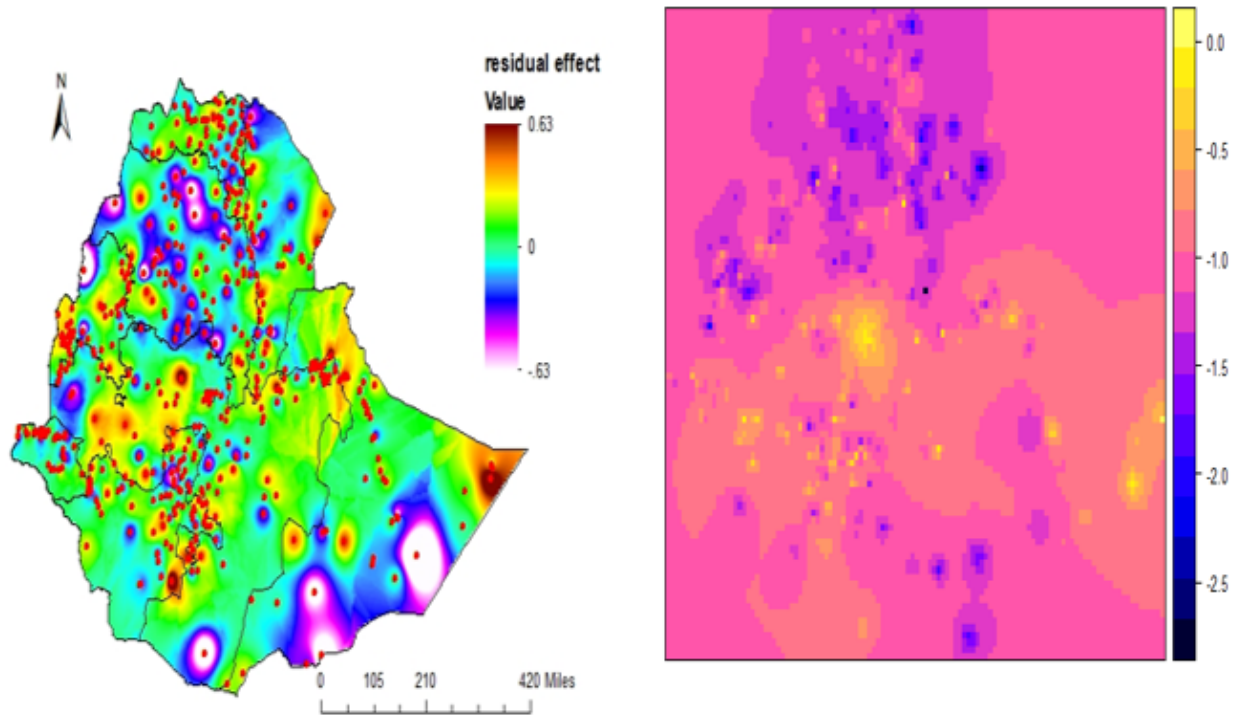


Figure 3.6: Posterior means of the residual spatial effects in underweight for the Gaussian model (left) and IDW Interpolation Predicted Values (right)

### The goodness of fit of a Bayesian geo-additive model.

The goodness of fit of a Bayesian geo-additive model can provide insights into the accuracy and precision of the model's predictions, as well as identify potential sources of bias or model misspecification. Tracking plots, autocorrelation plots, and residual plots are important diagnostic tools for Bayesian geo-additive modeling [13].

By using the P-spline penalty, which can be used to control the smoothness of the estimated function, the series of samples from the posterior distribution can be used to obtain estimates of the linear function of our nonlinear covariates (mothers and child's age, BMI of mothers) and the spatial components where the child lives. Each corresponds to a different set of model parameters sampled from the posterior distribution. The functions of a series of samples from the posterior that are generated from a P-spline penalty is to provide estimates of model parameters, a smooth estimate of the function, and a basis for inference on quantities of interest and model comparison [13].

According to Monte Carlo sampling [44], we can take a sampling from a probability distribution and use those samples to approximate the desired quantity. Thus, the following figure, (see Figure 3.7) represents a series of samples generated from the posterior distribution, which can be used to make inferences and predictions. Likewise, the posterior samples obtained from MCMC algorithms are consistent with the observed data and prior information, and these give evidence to estimate the distribution of model parameters as well as measures of uncertainty or credible intervals.

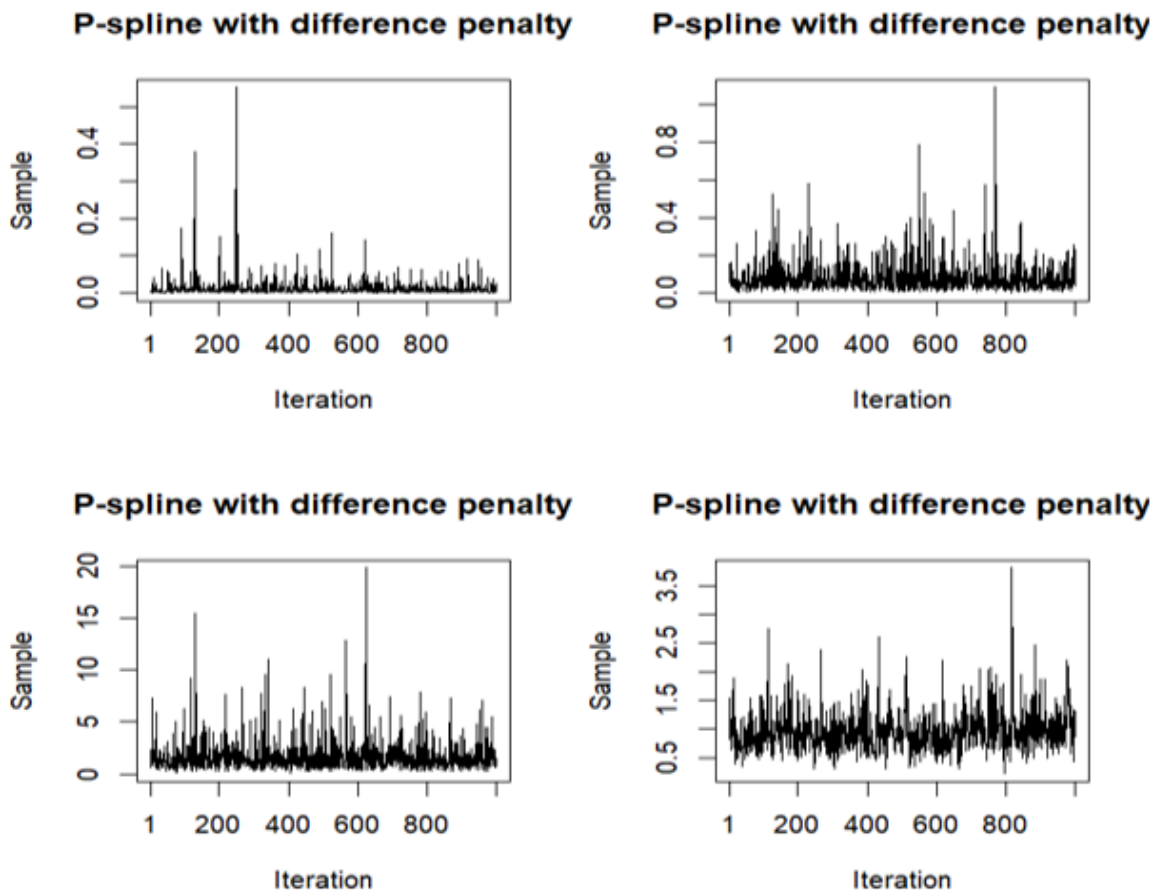


Figure 3.7: Sample posterior distributions from MCMC stimulation

Furthermore, in this Bayesian inference, we employ a tracking plot to visualize the behavior of Markov Chain Monte Carlo (MCMC) simulations. These MCMC chains are derived from sampling a probability distribution and are subsequently used to approximate desired quantities. The tracking plot could help assess the reliability and precision of the estimated quantity as well as spot any problems such as a poor convergence or mixing [15]. The x-axis of the plot represents the iteration number, and the y-axis represents the values of the parameter. Thus, the tracking plot of a graphical representation of the MCMC chains (see Figure 3.8) shows the values of the model parameters at each iteration of the MCMC algorithm, and it has stabilized after the first 200 iterations, indicating that the MCMC algorithm has converged to a stationary distribution. Furthermore, the plot suggests that the MCMC algorithm has done a good job of exploring the posterior



distribution and has converted it to a stable distribution for the model parameters.

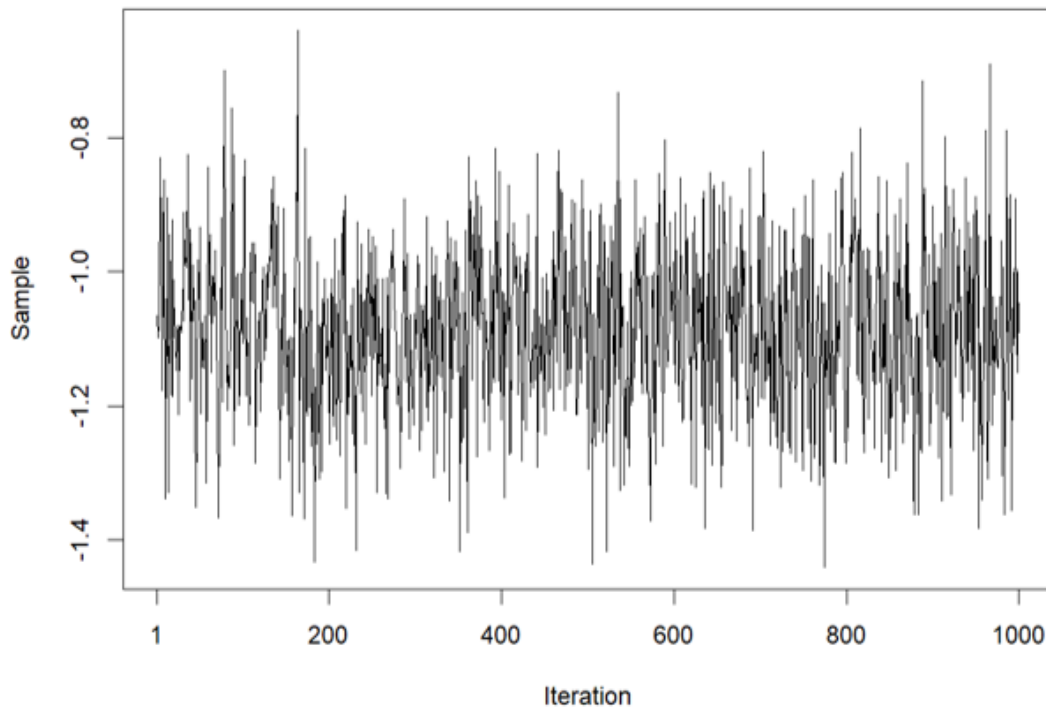


Figure 3.8: MCMC tracking plot of underweight malnutrition in the Bayesian geoaddivitive model in Ethiopia, P-spline with different penalties

Conjugation with other diagnostic tools, such as tracking plots, autocorrelation can be a useful tool for assessing the goodness of fit of a Bayesian geoaddivitive model to gain a compressive understanding of the model's performance [19, 46]. It is a measure of the correlation between a parameter value at time  $t$  iteration and a parameter value at time  $t+k$  iterations [10]. The plot depicted in Figure 3.9 is used to check for autocorrelation in the chain and it shows a rapid decay in autocorrelation as iteration  $k$  increases. Hence, a slight autocorrelation is visible in the plot, as evidenced by the slight correlation between the current and previous iterations. However, this is not a major concern as it does not appear to be having a significant impact on the mixing or convergence of the chains. Moreover, the autocorrelation drops off quickly, indicating that the MCMC algorithm is efficiently exploring the posterior distribution. This suggests that the MCMC algorithm is mixing well, and we may run it for a shorter time. This low autocorrelation is an indication of shorter convergence times and unbiased inference, and it is important for achieving efficient and accurate inference in Bayesian geoaddivitive models [19, 46].

The scale-location plot and residual plot diagnostic tools can also help to identify potential issues with a model's fit and convergence and guide model selection and improvement [10, 46, 76]. The plot presented on the right is a scale-location plot, a diagnostic tool used to assess the goodness of fit of the model. This plot shows the standard residuals (the residual divided by their deviation) against the square root of the estimated variance

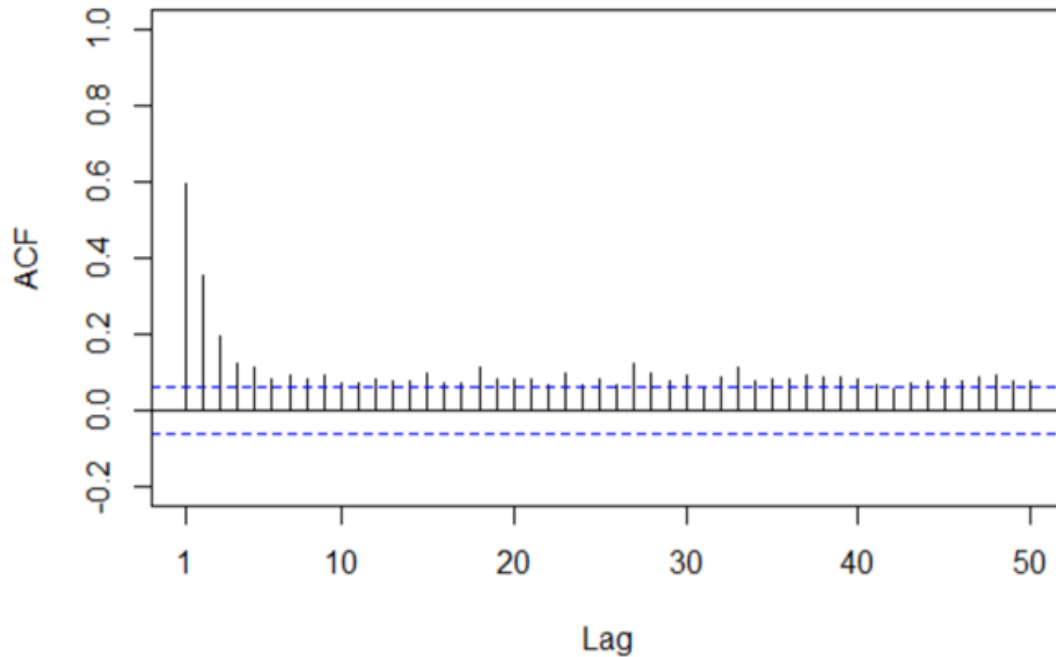


Figure 3.9: Maximum autocorrelation of model parameter for underweight malnutrition

of the response variable, which is also known as the scale parameter. The residuals are randomly scattered around zero (see the left plot of Figure 3.10), and if the spread of the residuals is constant across the range of the response variable, is not systematically above or below zero, or if the spread of the residuals varies across the range of the response variable, then the model is a good fit to the data.

Likewise, the plot depicted on the left is the residual plot or the fitted values versus the residuals. The fitted values represent the predictions made by the model for the response variable at different locations or spatial units, while the residuals represent the differences between the observed and the predicted values (see Figure 3.10). The plot of fitted values versus residuals is a commonly used diagnostic tool to assess the adequacy of the model fit and to identify any patterns or trends in the residuals that may suggest model misspecification or violations of model assumptions. If the model is correctly specified and the assumptions are met, we expect to see a random scatter of points, indicating that the model is capturing the variation in the data adequately. However, if there are any systematic patterns in the plot, this may suggest that the model is mis-specified. For example, if the residuals show a systematic increase or decrease as the predicted values increase, this may suggest that the model is underestimating or overestimating. If the residuals show a U-shape or a curved pattern, this may suggest that the model is missing a nonlinear component [30, 93]. Thus, the residuals (see the right plot from Figure 10), have not experienced any pattern or trend indicating a good fit of the model. There are no visible patterns or trends in the data that would suggest a poor fit.

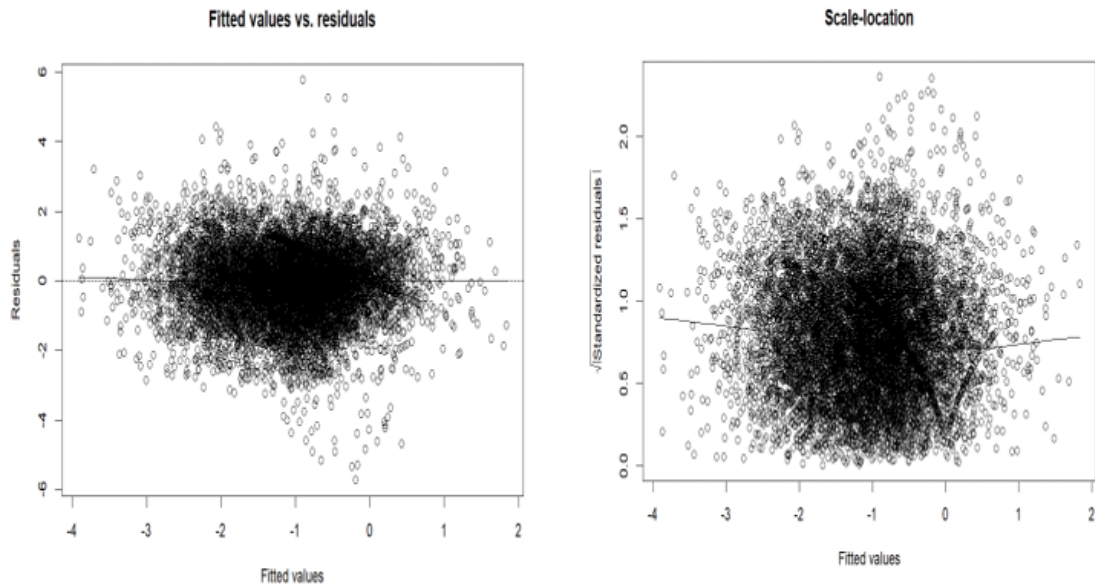


Figure 3.10: The residual and the scale-location plots

### 3.3.2 Discussion

According to our results, urban children are less likely than their rural counterparts to be underweight, and these results are credible. Better quality of the healthy environment and sanitation is present in urban regions. However, living in rural locations was thought to have numerous problems, such as poor health, a lack of access to clean water, a lack of charcoal as a fuel, a lack of milk intake, and poor personal cleanliness or cleanliness. According to the findings of the study, the place of living has a major influence on being underweight. This result contradicts with [2], finding that where a mother resides (urban or rural), there is no statistical relevance for a child’s weight-for-height; however, it is concise with [47, 78] findings that urban regions have a statistical significance for a child’s underweight in Tanzania and Malawi. Similarly, female children were less likely than male children to be underweight. This outcome validates the findings from the earlier research [47, 53, 82]. Gibson, however, noted that there were no considerable gender discrepancies in underweight in Papua New Guinea [38].

Maternal education is a basic stimulus for child-care knowledge and behaviors. In our studies, mothers’ educational attainment had a substantial influence on a child’s underweight, and it lowered the risk of children being malnourished. This study favors the idea that a mother who has received an education is more responsible for delivering a sick child to medical treatment. In addition, the amount of time mothers spend discussing their children’s sickness with a doctor is proportionate to their level of education. Uneducated women with their ill children benefit less from going to the doctor than educated women. Our findings suggest that maternal education has a significant impact on children’s underweight which is consistent with studies conducted in underdeveloped countries [12, 17]. likewise, past research carried out in developing nations has demonstrated that several

African governments prohibit females from going back to school after giving children. Hence, a girl who abandons her studies would feed her kid poorly and perpetuate the cycle of poverty [74, 27, 31]

The BMI of a woman influences her capacity to effectively carry, give birth to, and care for her children. Malnutrition occurs when a non-pregnant woman's BMI falls below the recommended cutoff point (approximately 18.5 kg/m<sup>2</sup>). Women who are malnourished may deliver an underweight child. It implies that there is a link between the mother's BMI and her child's nutrition. According to our result, the relation between the BMI of a mother's and her weight-for-age z-score appears to be an inverted U shape for BMI between 12 and 50. Higher and lower maternal BMIs seem to have a significant impact on high underweights. This result contradicts [52], with all metrics exhibiting roughly linear trends with positive slopes.

The effects of maternal age on underweight are quite slight. It shows the weight-for-age of the Z-scores is high for mothers aged between 15 and 35 years. After the age of 35 years, the Z-score of weight-for-age decreases (underweight increases). It shows that their children are worth more in terms of nutrition status as compared with children whose mothers are in the younger age group. This is because as women age gets an increase, they are more likely to have chronic health conditions such as diabetes, hypertension, or heart diseases, which can affect the health of the developing fetus and increase the risk of being underweight [52, 71], and older mothers may be more likely to have unhealthy lifestyle habits, such as smoking, drinking alcohol, or poor nutrition, which can increase the risk of being underweight in babies [54, 92]. Therefore, our result contradicts the study conducted by [52], which found that mothers under the age of 20 have a greater effect on their underweight children.

A child's age also has a nonlinear trend towards underweight. Particularly, the child's underweight gradually worsens in an almost linear pattern at an age of less than 10 months. However, after 10 months, the tendency changes and then stabilizes at a moderate level in between the ages of 30 months. This means that, while the danger of malnutrition remains, it does not grow as fast as it did previously. This might indicate that younger children are more sensitive to underweight malnutrition owing to a lack of access to proper food and healthcare, while older children are more likely to be influenced by social and environmental variables such as poverty and food insecurity [84]. Hence, the results are consistent with other researchers' findings that child age affects underweight malnutrition non-linearly [47, 50, 67]. The study also found that children living in western, central, and eastern Ethiopia, as well as some other regions in the north, have underweight problems.

Furthermore, latent factors such as genetic predispositions, latent socioeconomic status, or environmental exposures can play crucial roles for child's underweight. Future research may include latent variable modelling for this the Bayesian geoaddivitive modeling approach which may capture unobserved heterogeneity and underlying factors, that

may not be directly measurable but significantly influence the children's underweight. It may allow for a more nuanced understanding of spatial dependencies and interactions between observed and latent variables, and it may also lead to more accurate and robust predictions and inferences about the factors affecting children's underweight. Our analysis also did not consider variables like household income, household size, and a child's birth weight, which might also significantly influence children's underweight. Therefore, in addition to the metrical covariates that we used, future researchers will try to check the existence of non linear relationship between the household income, household size, and child's birth weight metrical covariates and the underweight in Ethiopia.

In conclusion, this study addresses underweight in under-five children using a Bayesian geoaddivitive model. According to this analysis, factors such as the mother's education, the current mother's and child's residence the child's diarrhea, and anemia status, the sex of the child, and the availability of electricity were found to be significant based on the EDHS 2016 survey. However, the effects of sex on household heads are negligible. Our analysis also supports the flexible modeling of metrical factors (the mother's age, BMI, and child's age), and attention should also be given to unmeasured factors on childhood underweight at the community level, especially in central and eastern Ethiopia, which have indicated hotspot spatial impacts. Socio-demographic and community-based program development should be considered compressively in Ethiopian policy to combat childhood malnutrition.

### **3.4 Limitaions of the study**

The current study has limitations despite its use of an innovative statistical method. First, it adopts a cross-sectional design, which means we cannot control for major confounders or make causal inferences, despite the analysis's robustness. Second, the study focuses solely on pertinent variables from our dataset, overlooking significant factors like breastfeeding practices, healthcare access, and breastfeeding practices.

# Bibliography

- [1] Kedir Hussein Abegaz. Prevalence of undernourishment: trend and contribution of east african countries to sub-saharan africa from 1991 to 2015. *Agriculture & food security*, 7:1–6, 2018.
- [2] Samson B Adebayo. Modelling childhood malnutrition in zambia: an adaptive bayesian splines approach. *Statistical Methods and Applications*, 12:227–241, 2003.
- [3] William H Aeberhard, Eva Cantoni, Giampiero Marra, and Rosalba Radice. Robust fitting for generalized additive models for location, scale and shape. *Statistics and Computing*, 31:1–16, 2021.
- [4] Kingsley E Agho, Blessing J Akombi, Akhi J Ferdous, Irene Mbugua, and Joseph K Kamara. Childhood undernutrition in three disadvantaged east african districts: a multinomial analysis. *BMC pediatrics*, 19:1–11, 2019.
- [5] Blessing J Akombi, Kingsley E Agho, John J Hall, Nidhi Wali, Andre MN Renzaho, and Dafna Merom. Stunting, wasting and underweight in sub-saharan africa: a systematic review. *International journal of environmental research and public health*, 14(8):863, 2017.
- [6] Ann Ashworth, Mickey Chopra, David McCoy, David Sanders, Debra Jackson, Nadina Karaolis, Nonzwakazi Sogaula, and Claire Schofield. Who guidelines for management of severe malnutrition in rural south african hospitals: effect on case fatality and the influence of operational factors. *The Lancet*, 363(9415):1110–1115, 2004.
- [7] R Bacha and M Tadesse. Bayesian generalized linear model for identifying predictors of child nutritional status in ethiopia. *Biom Biostat Int J*, 8(2):65–74, 2019.
- [8] Jose M Bernardo. Reference posterior distributions for bayesian inference. *Journal of the Royal Statistical Society Series B: Statistical Methodology*, 41(2):113–128, 1979.
- [9] Julian Besag, Jeremy York, and Annie Mollié. Bayesian image restoration, with two applications in spatial statistics. *Annals of the institute of statistical mathematics*, 43:1–20, 1991.
- [10] Marta Blangiardo and Michela Cameletti. *Spatial and spatio-temporal Bayesian models with R-INLA*. John Wiley & Sons, 2015.
- [11] Velio Bocci, Emma Borrelli, Valter Travagli, and Iacopo Zanardi. The ozone paradox: ozone is a strong oxidant as well as a medical drug. *Medicinal research reviews*, 29(4):646–682, 2009.

- [12] Vani K Borooah. The role of maternal literacy in reducing the risk of child malnutrition in india. *Journal of Quantitative Economics*, 2(2):186–202, 2004.
- [13] Andreas Brezger and Stefan Lang. Generalized structured additive regression based on bayesian p-splines. *Computational Statistics & Data Analysis*, 50(4):967–991, 2006.
- [14] Andreas Brezger and Stefan Lang. Simultaneous probability statements for bayesian p-splines. *Statistical Modelling*, 8(2):141–168, 2008.
- [15] Stephen P Brooks and Gareth O Roberts. Convergence assessment techniques for markov chain monte carlo. *Statistics and Computing*, 8:319–335, 1998.
- [16] Joe Bruin. R library: contrast coding systems for categorical variables, 2014.
- [17] African Nutrition Chartbooks. Nutrition of infants and young children in mali. *Calverton, MD: Macro International Inc*, 1996.
- [18] Ming-Hui Chen and Qi-Man Shao. Monte carlo estimation of bayesian credible and hpd intervals. *Journal of computational and Graphical Statistics*, 8(1):69–92, 1999.
- [19] Nicolas Chopin. Approximate bayesian inference for latent gaussian models by using integrated nested laplace. *JR Stat. Soc. Ser. B Stat. Methodol*, 71:319–392, 2009.
- [20] Peter Clifford. Markov random fields in statistics. *Disorder in physical systems: A volume in honour of John M. Hammersley*, pages 19–32, 1990.
- [21] Carl De Boor and Carl De Boor. *A practical guide to splines*, volume 27. springer-verlag New York, 1978.
- [22] Mercedes De Onis and Monika Blössner. The world health organization global database on child growth and malnutrition: methodology and applications. *International journal of epidemiology*, 32(4):518–526, 2003.
- [23] David GT Denison, Christopher C Holmes, Bani K Mallick, and Adrian FM Smith. *Bayesian methods for nonlinear classification and regression*, volume 386. John Wiley & Sons, 2002.
- [24] Guanpeng Dong and Richard Harris. Spatial autoregressive models for geographically hierarchical data structures. *Geographical Analysis*, 47(2):173–191, 2015.
- [25] Jo Eidsvik, Andrew O Finley, Sudipto Banerjee, and Håvard Rue. Approximate bayesian inference for large spatial datasets using predictive process models. *Computational Statistics & Data Analysis*, 56(6):1362–1380, 2012.
- [26] Paul HC Eilers and Brian D Marx. Flexible smoothing with b-splines and penalties. *Statistical science*, 11(2):89–121, 1996.

- [27] Parfait M Eloundou-Enyegue. Pregnancy-related dropouts and gender inequality in education: A life-table approach and application to cameroon. *Demography*, 41(3):509–528, 2004.
- [28] Patrice L Engle, Lia CH Fernald, Harold Alderman, Jere Behrman, Chloe O’Gara, Aisha Yousafzai, Meena Cabral de Mello, Melissa Hidrobo, Nurper Ulkuer, Ilgi Ertem, et al. Child development 2: Strategies for reducing inequalities and improving developmental outcomes for young children in low-income and middle-income countries. *The Lancet*, 378(9799):1339, 2011.
- [29] Central Statistical Agency Ethiopia and OR Macro. Ethiopia demographic and health survey. *Addis Ababa: Central Statistical Agency*, 2016.
- [30] Ludwig Fahrmeir and Stefan Lang. Bayesian inference for generalized additive mixed models based on markov random field priors. *Journal of the Royal Statistical Society Series C: Applied Statistics*, 50(2):201–220, 2001.
- [31] Elijah Kombian Fant. Education and girl-child empowerment: the case of bunkpurugu/yunyoo district in northern ghana. Master’s thesis, Universitetet i Tromsø, 2008.
- [32] James R Faulkner and Vladimir N Minin. Locally adaptive smoothing with markov random fields and shrinkage priors. *Bayesian analysis*, 13(1):225, 2018.
- [33] Haile Mekonnen Fenta, Demeke Lakew Workie, Dereje Tesfaye Zike, Belaynew Wassie Taye, and Prafulla Kumar Swain. Determinants of stunting among under-five years children in ethiopia from the 2016 ethiopia demographic and health survey: Application of ordinal logistic regression model using complex sampling designs. *Clinical Epidemiology and Global Health*, 8(2):404–413, 2020.
- [34] Karl J Friston and W Penny. Posterior probability maps and spms. *Neuroimage*, 19(3):1240–1249, 2003.
- [35] Andrew Gelman. Prior distribution. *Encyclopedia of environmetrics*, 3(4):1634–1637, 2002.
- [36] Andrew Gelman. Prior distributions for variance parameters in hierarchical models (comment on article by browne and draper). 2006.
- [37] Andrew Gelman, Jessica Hwang, and Aki Vehtari. Understanding predictive information criteria for bayesian models. *Statistics and computing*, 24:997–1016, 2014.
- [38] John Gibson. Literacy and intrahousehold externalities. *World Development*, 29(1):155–166, 2001.
- [39] Michael F Goodchild and Robert P Haining. Gis and spatial data analysis: Converging perspectives. *Papers in Regional Science*, 83(1):363–385, 2004.



- [40] Wioletta Grzenda. The advantages of bayesian methods over classical methods in the context of credible intervals. *Information systems in management*, 4(1):53–63, 2015.
- [41] Lawrence Haddad, Endang Achadi, Mohamed Ag Bendeck, Arti Ahuja, Komal Bhatia, Zulfiqar Bhutta, Monika Blössner, Elaine Borghi, Esi Colecraft, Mercedes De Onis, et al. The global nutrition report 2014: actions and accountability to accelerate the world’s progress on nutrition. *The Journal of nutrition*, 145(4):663–671, 2015.
- [42] Trevor Hastie and Robert Tibshirani. Bayesian backfitting (with comments and a rejoinder by the authors). *Statistical Science*, 15(3):196–223, 2000.
- [43] Trevor J Hastie. Generalized additive models. In *Statistical models in S*, pages 249–307. Routledge, 2017.
- [44] W Keith Hastings. Monte carlo sampling methods using markov chains and their applications. 1970.
- [45] Nguyen Ngoc Hien and Nguyen Ngoc Hoa. Under three years of age in nghean, vietnam. *Pakistan Journal of Nutrition*, 8(7):958–64, 2009.
- [46] EE Kammann and Matthew P Wand. Geoadditive models. *Journal of the Royal Statistical Society Series C: Applied Statistics*, 52(1):1–18, 2003.
- [47] Ngianga B Kandala, Stefan Lang, Stephan Klasen, and Ludwig Fahrmeir. Semiparametric analysis of the socio-demographic and spatial determinants of undernutrition in two african countries. 2001.
- [48] Ngianga-Bakwin Kandala, Tumwaka P Madungu, Jacques BO Emina, Kikhela PD Nzita, and Francesco P Cappuccio. Malnutrition among children under the age of five in the democratic republic of congo (drc): does geographic location matter? *BMC public health*, 11:1–15, 2011.
- [49] Om Raj Katoch. Urgent call to address child malnutrition: A matter of life and future. *Nutrition*, 116, 2023.
- [50] Yasir Khan and Zulfiqar A Bhutta. Nutritional deficiencies in the developing world: current status and opportunities for intervention. *Pediatric Clinics*, 57(6):1409–1441, 2010.
- [51] Zahra Khan and Ahmad Ali. Global food insecurity and its association with malnutrition. *Emerging Challenges in Agriculture and Food Science*, 8:2–19, 2023.
- [52] Khaled Khatab. Childhood malnutrition in egypt using geoadditive gaussian and latent variable models. *The American journal of tropical medicine and hygiene*, 82(4):653, 2010.

- [53] Stephan Klasen. Nutrition, health and mortality in sub-saharan africa: Is there a gender bias? 1996.
- [54] Naoko Kozuki, Anne CC Lee, Mariangela F Silveira, Ayesha Sania, Joshua P Vogel, Linda Adair, Fernando Barros, Laura E Caulfield, Parul Christian, Wafaie Fawzi, et al. The associations of parity and maternal age with small-for-gestational-age, preterm, and neonatal and infant mortality: a meta-analysis. *BMC public health*, 13:1–10, 2013.
- [55] Shyama Kuruvilla, Flavia Bustreo, Taona Kuo, CK Mishra, Katie Taylor, Helga Fogstad, Geeta Rao Gupta, Kate Gilmore, Marleen Temmerman, Joe Thomas, et al. The global strategy for women’s, children’s and adolescents’ health (2016–2030): a roadmap based on evidence and country experience. *Bulletin of the World Health Organization*, 94(5):398, 2016.
- [56] Stefan Lang, Samson B Adebayo, Ludwig Fahrmeir, and Winfried J Steiner. Bayesian geoadditive seemingly unrelated regression. *Computational Statistics*, 18(2):263–292, 2003.
- [57] Stefan Lang and Andreas Brezger. Bayesian p-splines. *Journal of computational and graphical statistics*, 13(1):183–212, 2004.
- [58] Catherine Larson-Nath and Praveen Goday. Malnutrition in children with chronic disease. *Nutrition in Clinical Practice*, 34(3):349–358, 2019.
- [59] Andrew Lawson and Duncan Lee. Bayesian disease mapping for public health. In *Handbook of statistics*, volume 36, pages 443–481. Elsevier, 2017.
- [60] Stan Z Li. *Markov random field modeling in image analysis*. Springer Science & Business Media, 2009.
- [61] Misgan Legesse Liben, Taye Abuhay, and Yohannes Haile. Determinants of child malnutrition among agro pastorals in northeastern ethiopia: a cross-sectional study. *Health Science Journal*, 10(4):1, 2016.
- [62] Francisco Louzada, Diego Carvalho do Nascimento, and Osafu Augustine Egbon. Spatial statistical models: An overview under the bayesian approach. *Axioms*, 10(4):307, 2021.
- [63] Jean-Michel Marin, Kerrie Mengersen, and Christian P Robert. Bayesian modelling and inference on mixtures of distributions. *Handbook of statistics*, 25:459–507, 2005.
- [64] James R Matthie. Bioimpedance measurements of human body composition: critical analysis and outlook. *Expert review of medical devices*, 5(2):239–261, 2008.
- [65] Ratib Mawa and Stephen Lawoko. Malnutrition among children under five years in uganda. 2018.

- [66] Richard McElreath. *Statistical rethinking: A Bayesian course with examples in R and Stan*. Chapman and Hall/CRC, 2018.
- [67] Seid Mohammed and Zeytu G Asfaw. Bayesian gaussian regression analysis of malnutrition for children under five years of age in ethiopia, emdhs 2014. *Archives of Public Health*, 76:1–11, 2018.
- [68] Jonathan D Moyer and Steve Hedden. Are we on the right path to achieve the sustainable development goals? *World Development*, 127:104749, 2020.
- [69] Afework Mulugeta, Fitsum Hagos, Gideon Kruseman, Vincent Linderhof, Barbara Stoecker, Zenebe Abraha, Mekonen Yohannes, and Girmay G Samuel. Child malnutrition in tigray, northern ethiopia. *East African medical journal*, 87(6):248–254, 2010.
- [70] Morris Ndemwa, Sheru Wanyua, Satoshi Kaneko, Mohammed Karama, and Makokha Anselimo. Nutritional status and association of demographic characteristics with malnutrition among children less than 24 months in kwale county, kenya. *The Pan African Medical Journal*, 28, 2017.
- [71] World Health Organization. *World Health Statistics 2016 [OP]: Monitoring Health for the Sustainable Development Goals (SDGs)*. World Health Organization, 2016.
- [72] World Health Organization et al. *WHO child growth standards: length/height-for-age, weight-for-age, weight-for-length, weight-for-height and body mass index-for-age: methods and development*. World Health Organization, 2006.
- [73] World Health Organization et al. *WHO recommendations on antenatal care for a positive pregnancy experience: screening, diagnosis and treatment of tuberculosis disease in pregnant women. Evidence-to-action brief: Highlights and key messages from the World Health Organization’s 2016 global recommendations*. World Health Organization, 2023.
- [74] World Bank Publications. *The World Bank Annual Report 2013*. World Bank Publications, 2013.
- [75] Md Israt Rayhan and M Sekander Hayat Khan. Factors causing malnutrition among under five children in bangladesh. *Pak J Nutr*, 5(6):558–62, 2006.
- [76] Håvard Rue, Sara Martino, and Nicolas Chopin. Approximate bayesian inference for latent gaussian models by using integrated nested laplace approximations. *Journal of the Royal Statistical Society Series B: Statistical Methodology*, 71(2):319–392, 2009.
- [77] David Ruppert. Selecting the number of knots for penalized splines. *Journal of computational and graphical statistics*, 11(4):735–757, 2002.

- [78] Lisa C Smith, Marie T Ruel, and Aida Ndiaye. Why is child malnutrition lower in urban than in rural areas? evidence from 36 developing countries. *World development*, 33(8):1285–1305, 2005.
- [79] David J Spiegelhalter, Nicola G Best, Bradley P Carlin, and Angelika Van Der Linde. Bayesian measures of model complexity and fit. *Journal of the Royal Statistical Society Series B: Statistical Methodology*, 64(4):583–639, 2002.
- [80] Amel Abdalrhim Sulaiman, Sarra O Bushara, Wadie M Elmadhoun, Sufian K Noor, Mutaz Abdelkarim, Ilham Nasr Aldeen, Meissa M Osman, Ahmed O Almobarak, Heitham Awadalla, and Mohamed H Ahmed. Prevalence and determinants of under-nutrition among children under 5-year-old in rural areas: A cross-sectional survey in north sudan. *Journal of family medicine and primary care*, 7(1):104–110, 2018.
- [81] Dongchu Sun and Shawn Ni. Bayesian analysis of vector-autoregressive models with noninformative priors. *Journal of statistical planning and inference*, 121(2):291–309, 2004.
- [82] Peter Svedberg. Gender biases in sub-saharan africa: Reply and further evidence. 1996.
- [83] Kasahun Takele. Semi-parametric analysis of children nutritional status in ethiopia. *International Journal of Statistics and Applications*, 3(5):141–154, 2013.
- [84] UNICEF et al. The state of food security and nutrition in the world 2021. 2021.
- [85] Adrian Verster, Nicholas Petronella, Judy Green, Fernando Matias, and Stephen PJ Brooks. A bayesian method for identifying associations between response variables and bacterial community composition. *PLoS Computational Biology*, 18(7):e1010108, 2022.
- [86] Eric-Jan Wagenmakers, Michael Lee, Tom Lodewyckx, and Geoffrey J Iverson. Bayesian versus frequentist inference. *Bayesian evaluation of informative hypotheses*, pages 181–207, 2008.
- [87] Elisabeth Waldmann, Fabian Sobotka, and Thomas Kneib. Bayesian regularisation in geoadditive expectile regression. *Statistics and Computing*, 27:1539–1553, 2017.
- [88] Rosalind J Walley, Claire L Smith, Jeremy D Gale, and Phil Woodward. Advantages of a wholly bayesian approach to assessing efficacy in early drug development: a case study. *Pharmaceutical Statistics*, 14(3):205–215, 2015.
- [89] Youfa Wang and Hsin-Jen Chen. Use of percentiles and z-scores in anthropometry. In *Handbook of anthropometry: Physical measures of human form in health and disease*, pages 29–48. Springer, 2012.

- [90] S WEISBERG and Yeo-Johnson Power Transformation. University of Minnesota, department of applied statistics. *Supported by National Science Foundation Grant*, 2001.
- [91] Manuel Wiesenfarth and Thomas Kneib. Bayesian geosadditive sample selection models. *Journal of the Royal Statistical Society Series C: Applied Statistics*, 59(3):381–404, 2010.
- [92] ARW Williams, HOD Critchley, J Osei, S Ingamells, IT Cameron, C Han, and K Chwalisz. The effects of the selective progesterone receptor modulator asoprisnil on the morphology of uterine tissues after 3 months treatment in patients with symptomatic uterine leiomyomata. *Human Reproduction*, 22(6):1696–1704, 2007.
- [93] Simon N Wood. Stable and efficient multiple smoothing parameter estimation for generalized additive models. *Journal of the American Statistical Association*, 99(467):673–686, 2004.
- [94] Chi Yang, Jing Xu, and Yang Li. Bayesian geosadditive modelling of climate extremes with nonparametric spatially varying temporal effects. *International Journal of Climatology*, 36(12):3975–3987, 2016.
- [95] Li Yang and Abdallah Shami. On hyperparameter optimization of machine learning algorithms: Theory and practice. *Neurocomputing*, 415:295–316, 2020.
- [96] Mohsen Zand, Ali Etemad, and Michael Greenspan. Diffusion models with deterministic normalizing flow priors. *arXiv preprint arXiv:2309.01274*, 2023.

# Chapter 4

## The causality of infant mortality in Ethiopia: The application of Structural equation Modelling

### Abstract

Infant mortality rate (*IMR*) serves as a proxy measure of population health. Previous studies have primarily focused on *IMR* in Ethiopia, considering only measured variables and one-directional effects. However, little attention has been given to simultaneously testing several causal paths. Data for the study were extracted from the World Bank Health Nutrition and Population Statistics between 2000 and 2019. We used structural equation modeling (*SEM*) to better understand the direct, indirect, and total effects relationships among causal variables in a single model. Path analysis was part of an algorithm that provided equations relating the variances and covariances of the indicators. *GDP* per capita (*GDP*) and out-of-pocket expenditure on health as a percentage of *GDP* (*OOP*) are exogenous variables, while immunization *BCG* (*BCGI*), maternal mortality ratio (*MMR*), fertility rate (*FR*), infant mortality rate (*IMR*), and domestic health expenditure as a share of *GDP* (*GHE*) are endogenous variables. The directed effects of *OOP* on *MMR* ( $\beta = -0.071, p = 0.003$ ) and on *BCGI* ( $\beta = 0.327, p = 0.024$ ), as well as the directed effects of *GDP* on *FR* ( $\beta = -0.959, p < 0.001$ ), *GHE* ( $\beta = -0.683, \Sigma = -0.69, p < 0.001$ ), and *IMR* ( $\beta = -0.941, p < 0.001$ ), were significant. *MMR* significantly mediated the influence of *OOP* on *IMR* ( $\beta = -0.012, p = 0.034$ ), and *FR* significantly mediated the influence of *GDP* on *IMR* ( $\beta = 1.168, p < 0.001$ ). The discrepancy between the sample and the implied covariance matrix obtained from the five structural equation models was minimal. In conclusion, this study revealed that although *IMR* was declining, health and population variables remained the root cause of *IMR* in Ethiopia. *MMR* and *FR* were identified as mediating indicators, with *FR* having the highest standardized coefficients for increasing *IMR*. We recommend strengthening existing programs and interventions to reduce *FR*.

### KEYWORDS

infant mortality rate; Ethiopia; path analysis; structural equation model; standardize estimate

## 4.1 Introduction

The infant mortality rate (IMR), is defined as the number of deaths in children under a year of age one per 1000 live births in the same year [36], and it is an important indicator of the health of a nation, regarded as a highly sensitive measure of population health [7, 19, 52, 18, 45]. Infant mortality rate (IMR) is more than a marker of maternal and child health; it is a symbolic benchmark of a society's overall health, and recent studies highlight the health inequities experienced by this population and subsequent effects on infant morbidity and mortality [4].

The health of children improved dramatically over the twentieth century in the world [5, 9]. The infant mortality rate has declined across countries occupying very different positions in the world system, However, considerable cross-national variation in infant mortality remains at the beginning of the twenty-first century and Ethiopia's commitment to significantly reduce child mortality rates by two-thirds by 2015 (Goal 4) under the Millennium Development Goals (MDGs) ultimately fell short of this target [2]. This highlights the challenges faced in achieving ambitious development objectives. UN member states, instead of Millennium Development Goals, set out Sustainable Development Goals (SDGs) in 2015 as part of the 2030 agenda to end preventable deaths of new-borns and children under 5 years of age, with most of the countries directing to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births (SDG 3.2). Ethiopia's National Health Care Quality Strategy for 2016-2020 placed Maternal, Newborn and Child Health as a priority with the ambitious goals of reducing the maternal mortality ratio (MMR) from 412 to 199 per 100,000 live births by 2020; to reduce the neonatal mortality rate (NMR) from 28 to 10 per 1,000 live births by 2020 and reduce stillbirth rate from 18 to 10 per 1000 births by 2020 (WHO, 2019). Despite that, overall action to meet the goals is not yet advancing at the speed or scale required [2].

According to a 2021 report by the Institute for Health metrics and Evaluation (IHME). An estimated 5.2 million children under the age of 5 died globally, mostly from preventable causes and 1.5 million of these deaths occurred within the first month [46]. Despite the burden of those death decreasing globally, Sub – Sahara Africa and southern Asia account for the maximum proportion of child deaths [46, 40]. Four out of every five deaths of children under age five occur in these regions, compared to children in high-income nations, children in sub-Saharan Africa face a staggering 15 times higher chance of dying before the age of five [40]. Afghanistan has the highest infant mortality rate of 110.6 and Monaco has the lowest infant mortality rate of 1.8 [10]. In Ethiopia, the infant mortality rate was 56.9 in the year 2009 and it was 36.5 in 2019 per 1,000 live births [66]. The country's IMR declined from 97 per 1000 live births in the year 2000, to 59 in the year 2011, and neonatal deaths per 1,000 live births showed a decline over time from 54 in the year 1990 to 37 in the year 2011, but it is unlikely that the MDG target of 31 per

1,000 live births in the year 2015 [13].

In countries where infant mortality is high, several factors are attributed to necessitating these deaths. Among these are poverty, malaria, malnutrition, undeveloped infrastructure, and poor health facilities conditions [10]. High infant mortality signifies demographic and socioeconomic, exposures and morbidity during pregnancy [49, 6]. Scholars confirm that there were different predictors of infant mortality rate. The study conducted by [41] in the UK, revealed that fertility rate domestic general government health expenditure (%GDP), and GDP per capita, significantly affect infant mortality rate. Furthermore, fertility and GDP per capita were the most influential variables in the infant mortality rate from all explanatory variables used in the analysis. Real GDP has a negative relationship with fertility, and in return, fertility is positively correlated with infant mortality rate [56].

The variables like coverage of the Bolsa Família program (BFP), per capita income, and fertility rate are associated with infant deaths [54, 43, 48]. A woman in a high fertility setting has a higher risk of maternal death than a low fertility setting, and the maternal mortality ratio was strongly associated with infant mortality [58]. Analogous to the maternal mortality ratio, the risk of maternal death varies largely across countries. A woman in Sub-Saharan Africa has the highest risk of maternal death (1 in 38), followed by South Asia, 1 in 240 [39].

Out-of-pocket (OOP) health expenditure significantly drops maternal health as it leads to a decline in skilled birth attendance and enlarges the maternal mortality ratio [35, 16]. Population in low-income countries are often exposed to out-of-pocket (OOP) and related indirect costs for their illness for health care, and this infers that household's health expenditure reduces infant and maternal mortality across low-income countries to reach a goal of ensuring health lives and people's well-being [16].

The Calmette-Gue´rin bacillus (BCG)- vaccine is given soon after birth to infants to decrease the incidence of TB disease and TB-associated mortality [34, 63], and lack of BCG- vaccination in the first week of life of new birth was highly associated with infant mortality rate [24]. WHO currently suggests about Calmette-Gue´rin bacillus (BCG)-vaccination at birth for developing countries except for preterm infants who should be vaccinated when they reach the age of 40 weeks [10]. The infant mortality rate was lower for Calmette-Gue´rin bacillus (BCG) -vaccinated than for unvaccinated [47].

Accordingly, Infant mortality in Ethiopia could be attributed to many different factors [28, 55, 60, 61], and previous studies have mostly employed only variables that are measured and one directional effect to discover relationships through the data set in a difference-in-differences (Diff in Diff) analysis, spatial patterns of infant mortality, multiple linear regression and/or correlation analyses, multiple logistic analyses and other multivariate statistical models to explore the factors associated with Infant mortality rate. Even though, research conducted on infant mortality rate [1, 38] by using structural



equation modelling based on economic indicators, and these studies pass over the most influential variables mediating variables, model identification and validation which are the basic determinant for structural equation modelling.

In this paper, we examine the causality of IMR in Ethiopia between 2000 and 2019 based on the World Bank health nutrition and population statistics variables. We use Structural equation modelling (SEM), and multivariate statistical methods, for a better understanding of both direct, indirect, and total effects of the given variables. This approach improves the understanding of mechanisms of the relationships among various factors and allows to testing of the research hypotheses in a single process by modelling complex relationships among many observed and latent variables [37, 64]. Structural equation modelling or analysis of covariance structure is a confirmatory approach, more suitable for testing the hypothesis than other multivariate statistical methods, most of the statistical methods other than structural equation modelling try to discover relationships through the data set [26, 53].

While traditional statistical methods can identify relationships between these factors and infant mortality, Structural Equation Modelling (SEM) offers a more robust approach. SEM is a confirmatory technique that allows researchers to test pre-defined hypotheses about the complex interplay between these variables. This approach goes beyond simply identifying correlations. It allows researchers to estimate the direct and indirect effects of each factor on infant mortality while accounting for potential measurement errors and interrelationships between variables [59, 68].

Given that, in a recent commentary, scholars expressed concern about the scarcity of SEM models in epidemiological research even if there is the availability of user-friendly software (e.g., SPSS AMOS, EQS, Mplus) and urged epidemiologists to use SEM models more frequently [22, 62]. In our study, we thoroughly examine the diverse factors influencing infant mortality in Ethiopia through a methodological lens that critiques conventional approaches. The existing researchers focused on straightforward statistical analyses, neglecting pivotal mediating factors and forgoing rigorous model validation. To address these limitations, we used of Structural Equation Modelling (SEM) as a leverage alternative. SEM offers a confirmatory approach that empowers us to systematically test intricate hypotheses regarding the complex interactions influencing infant mortality in Ethiopia. Unlike conventional methods, SEM enables us to discern both direct and indirect effects while accommodating measurement errors and interdependencies among variables. This methodological advancement goes beyond mere correlation, allowing us to establish causal relationships with greater precision by estimating the parameters in the interest of obtaining minimal residual covariance from World Bank health nutrition and population statistics between 2000 and 2019. Furthermore, analyzing the entire system simultaneously, SEM provides a more comprehensive understanding of the underlying structure driving high infant mortality rates, and it is expected that findings from our study will

improve planning and intervention to measure infant mortality in Ethiopia.

### **Hypothesis Development**

Developing hypotheses is important in SEM. Constructing a theoretical framework goes beyond data investigation. Researchers suggest that factors can have an impact on an outcome both directly and indirectly (e.g., infant mortality). These hypotheses then inform the construction of the SEM model and enable statistical testing of accepted theories [22]. In SEM, the development of hypotheses is guided by a robust theoretical framework that relies on previous research [20, 21]. The direction and strength of the direct and indirect effects among the factors that eventually affect the result (such as infant mortality rate) are specified by these hypotheses. Path analysis, an essential part of SEM, then visually depicts these suggested relationships by using arrows to show the direction and thickness to show the strength of the effect. The theoretical framework simply lays forth testable hypotheses that determine the modeled relationships; route analysis provides visual assistance to illustrate these ideas.

Based on these scholarly results and literature, we have developed the following hypotheses, and the hypothesized value of each path is included in the following directed diagram (see Figure 4.1). The hypotheses of this study are stated as:

H1: There is a direct effect of Out-of-pocket expenditure on health(% Gross domestic per capita (GDP) on maternal mortality ratio and Immunization Calmette-Guérin bacillus (BCG)

H2: Both BCG Immunization and Maternal mortality ratio mediate the influence of out-of-pocket expenditure on health (% GDP) on infant mortality rate.

H3: A higher level of fertility rate is associated with a higher level of maternal mortality ratio.

H4: Government health expenditure has a direct effect on fertility rate, BCG immunization, maternal mortality ratio, and infant mortality rate.

H5: GDP per capita has a direct effect on government health expenditure (percentage of GDP), Immunization (BCG), fertility rate, and Infant mortality rate

H6: Government health expenditure, fertility rate, and Immunization BCG mediate the influence of GDP on Infant mortality rate.

## **4.2 Materials and Methods**

### **4.2.1 Data sources, and covariates**

The study used pooled panel data from 2000 to 2019 in Ethiopia. The source of data for this study was the World Bank Development Indicators (World Bank Health Nutrition

and Population Statistics). We used the infant mortality rate as an outcome variable. The infant mortality rate is measured as the death of a child less than 1 year old per 1000 live births. The analyses were performed using SPSS AMOS and STATA 14. The dataset used is freely available at <http://data.WorldBank.org>. The variables in a structural equation model (SEM) are categorized as either endogenous or exogenous variables [29]. Moreover, endogenous and exogenous variables can be distinguished through the arrows that connect them within the model [11, 14]. Specifically, GDP per capita and out-of-pocket expenditure on health (as a percentage of GDP) are considered exogenous variables, while the infant mortality rate, immunization vaccination BCG, maternal mortality ratio, fertility rate, and domestic health expenditure (as a share of GDP) are endogenous variables and are explained within the model (see Table 4.1).

Table 4.1: List of endogenous and exogenous variables and their abbreviation

<b>Variables</b>	<b>World Bank Definition</b>	<b>Abbreviation</b>
Infant mortality rate	Number of deaths among infants ( $\leq 1$ year of age) per 1000 live births in a given year.	IMR (y5)
Immunization, BCG (% of one-year-old children)	Child immunization rate, BCG is the percentage of children ages 12-23 months who received vaccinations before 12 months or at any time before the survey for BCG. A child is considered adequately immunized after one dose.	BCG (y3)
Out-of-pocket expenditure on health	Share of out-of-pocket payments of total current health expenditures. Out-of-pocket payments are spending on health directly out-of-pocket by households.	OOP (x2)
Maternal Mortality Ratio	Maternal mortality ratio is the number of women who die from pregnancy-related causes while pregnant or within 42 days of pregnancy termination per 100,000 live births.	MMR (y4)
Domestic general government health expenditure (% of GDP)	Public expenditure on health from domestic sources as a share of the economy as measured by GDP.	GHE (y1)
The fertility rate	represents the number of children that would be born to a woman if she were to live to the end of her childbearing years and bear children in accordance with age-specific fertility rates of the specified year.	FR (y2)
GDP per capita	Per capita GDP is typically expressed in local current currency, local constant currency, or a standard unit of currency in international markets, such as the U.S. dollar (USD).	GDP (x1)

## 4.2.2 Statistical Analysis

### Path diagram/ Causal graphs

Path analysis represents a methodological improvement regarding multivariate techniques used in modelling indicators and it allows the investigation of more complex models [65]. Furthermore, the path analysis rule involves tracing paths in the graph as part of an algorithm giving equations relating the variances and covariances of the indicators, and it is represented by a diagram called a directed graph or path diagram [67]. In directed graphs, the vertices represent continuous variables, the edges some notion of correlation and causation, and the relations in the diagram are the parameters of the equations to be estimated, called path coefficients, which present the responses of endogenous variables to other endogenous or exogenous variables, while other variables in the model were held constant [17, 67].

Each node in path analysis was defined by the variables  $y_1$  to  $y_n$ , and there was a directed edge from  $y_i$  to  $y_j$  if the coefficient of  $y_i$  in the equation for  $y_j$  was distinct from zero [8]. Besides, there is mediation where one variable (exogenous) causes variation in another variable (endogenous), and the mediator hypothesis is supported [3, 22].

From Figure 4.1, all indicators are represented by rectangles, and it indicates that no latent variable in the model, and all arrows flow one way, with no feedback looping (recursive model). The measurement errors for the endogenous variables are uncorrelated. Our directed graph, set out all the causal linkages between variables to evaluate the possible hypothesis and  $\beta_{ij}$  and  $\gamma_{ij}$  are the coefficients. Thus, the following figure (Figure 4.1) is the path diagram for based on our setting that shows the cause and effect relationship between based on the theoretical framework.

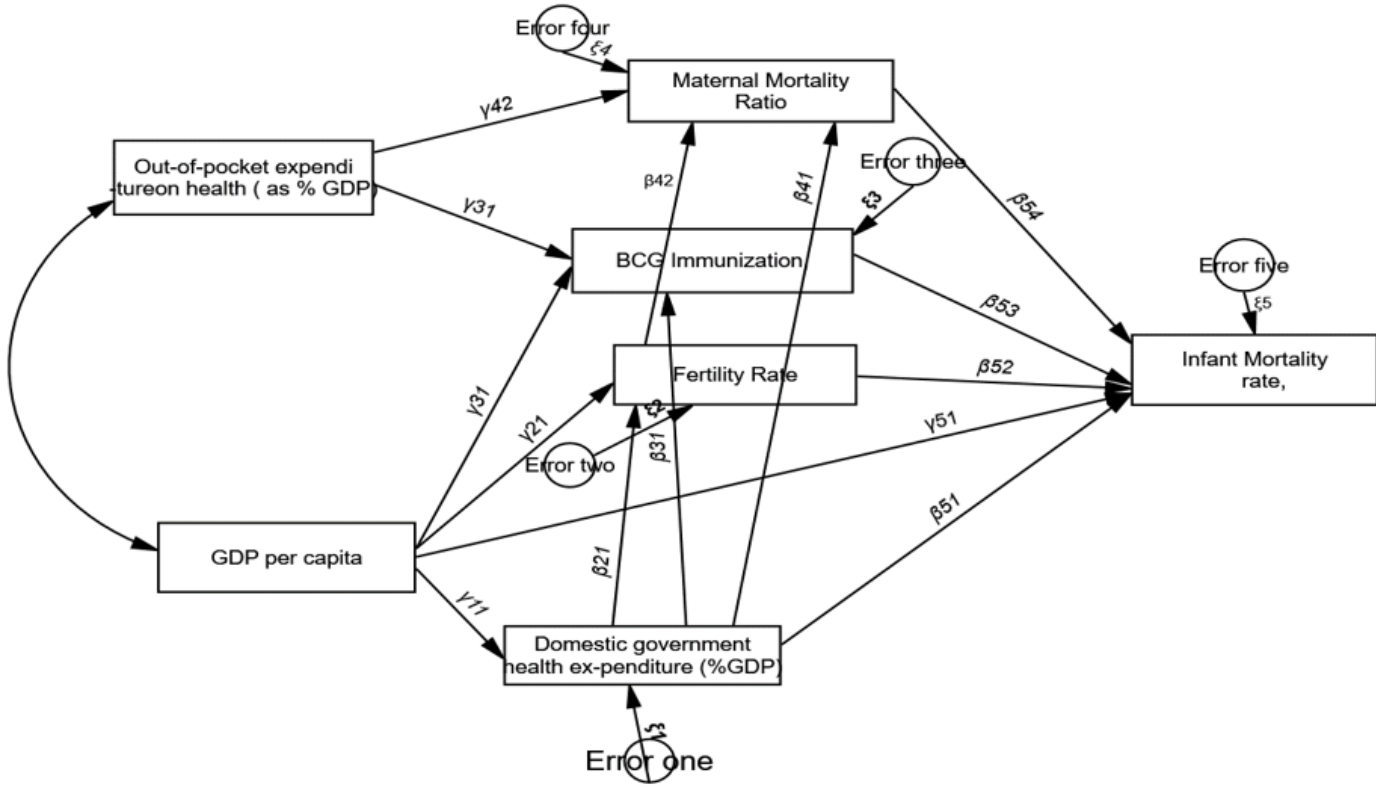


Figure 4.1: The directed cyclic graph or the path diagram of the theoretical model

### Model Identification

Model identification also is critical in structural equation modelling path analysis, and no reliable quantitative conclusion can be derived from non-identified models (Carlos Brito and Judea Pearl, (2002). The process of model identification in structural equation modeling (SEM) establishes whether there is sufficient data to estimate the parameters of the model in a unique way. A just-identified model has all variables interconnected ( $Df = 0$ ). Under-identified models ( $Df < 0$ ) lack sufficient information, while over-identified models ( $Df > 0$ ) have too many restrictions, potentially causing convergence issues [42].

According to [32] for the path analysis model, let  $P$  be the total number of exogenous and endogenous variables in the model, and let  $t$  be the number of free parameters.

Then, the t-rule is  $\frac{P(P+1)}{2} \geq t$ . The difference gives the number of degrees of freedom for the model:

$$Df = \frac{P(P+1)}{2} - t \quad (4.1)$$

From the observed covariance matrix of the given model, we have five endogenous and two exogenous variables, that is, seven observed variables (seven rectangles from the path diagram depicted above).

$$\sum 7 \times 7 = \frac{7(7+1)}{2} = 28 \text{ variances, and, covariances.}$$

Thus, we have 22 free parameters (8 non-zero from  $\beta$ ; 6 non-zero from  $\gamma$ , 3 variances-covariances in  $\Phi$ , and five residual variances in the diagonal of  $\psi$ ). Therefore, the model  $Df = 28 - 22 = 6$  is overidentified. This implies that the model has more constraints (equations) than unknowns (parameters). This excess constraint can potentially lead to convergence issues during estimation as the model searches for a solution that satisfies all the conditions simultaneously.

### 4.2.3 Structural equation Models

Structural equation model consists of a set of multivariate techniques that are confirmatory rather than exploratory in testing models that fit data [11]. It is used to examine linear causal relationships among variables; each equation describes the dependence of one variable in terms of the others. SEM incorporates stochastic error terms (residuals) into its equations to account for the influence of unobserved variables and measurement errors, providing a more nuanced understanding of the relationship between variables [11, 12].

SEM has three major advantages over traditional multivariate techniques: First, explicit assessment of measurement error; second, estimation of latent (unobserved) variables via observed variables; and third, model testing, where a structure can be imposed and assessed as to the fit of the data. SEMs allow for a joint analysis of multiple exposures with several outcome variables, a series of endogenous variables are related to each other as well as to a series of exogenous variables [51, 29].

The process of estimating SEM parameters determines the ideal values to represent relationships inside the model by taking observed data into account. Among these are route coefficients, factor loadings, and error term variances. OLS is not suitable for estimating path coefficients, factor loadings, and error term variance of SEM, despite its seeming simplicity, as it cannot handle latent variables, error terms, and multiple associations [29]. Thus, Maximum Likelihood (ML) is a prominent approach that effectively addresses these shortcomings in comparison to Ordinary Least Squares (OLS) [44], each indicator should follow Multivariate normality for each value of each other indicator.

Moreover, to examine the causal relationships between different determinants and infant mortality in Ethiopia (2000–2019), the model is constructed using the structural equation modeling (SEM) framework, and the specification of the model is as follows:

Let:  $\mathbf{y}$  be a  $p \times 1$  vector of endogenous variables (Infant mortality rate, Immunization, BCG, Maternal Mortality Ratio, Fertility rate, and Domestic health expenditure as a share of GDP),  $\mathbf{x}$  is a  $q \times 1$  vector of exogenous variables,  $\beta$  is a  $p \times p$  matrix giving the regression coefficients of endogenous variables ( $\mathbf{y}$ ) on other endogenous variables (i.e., the matrix of beta regression path coefficients between endogenous to endogenous),  $\gamma$  is a  $p \times q$  matrix giving the regression coefficients of the exogenous variables ( $\mathbf{x}$ ) on endogenous variables ( $\mathbf{y}$ ), where the  $i$ -th row indicates the endogenous variable and the

$j$ -th column indicates the exogenous variable, and  $\epsilon$  is a  $p \times 1$  vector of errors in the equations (i.e., regression residuals), representing the model errors associated with each endogenous variable.

The variances and covariances of the endogenous variables are being modeled as a function of the exogenous variables. Then, the general form of a SEM path analysis model is expressed in the matrix equation

$$\begin{aligned} y &= \beta y + \gamma x + \varsigma \\ y &= (I - \beta)^{-1} \gamma x + (I - \beta)^{-1} \varsigma \end{aligned} \quad (4.2)$$

Then the variance of the endogenous variables (y variables) is looks like:

$$\begin{aligned} V(y), &= E(yy'), = E \left[ ((I - \beta)^{-1} \gamma x + (I - \beta)^{-1} \varsigma) ((I - \beta)^{-1} \gamma x + (I - \beta)^{-1} \varsigma)^T \right] \\ V(y), &= ((I - \beta)^{-1}) [\gamma \Phi \gamma' + \psi] ((I - \beta')^{-1}) \end{aligned} \quad (4.3)$$

Provided that the variances of exogenous variable, x variables are defined as

$V(x), = E(xx') = \Phi$ ,  $V(\varsigma) = E(\varsigma \varsigma') = \psi$ . Similarly, the covariance between exogenous variable, x variables and endogenous variables (y variables) (covariance between x and y) is:

$$\text{Cov}(x,y) = E(xy') = E[x((I - \beta)^{-1} \gamma x + (I - \beta)^{-1} \varsigma)']$$

$$\Sigma = \Phi \gamma' (I - \beta')^{-1} \quad (4.4)$$

Assumptions

- $(\varsigma)$  is uncorrelated with  $(x)$ , i.e.,  $(\text{cov} \varsigma, x) = 0$
- $(|I - \beta| \neq 0)$  and invertible (i.e.,  $I \neq \beta$ )
- $E(\varsigma) = 0$
- $(E(x) = E(y) = 0)$

Therefore, Putting all the variance - covariance together,

$$\Sigma = \begin{bmatrix} \Sigma_{yy} & - \\ \Sigma_{xy} & \Sigma_{xx} \end{bmatrix}$$

Here,  $x$ ,  $y$ , and  $\varsigma$  are Gaussian random vectors:  $x \sim N(\mu_x, \Sigma_x)$  and  $y \sim N(\mu_y, \Sigma_y)$ .

The stochastic error has a multivariate Gaussian distribution with a mean of the zero vector and a covariance matrix that is a diagonal matrix:  $\text{Cov}(\varsigma) = \Psi = \text{diag}(\psi_{11}, \psi_{22}, \psi_{33}, \psi_{44}, \psi_{55})$ . The model acknowledges the inherent covariation of exogenous vari-



ables, determined outside the modeled system, through a variance-covariance system. This enhances the robustness of our causal inference by mitigating potential biases arising from untreated correlations among these external factors influencing infant mortality rate (IMR) in Ethiopia (2000-2019).

The causality of infant mortality based on the given indicators of exogenous variables, GDP per capita and Out-of-pocket expenditure on health (as percentage of GDP); and for endogenous variables, Domestic health on expenditure (as a share of GDP), Fertility rate, Immunization (BCG), Maternal Mortality Ratio and Infant mortality rate, can be expressed as a single matrix as:

$$\begin{bmatrix} \text{GHE} \\ \text{FR} \\ \text{BCG} \\ \text{MMR} \\ \text{IMR} \end{bmatrix} = \begin{bmatrix} 0 & 0 & 0 & 0 & 0 \\ \beta_{21} & 0 & 0 & 0 & 0 \\ \beta_{31} & 0 & 0 & 0 & 0 \\ \beta_{41} & \beta_{42} & 0 & 0 & 0 \\ \beta_{51} & \beta_{51} & \beta_{51} & \beta_{51} & 0 \end{bmatrix} \begin{bmatrix} \text{GHE} \\ \text{FR} \\ \text{BCG} \\ \text{MMR} \\ \text{IMR} \end{bmatrix} + \begin{bmatrix} \gamma_{11} & 0 \\ \gamma_{21} & 0 \\ \gamma_{31} & \gamma_{32} \\ \gamma_{42} & 0 \\ \gamma_{51} & 0 \end{bmatrix} \begin{bmatrix} \text{GDP} \\ \text{OOP} \end{bmatrix} + \begin{bmatrix} \varsigma_1 \\ \varsigma_2 \\ \varsigma_3 \\ \varsigma_4 \\ \varsigma_5 \end{bmatrix}$$

This implies that some of the elements of  $\beta$  and  $\gamma$  re fixed to zero by hypothesis and the zeros on the diagonal of  $\beta$  implies that a variable cannot cause itself. So, from the above directed cyclic graph.

The hypothesized model is comprised of five linear regressions like:

$$\text{GHE} = \gamma_{11}\text{GDP} + \varsigma_1$$

$$\text{FR} = \beta_{21}\text{GHE} + \gamma_{21}\text{GDP} + \varsigma_2$$

$$\text{BCG} = \beta_{31}\text{GHE} + \gamma_{31}\text{GDP} + \gamma_{32}\text{OOP} + \varsigma_3$$

$$\text{MMR} = \beta_{41}\text{GHE} + \beta_{42}\text{FR} + \gamma_{42}\text{OOP} + \varsigma_4$$

$$\text{IMR} = \beta_{51}\text{GHE} + \beta_{52}\text{FR} + \beta_{53}\text{BCG} + \beta_{54}\text{MMR} + \gamma_{51}\text{GDP} + \varsigma_5.$$

And the parameters pertaining to variances and covariances of the exogenous variables  $\text{GDP}$  and  $\text{OOP}$  and the error terms ( $\varsigma_1, \varsigma_2, \varsigma_3, \varsigma_4, \text{and}, \varsigma_5$ ).

The variance-covariance matrix of the exogenous variables is given by:

$$\Phi = \begin{bmatrix} \text{var}(\text{GDP}) & \\ \text{Cov}(\text{GDP}, \text{OOP}) & \text{var}(\text{OOP}) \end{bmatrix}$$

Similarly, the variance-covariance matrix of the error terms ( $\varsigma_1, \varsigma_2, \varsigma_3, \varsigma_4, \text{and}, \varsigma_5$ ) is given by :

$$\psi_i = \begin{bmatrix} \psi_{11} & 0 & 0 & 0 & 0 \\ 0 & \psi_{22} & 0 & 0 & 0 \\ 0 & 0 & \psi_{33} & 0 & 0 \\ 0 & 0 & 0 & \psi_{44} & 0 \\ 0 & 0 & 0 & 0 & \psi_{55} \end{bmatrix}$$

Typically, these variances and covariances of the exogenous variables  $\text{GDP}$  and  $\text{OOP}$  and the error terms the error variances are free parameters, but the covariances of error

variances are fixed to zero.

### Model Fit Statistics

Model Fit Statistics measures how closely the (population) model-implied covariance matrix  $\Sigma(\theta)$  matches the (population) observed covariance matrix  $\Sigma$ . Since SEM is also known as covariance structure analysis, the hypothesis of interest is regarding the covariance matrix. In SEM, relying solely on numerous fit indices can increase the risk of rejecting valid models. Using a combination of at least two fit indices is recommended for a more robust assessment of a model fit [15, 23]. Table 4.2 provides the information about goodness of fit indexes selected for this study and their cut-off values for model evaluation, based on the scholars [30].

Table 4.2: The Model Goodness of Fit Indices and Cut-Off Values

Indices	Cut-Off	Scholars
$\chi^2$	$\geq 0.5$	Wan (2002); Schermelleh-Engel et al. (2003);
SRMR	$\leq 0.05$ (good) $0.05 < \text{value} \leq 0.08$ (acceptable)	Garson (2009); Wan (2002)
RMSEA	$0.05 < \text{value} \leq 0.08$	Browne and Cudeck (1993);
CFI	$0.90 \leq \text{value} < 0.95$ (acceptable) $\geq 0.95$ (good)	Hu and Bentler (1999); Schreiber, Stage,
TLI	$0.90 \leq \text{value} < 0.95$ (acceptable) $\geq 0.95$ (good)	Hoe (2003); Hu and Bentler (1999)

RMSEA = Root Mean Square Error of Approximation, TLI = Tucker-Lewis Index, CFI = Comparative Fit Index, SRMR = Standardized Root Mean Square Residual,  $\chi^2$  p= chi-square with p-value.

### Assessment of multivariate normality

In SEM, each indicator should follow multivariate normality for each value of each other indicator and maximum likelihood estimation (MLE) is the dominant method for estimating structure (path) coefficients [29]. If we have a  $p \times 1$  random vector  $X$  that is distributed according to a multivariate normal distribution with population mean vector  $\mu$  and population variance-covariance matrix,  $\Sigma$ , then this random vector  $X$  could have the joint density function in the form of:

$$\phi(x) = \frac{1}{(2\pi)^{\frac{p}{2}} |\Sigma|^{\frac{-1}{2}}} \exp \left\{ -\frac{1}{2} (x - \mu)^T \Sigma^{-1} (x - \mu) \right\}, \quad X \sim N(\mu, \Sigma) \quad (4.5)$$

Where  $|\Sigma|$  is the determinant of the variance-covariance matrix  $\Sigma$  and  $\Sigma^{-1}$  is the inverse of the variance covariance matrix  $\Sigma$ .

## 4.3 Results and discussions

### 4.3.1 Results

The main purpose of our study is to develop and test a hypothesized model that uses SEM for a better understanding of both direct and indirect effects of the given indicators on IMR by estimating the parameters so that the discrepancy between the sample covariance matrix and the implied covariance matrix is minimal from the data of world Bank: health nutrition and population statistics between 2000 and 2019. Accordingly, the analysis is carried out in SPSS AMOS and STATA 14.

Descriptive statistics were used to summarize the baseline characteristics of the population. As shown in the following table (Table 4.3), the mean infant mortality rate was 58.16 in the sample of 20 years for World Bank data from 2000 to 2019 in Ethiopia. In our settings, the maximum number of infants dying before reaching one year of age was recorded in the year 2000 with a value of 87.2 and the minimum value has been recorded in the year 2019 with a value of 36.6, per 1,000 live births each year. The maximum value of the fertility rate was 6.543 in the year 2000, and 1030 was the maximum maternal mortality ratio encountered in the year 2000. Thus, the fertility rate and maternal mortality ratio declined from the year 2000 to the year 2019. The mean number of public expenditures on health from domestic sources as a share of the economy as measured by GDP was 1.18 and the means of out-of-pocket expenditure, GDP per capita, and BCG immunization were given as 37.81, 67.8, and 395.23, respectively.

#### **Checking for Multivariate normality**

In the assessment of maximum likelihood estimation of loadings(parameters) for SEM, it is important to determine whether the data follows Gaussian normal distribution or not. From Table 4.3 of the assessment of normality column, the critical values of both skewness and Kurtosis of Observed, endogenous variables, and exogenous variables lie between -1.96 and +1.96 (all these p-values are  $\geq 0.05$ ) in the univariate case and the critical values of the multivariate normality of the model were - 0.191, we retain the null hypothesis and consider the sample as coming from a normal distribution.

Table 4.3: Descriptive statistics of the causality of infant mortality study in Ethiopia

Variables	N	Min	Max	Mean	SD	Skew	CR	Kurt.	CR
Fertility rate	20	4.15	6.54	5.26	0.75	0.180	0.328	-1.186	-1.082
Out-of-pocket expenditure	20	31.34	46.54	37.81	0.607	1.108	-0.028	-0.026	0.607
Maternal Mortality ratio	20	354.00	1030.00	663.35	231.94	0.281	0.513	-1.380	-1.259
Infant mortality ratio	20	36.60	87.20	58.16	16.09	0.347	0.634	-1.134	-1.035
Immunization (BCG)	20	56.00	80.00	67.80	6.79	-0.332	-0.606	-832	-0.759
Gov't expenditure on health	20	0.38	2.28	1.18	0.54	0.672	1.227	-0.606	-0.553
GDP per capita	20	111.93	855.76	395.23	251.41	0.447	0.815	-1.160	-1.059
Valid N (listwise)	20								
<b>Multivariate</b>								-0.960	-0.191

CR = Critical ratio, SD= standard deviation,Min= Minimum,Max = Maximum,skew= skewness and Kurt.= Kurtosis

Furthermore, World Bank data shows a clear downward trend in Ethiopia's IMR between 2000 and 2019 (see Figure 4.2). While Ethiopia has experienced a decline in IMR [39], the country still faces challenging in achieving and the country did not achieve the extent of the sustainable development goals(SDGs) related to infant health. According to the [39], the country's IMR remained high at 34.5 percent. This falls short of the SDGs targets within Goal 3: "Ensuring healthy lives and promoting the wellbeing of all" with specific targets to "end preventive coverage (UHC), through access to quality, safe, effective, affordable and essential health care services" and to "to end preventable deaths of new-born and child under five years of age" [2].

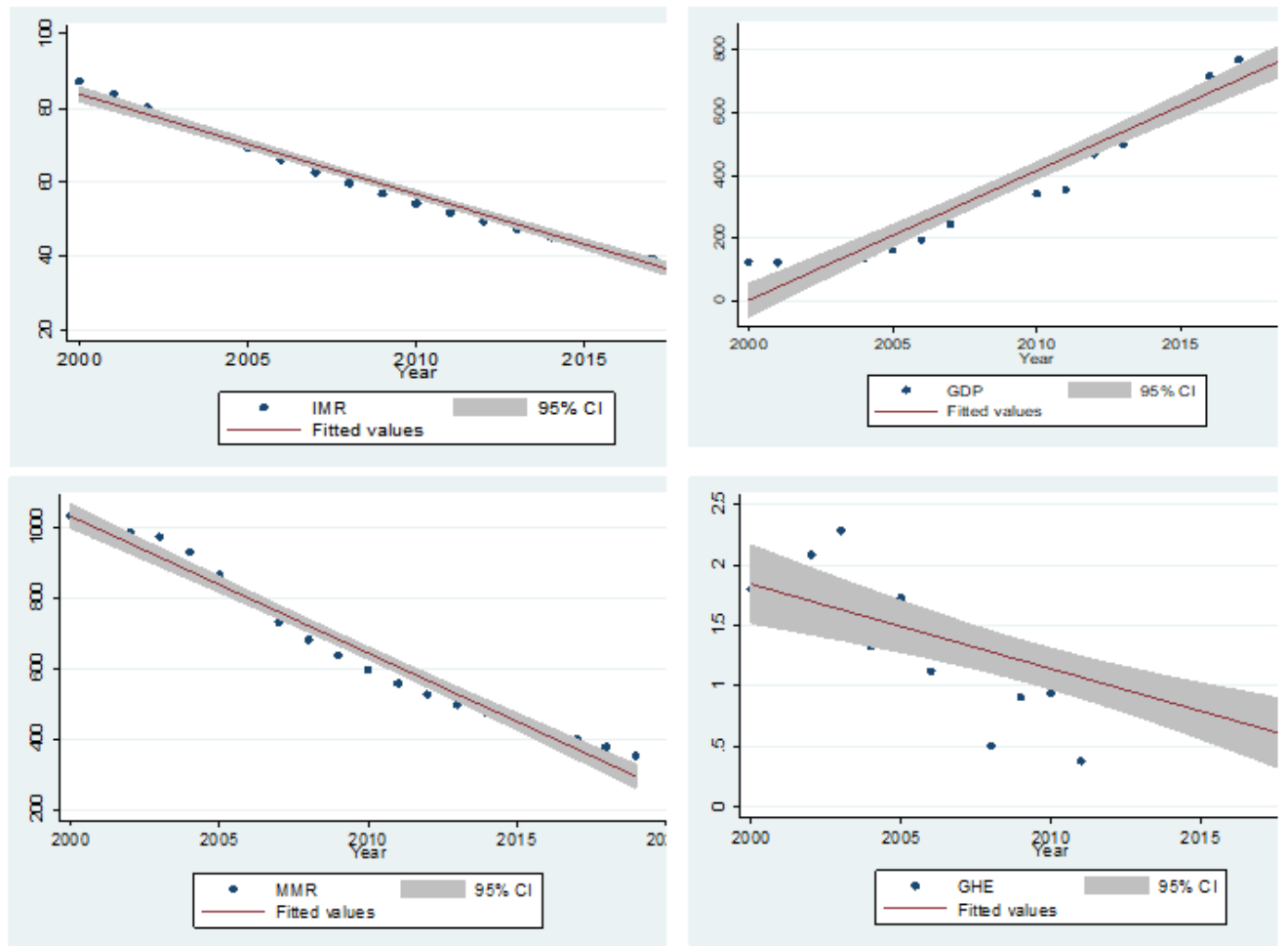


Figure 4.2: Trends of the different observed variables from 2000 to 2019

### Structural equation model path analysis.

#### Path analysis

In Figure 4.3, the directed graph was displayed for each variable to test the hypothesis for IMR, and the diagram shows how one variable was associated with a subsequent variable in the causal chain. The direct effects were dedicated to the straight influence of one variable on another observed variable without any mediation and the effects of more distance variables were mediated indirectly through intervening. Moreover, the numbers written on the arrow are coefficients that show the influence of one variable on another variable. The path coefficients and errors displayed were standardized estimates and accordingly, the analysis is carried out in SPSS AMOS.

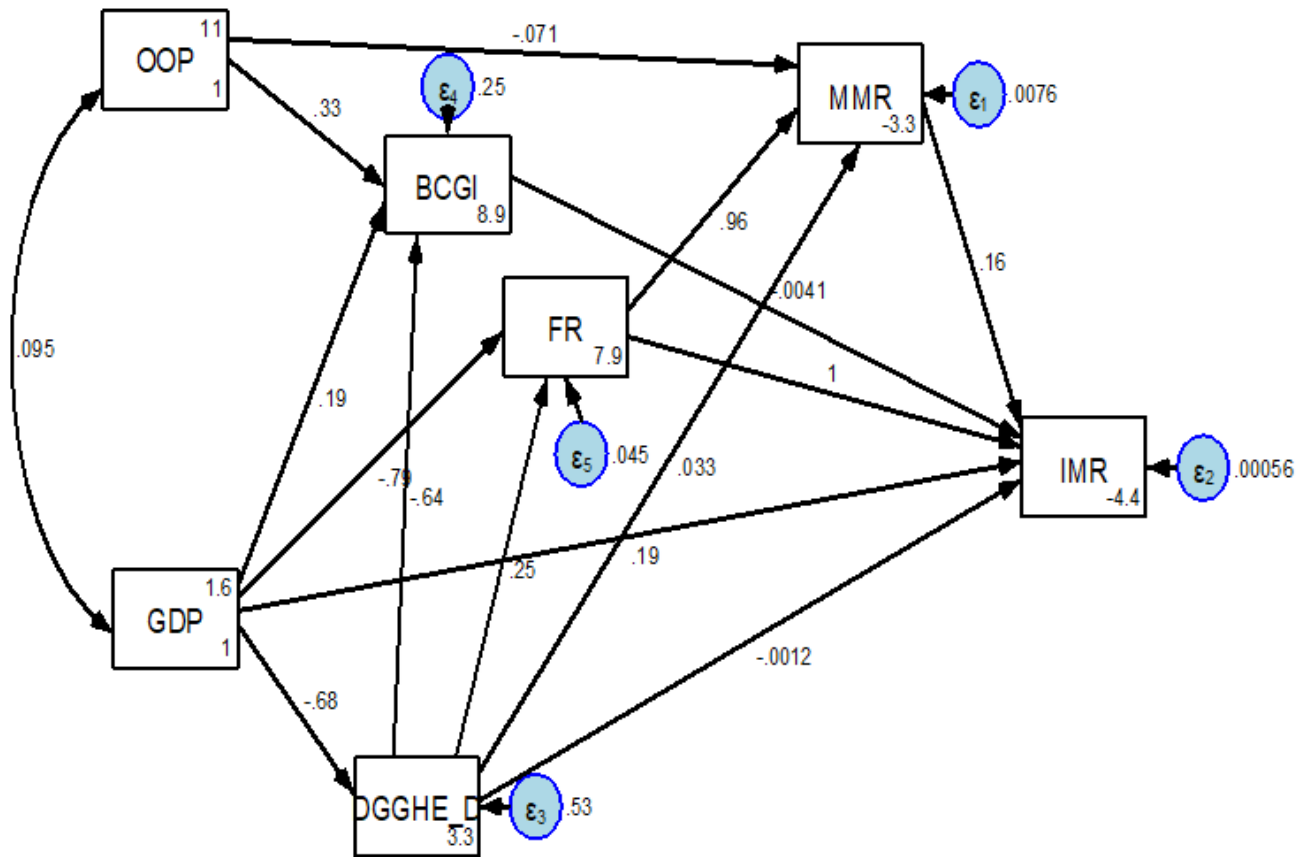


Figure 4. 3: Path diagram, path standardized coefficients of the risk factors on IMR.

### Parameter estimation for Structural equation modeling

Table 4.3 shows the values of the standardized parameter estimate (direct, indirect, and total effects) of the structural equation model by employing maximum likelihood estimation which gathers the loadings for each variable on the model.

This study found evidence that out-of-pocket expenditure (OOP) has directed effects on maternal mortality ratio (MMR) ( $\beta = -0.071$ ,  $p = 0.003$ ) and BCG immunization ( $\beta = 0.327$ ,  $p = 0.024$ ), and as OOP increases by one unit, MMR decreases by 0.071 unit, and immunization (BCG) increases by 0.327 unit, while other variables were held constant. Besides, the coefficient for maternal mortality ratio (MMR) is a statistically significant predictor of infant mortality rate in Ethiopia with ( $\beta = 0.141$ ,  $p = 0.009$ ), while the coefficient of BCG immunization is insignificant for infant mortality rate with ( $\beta = -0.0041$ ,  $p = 0.774$ ). Based on loading and  $p$ -values (see in Table 4.3), the indirect path coefficient of OOP to IMR through MMR was negative and significant ( $\beta = -0.012$ ,  $p = 0.034$ ). Thus, MMR was significantly mediating the influence of OOP on IMR, and BCGI was not a mediator for OOP to IMR. In conclusion:  $H_1$ : There is a direct effect of out-of-pocket expenditure on health (percentage of GDP) on BCG immunization and maternal mortality ratio was fully supported and  $H_2$ : Both BCG Immunization and Maternal mortality ratio mediate the influence of out-of-pocket expenditure on health (percentage of GDP) on the infant mortality rate of the research hypothesis was partially supported.

Looking at the effects of GDP on endogenous variables, GDP has a significant total effect on fertility rate with ( $\beta = -0.959, p < 0.001$ ), part of which ( $\beta = -0.175$  and  $p = 0.004$ ) was indirect through GGHE-D, and when GDP goes up by 1 unit, FR goes down by 0.175 unit due to the indirect (mediated) effect of GDP on FR in addition to any direct (unmediated) effect that GDP may have on FR. GDP was also a significant predictor of infant mortality rate ( $\beta = -0.941, p < 0.001$ ) and government expenditure on health ( $\beta = -0.683, p < 0.001$ ), respectively. The direct path coefficient from GDP to BCGI was insignificant ( $\beta = 0.188, p = 0.260$ ). Moreover, as GDP increases by one unit, FR decreases by 0.959 units, and government expenditure on health decreases by 0.683 units, and IMR decreases by 0.941 units by 0.625, while other variables were held constant. The research hypothesis  $H_5$ : there is a direct effect of GDP on GGHE-D, BCGI, FR, and IMR is partially supported.

Further, when we consider the direct effects of government expenditure on health for other endogenous variables, the path coefficient was negative and significant for BCGI ( $\beta = -0.640, p < 0.001$ ), and positive and significant for FR ( $\beta = 0.256, p < 0.001$ ), and insignificant for MMR ( $\beta = 0.246, p = 0.386$ ) respectively. The total effects of government expenditure on health (GGHE-D) on IMR was significant ( $\beta = 0.306, p = 0.017$ ), part of which ( $\beta = 0.308, p < 0.001$ ) was indirect through FR. There was also a significant effect of fertility rate on maternal mortality ratio ( $\beta = 0.96, p < 0.001$ ). In conclusion,  $H_4$ : there is a direct effect of GHE on FR, BCGI, MMR, and the IMR was partially supported and  $H_3$ : a higher level of FR is associated with a higher level of MMR was supported.

Our model also revealed that there were direct positive effects between FR and IMR ( $\beta = 1.168, p < 0.001$ ), and between MMR and IMR ( $\beta = 0.156, p = 0.009$ ). The direct path coefficients from BCGI and GHE to IMR were insignificant with the standardized beta coefficient and  $p$ -values of ( $\beta = -0.007, p = 0.774$ ) and ( $\beta = -0.002, p = 0.915$ ) respectively. Based on the loadings or standardized coefficients, the FR has the highest standard coefficient ( $\beta = 1.168, p < 0.001$ ) for increasing infant mortality rate (IMR), part of which was indirect through MMR ( $\beta = 0.136$  and  $p = 0.009$ ). As the fertility rate increased by one unit, the Infant mortality rate increased by 1.168, through which 0.136 unit was indirect through the maternal mortality ratio while all other variables held constant.

Table 4.4: Standardized paths for direct, indirect, and total effects of each factor of the causality of infant mortality

To ← From	Direct	Indirect	Total
MMR ← OOP	-.071*	-	-.071*
MMR ← FR	.96**	-	.96**
MMR ← GGHE-D	.246( $P = 0.386$ )	.032**	.278**
MMR ← GDP	-	-.861**	-.861**
BCGI ← OOP	.327*	-	.327*
BCGI ← GDP	.188(0.260)	.437*	.625**
BCGI ← GGHE-D	-.640**	-	-.640**
FR ← GGHE-D	.256**	-	.256**
FR ← GDP	-.784**	-.175*	-.959**
GGHE-D ← GDP	-.683**	-	-.683**
IMR ← MMR	.141*	-	.141*
IMR ← BCGI	-.007(0.774)	-	-.007(0.774)
IMR ← FR	1.032**	.136*	1.168*
IMR ← GGHE-D	-.002(0.915)	.308**	.306*
IMR ← GDP	.186**	-1.126**	-.941**
IMR ← OOP	-	-.012*	-.012**

\*\* Significant at 1% level of significance ( $p < 0.001$ ) and \* Significant at 5% level of significance ( $p < 0.05$ ).

In addition to the above-established relationships of the variables in the model, structural relationships between the set of variables taken into consideration, Table 4.5 represents the covariance of how much two variables move together. The relationship between MMR and IMR ( $\Sigma = 0.99$ ), MMR and FR ( $\Sigma = 0.99$ ), and MMR and GGHE-D ( $\Sigma = 0.79$ ) was positive and increasing, while the relationship between MMR and BCGI ( $\Sigma = -0.75$ ), MMR and OOP ( $\Sigma = -0.17$ ), and MMR and GDP ( $\Sigma = 0.96$ ) was negative and decreasing (see Table 4.5). The value of the covariance does not give any more information further than directionality [33].



Table 4.5: Fitted covariances of observed variables (standardized) for each factor of the causality of infant mortality in Ethiopia

	MMR	BCGI	IMR	GGHE-D	FR	OOP	GDP
MMR	1						
BCGI	-0.75	1					
IMR	0.99	-0.73	1				
GGHE-D	0.79	-0.79	0.81	1			
FR	0.99	-0.72	0.99	0.80	1		
OOP	-0.17	0.39	-0.11	-0.07	-0.09	1	
GDP	-0.96	0.66	-0.95	-0.69	-0.96	0.09	1

### Assessment of the overall Goodness of fit

The model summary (see Table 4.6) provides the equation-by-equation goodness of fit statistics for the endogenous variable, which is displayed by equation-level variance decomposition along with the coefficient of determination ( $R^2$ ), Bentler-Raykov squared multiple correlation coefficient ( $mc^2$ ), and the correlation between them and their predictors ( $mc$ ). The values of the coefficient of determination ( $R^2$ ) and Bentler-Raykov squared multiple correlation coefficient ( $mc^2$ ) are measures of goodness of fit statistics that are equivalent in recursive structure equation modeling [6].

According to the results in Table 4.6 below, the correlation between MMR and its predictors was 0.996, and the variance of MMR explained by its predictors is 0.993, or 99.3% of the variation explained by MMR in the equation for the endogenous variable MMR. Similarly, the correlation between FR and its predictors was 0.978, and 95.5% of the data fits the model for the endogenous variable FR. The model equation of the endogenous variable IMR has explained 99.5% of the total variation of implied causality.

Further, because the  $\chi^2$  goodness-of-fit criterion is very sensitive to sample size, often other descriptive measures of fit are used in addition to the absolute  $\chi^2$  test, and there should be a combination of at least two goodness-of-fit [42, 50]. The overall model fit for the structural equation model was adequate to good in terms of CFI (0.932) and TLI (0.961).

Table 4.6: Equation-level goodness of fit for the causality of infant mortality in Ethiopia

Dependent variables	Fitted variance	Predicted variance	Residual variance	R-squared	mc	mc2
MMR	49877.49	49500.85	376.65	0.993	0.996	0.993
BCGI	36.63	27.65	8.98	0.755	0.869	0.755
IMR	244.65	244.51	0.14	0.999	0.996	0.999
GGHE-D	0.276	0.13	0.15	0.466	0.682	0.466
FR	0.544	0.52	0.025	0.955	0.978	0.955
Overall				0.995		

mc = correlation between depvar and its prediction and  $mc^2 =$   
Bentler-Raykov squared multiple correlation coefficient

Table 4.7 reveals residual covariances (i.e., the difference between the sample covariances based on the sample data and the covariances implied by the fitted model) provide a natural estimate of the fit of covariance structure models, and this covariance residual value was smaller (all values are less than 1.96 in absolute value). The model is supported as the implied covariance matrix did not differ significantly from the empirical covariance matrix. this smaller value indicates the best fit of the covariance structure model). The larger in absolute value of the residual covariance, the worse the fit [30].

Table 4.7: Covariance residuals for each factor of the causality of infant mortality

	MMR	BCGI	IMR	GGHE-D	FR	OOP	GDP
MMR	0.076						
BCGI	0.446	0.515					
IMR	0.047	-0.445	0.016				
GGHE-D	0.113	-0.472	0.020	0.000			
FR	0.037	-0.370	0.007	0.000	0.000		
OOP	0.731	1.034	-0.818	-1.841	-0.716	0.000	
GDP	0.022	0.000	-0.003	-0.000	-0.000	0.000	0.000

### The final structural equation modeling path analysis

Results presented in Table 4.8, indicate the parameter estimation of coefficients of observed variables, the standard error, significant values, and the 95% confidence interval for the final Structural equation model for infant mortality in Ethiopia. The estimated coefficient for each observed variable represents the magnitude and direction of their influence in IMR. A positive coefficient indicates a positive relationship, while a negative coefficient suggests a negative association. Additionally, the standard error quantifies the potential variability in the estimated coefficient due to sampling error. A p-value less than a chosen significance level (e.g., 0.05) suggests that the observed effect is unlikely to be due to chance alone. Finally, the 95% confidence intervals capture a range of plausible values within which the true population value of each coefficient is likely to fall within 95% certainty [22].

Table 4.8: The finalized and accepted Structural equation model for infant mortality

	Coef.	Std. Err.	z	$P >  z $	[95% Conf.	Interval]
GGHE ←						
GDP	-0.6819305	0.1196231	-5.70	0.000	-0.9163875	-0.4474736
cons	3.343989	0.4232345	7.90	0.000	2.514464	4.173513
FR ←						
GGHE	0.2547491	0.071664	3.55	0.000	0.1142903	0.3952079
GDP	-0.7855652	0.0623844	-12.59	0.000	-0.9078363	-0.663294
cons	7.893804	1.260267	6.26	0.000	5.423727	10.36388
BCGI ←						
GGHE	-0.6394371	0.1900197	-3.37	0.001	-1.011869	-0.2670054
OOP	0.3266416	0.1577665	2.07	0.038	0.0174249	0.6358584
GDP	0.1888563	0.1671475	1.13	0.259	-0.1387468	0.5164595
cons	8.858733	2.392873	3.70	0.000	4.168789	13.54868
MMR ←						
GGHE	0.0330499	0.0531217	0.62	0.534	-0.0710667	0.1371665
FR	0.9609476	0.0323262	29.73	0.000	0.8975893	1.024306
OOP	-0.0707044	0.0289071	-2.45	0.014	-0.1273614	-0.0140475
cons	-3.269208	0.5745308	-5.69	0.000	4.395268	-2.143148
IMR ←						
MMR	0.1554458	0.0593495	2.62	0.009	0.0391229	0.2717687
BCGI	-0.0041356	0.0144006	-0.29	0.774	-0.0323602	0.024089
GGHE	-0.0012406	0.0420536	-0.03	0.976	-0.0836643	0.081183
FR	1.025088	0.0543037	18.88	0.000	0.9186548	1.131521
GDP	0.1912811	0.0313778	6.10	0.000	0.1297818	0.2527805
cons	-4.382065	0.7871316	-5.57	0.000	-5.924815	-2.839315
Mean (OOP)	10.6367	1.696609	6.27	0.000	7.311404	13.96199
Mean (GDP)	1.612898	0.3391696	4.76	0.000	0.9481377	2.277658
Var (e.GGHE)	0.5349707	0.1631493			0.2942661	0.9725676
Var (e.FR)	0.0450516	0.0196886			0.01913	0.1060976
Var (e.BCGI)	0.2451441	0.0921224			0.1173679	0.5120277
Var (e.IMR)	0.0005578	0.0002494			0.0002322	0.0013399
Var (e.MMR)	0.0076	0.0033638				
Var (OOP)	1					
Var (GDP)	1					
Cov(OOP,GDP)	0.095317	0.2215753	0.43	0.667	-0.3389626	0.5295965

e = error for each observed variable, cons = constant for each observed variable.

Therefore, based on tables 4.8 and Figure 4.3, the final structural equation model was:

$$\mathbf{GHE} = -0.683 \cdot \mathbf{GDP} + 0.0450516, \quad R^2 = 46.6\%$$

$$\mathbf{FR} = 0.256 \cdot \mathbf{GHE} - 0.786 \cdot \mathbf{GDP} + 0.0450516, \quad R^2 = 95.5\%$$

$$\mathbf{BCG} = -0.639 \cdot \mathbf{GHE} + 0.189 \cdot \mathbf{GDP} + 0.327 \cdot \mathbf{OOP} + 0.2451441, \quad R^2 = 75.5\%$$

$$\mathbf{MMR} = 0.034 \cdot \mathbf{GHE} + 0.961 \cdot \mathbf{FR} - 0.071 \cdot \mathbf{OOP} + 0.0075514, \quad R^2 = 99.3\%$$

$$\mathbf{IMR} = -0.005 \cdot \mathbf{GHE} + 1.03 \cdot \mathbf{FR} - 0.005 \cdot \mathbf{BCG} + 0.156 \cdot \mathbf{MMR} + 0.192 \cdot \mathbf{GDP} + 0.0005578,$$

$$R^2 = 99.5\%$$

### 4.3.2 Discussion

We use SEM to estimate the direct, indirect, and total effects of variables, to accredit the presence of connections between them, and to test the hypothesized model based on World Bank data on IMR. From the sample of 20 years of World Bank data, the occurrence of IMR was decreasing and that could be justified by the advancement of mother and childcare activity in Ethiopia. Although this represents an overall decline in infant mortality between the years 2000 to the year 2019, Ethiopia accounts for the highest infant mortality rate, it was reported at 35.4 % in 2020, and the country did not achieve the extent of the sustainable development goals (SDGs) of target focuses on “ensuring healthy lives and promoting the wellbeing of for all” [10].

From the study using path analysis (directed graph) and structural equation modeling, we found that variables MMR, FR, and GDP significantly affect the IMR directly. Besides, the indirect path coefficients from OOP and FR to IMR through MMR and indirect path coefficients GGHE-D and GDP to IMR through FR were significant. However, the variable BCGI was not influential for IMR. Consequently, the FR and MMR were the mediating variables on IMR, and among all variables that had an influence on IMR, FR had the highest standardized coefficient. Complementarily, OOP, and FR had an effect on MMR directly, and GDP and GGHE-D affect MMR indirectly through FR. Besides, GGHE-D affects FR directly while GDP affects FR directly and indirectly. In our analysis, residual covariances of this SEM were smaller (all values are less than 1.96 in absolute value). This smaller value indicates the best fit of the covariance structure model. The larger in absolute value of the residual covariance, the worse the fit [23].

There were significant direct effects of OOP on MMR and BCGI. Moreover, MMR was significantly mediating the influence of OOP on IMR, but no indirect effect of OOP on IMR through BCGI. Ultimately, H1: There is a direct effect of OOP on BCGI, and MMR was fully supported while H2: Both BCGI and MMR mediate the influence of OOP on IMR of the research hypothesis was partially supported. This finding is also in line with another previous study in Egypt [1]. Considering this result, BCGI was not significantly associated with IMR. Contrary to our results, authors Roth et al (2004), revealed that IMR was lower for BCGI vaccinated than unvaccinated. This variability could be better BCGI vaccination coverage in Ethiopia, and it was 56 percent in 2000 and 90.27 percent in 2019 [25, 57].

Looking at the direct effects of GDP on other endogenous variables, GDP has a significant and negative predictor of FR part of which, was indirect through GGHE-D, and this is in addition to any direct (unmediated) effect that GDP may have on FR. This study was in accordance with the study conducted in Pacific Island countries by [31], and the study from the developed world by [56]. Our results in Ethiopia were entirely consistent

with those from studies that observed GDP had a negative association with FR, and in return, IMR was positively correlated with fertility [41, 31, 56]. This is because, in the developing world, parents consider children as virility, they use their children for work and to bring in an income for the family, and Ethiopia has a total fertility rate of 4.6 children per woman [66]. Lastly, our research hypothesis H5 was partially supported.

There had also been a significant effect of FR on MMR and this result was in line with the study conducted in Nepal by [27]. In conclusion, H4: there is a direct effect of government health expenditure on fertility rate, BCG immunization, maternal mortality ratio, and infant mortality rate was partially supported, and H3: a higher level of fertility rate is associated with a higher level of maternal mortality ratio was supported.

Furthermore, our results emphasize how important maternal mortality is. However, the variables influencing maternal mortality in this study were not sufficiently highlighted. Several factors, like as diet, care, prenatal vaccinations, and birth settings, may be connected to the overall health of mothers. It is crucial to identify these variables and other childhood vaccines in order to evaluate how they can impact the model for future study in this field.

In conclusion, this structural equation model path analysis is used to examine the different connections between observed variables (both endogenous and exogenous) and recognize both direct, indirect, and total effects of IMR based on Health Nutrition and Population Statistics indicators. The study found that maternal mortality ratio, fertility rate, and GDP per capita do have a significant impact on the infant mortality rate in Ethiopia and the study showed that there was a reverse association between IMR and GDP. However, the model shows that both government expenditure on health and BCGI were insignificant to the IMR. As we observed in the present study, reduction in fertility rate, improve the general care of mothers, and increase the per capita GDP of the country is the most important factors to decrease IMR. From the given mediators of GDP to IMR and predictors MMR, FR has the highest standard coefficients for increasing infant mortality rate (IMR) directly and indirectly through MMR. Moreover, OOP and FR were significantly predicting the MMR, but GHE was insignificant for MMR. In line with this, both government and stockholders should design and implement programs to decrease the FR and MMR, and increase per capita GDP and OOP to decrease the rate of infant mortality. Therefore, from our research hypotheses, H1 and H3 are fully supported while the rest research hypotheses H2, H4: H5: and H6: were partially supported. From our model, the covariance residual value is smaller (all values are less than 1.96 in absolute value) and it shows a good estimate of the fit of covariance structure models.

### 4.3.3 Limitations of the study

The study was based on secondary pooled data. Although we attempted to examine the causal relationships of variables over an extended period, many variables had missing

or incomplete values. Additionally, various literature sources identify factors influencing the infant mortality rate in Ethiopia, such as sanitation facilities, maternal nutrition (the mother's nutritional status before and during pregnancy), health infrastructure, malaria incidence, and urbanization. However, data on these variables were not available in the World Bank Development Indicators (World Bank Health Nutrition and Population Statistics), so these variables were not included in this study.

# Bibliography

- [1] Fatma Abdelkhalek and Marianna Bolla. Application of structural equation modeling to infant mortality rate in egypt. *Demography of Population Health, Aging and Health Expenditures*, pages 89–99, 2020.
- [2] UN Inter agency Group for Child Mortality Estimation. Levels and trends in child mortality, 2013.
- [3] Reuben M Baron and David A Kenny. The moderator–mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of personality and social psychology*, 51(6):1173, 1986.
- [4] Judy A Beal. Infant mortality is higher in rural counties. *MCN: The American Journal of Maternal/Child Nursing*, 46(2):118, 2021.
- [5] Robert E Black, Saul S Morris, and Jennifer Bryce. Where and why are 10 million children dying every year? *The lancet*, 361(9376):2226–2234, 2003.
- [6] Hubert M Blalock Jr. *Causal inferences in nonexperimental research*. UNC Press Books, 2018.
- [7] Mildred Blaxter. *The health of the children. A review of research on the place of health in cycles of disadvantage*. 1981.
- [8] Carlos Brito and Judea Pearl. A new identification condition for recursive models with correlated errors. *Structural Equation Modeling*, 9(4):459–474, 2002.
- [9] Jennifer Bryce, Nancy Terreri, Cesar G Victora, Elizabeth Mason, Bernadette Daelmans, Zulfiqar A Bhutta, Flavia Bustreo, Francisco Songane, Peter Salama, and Tessa Wardlaw. Countdown to 2015: tracking intervention coverage for child survival. *The Lancet*, 368(9541):1067–1076, 2006.
- [10] Freedom Index by Country. World population review, 2022. : <https://worldpopulationreview.com/countryrankings/freedom-index-by-country>, 2022.
- [11] Barbara M Byrne. *Structural equation modeling with Mplus: Basic concepts, applications, and programming*. routledge, 2013.
- [12] YH Chan. Biostatistics 308. structural equation modeling. *Singapore medical journal*, 46(12):675, 2005.

- [13] Ileana Citaristi. United nations children’s fund—unicef. In *The Europa Directory of International Organizations 2022*, pages 165–177. Routledge, 2022.
- [14] Otis Dudley Duncan. Path analysis: Sociological examples. *American journal of Sociology*, 72(1):1–16, 1966.
- [15] Yi Fan, Jiquan Chen, Gabriela Shirkey, Ranjeet John, Susie R Wu, Hogeun Park, and Changliang Shao. Applications of structural equation modeling (sem) in ecological studies: an updated review. *Ecological Processes*, 5:1–12, 2016.
- [16] Achille Dargaud Fofack and Steve Sarpong. The impact of out-of-pocket health expenditure on maternal health: Empirical evidence from central and latin american countries. *Journal of Health Science and Medical Research*, 37(3):237–245, 2019.
- [17] John R Goldsmith and Kenneth Berglund. Epidemiological approach to multiple factor interactions in pulmonary disease: The potential usefulness of path analysis. *Annals of the New York Academy of Sciences*, 221(1):361–375, 1974.
- [18] Robert M Gonzalez and Donna Gilleskie. Infant mortality rate as a measure of a country’s health: a robust method to improve reliability and comparability. *Demography*, 54(2):701–720, 2017.
- [19] Bernard Guyer, Mary Anne Freedman, Donna M Strobino, and Edward J Sondik. Annual summary of vital statistics: trends in the health of americans during the 20th century. *Pediatrics*, 106(6):1307–1317, 2000.
- [20] Joseph F Hair. *Multivariate data analysis*. 2009.
- [21] Joseph F Hair Jr, G Tomas M Hult, Christian M Ringle, Marko Sarstedt, Nicholas P Danks, and Soumya Ray. *Partial least squares structural equation modeling (PLS-SEM) using R: A workbook*. Springer Nature, 2021.
- [22] Ron D Hays, Dennis Revicki, and Karin S Coyne. Application of structural equation modeling to health outcomes research. *Evaluation & the Health Professions*, 28(3):295–309, 2005.
- [23] Li-tze Hu and Peter M Bentler. Cutoff criteria for fit indexes in covariance structure analysis: Conventional criteria versus new alternatives. *Structural equation modeling: a multidisciplinary journal*, 6(1):1–55, 1999.
- [24] Alexander Jarde, Nuredin Ibrahim Mohammed, Pierre Gomez, Pa Cheboh Saine, Umberto D’Alessandro, and Anna Roca. Risk factors of infant mortality in rural the gambia: a retrospective cohort study. *BMJ paediatrics open*, 5(1), 2021.
- [25] Eziyi Iche Kalu, Chiedozie Kingsley Ojide, Victor Ugochukwu Nwadike, Francis Chukwuma Korie, Chikaodili Adaeze Ibeneme, and Godwin Chukwuebuka



- Okafor. Childhood tuberculosis in sub-saharan africa: A call to action. *Asian Pacific Journal of Tropical Disease*, 5(10):757–766, 2015.
- [26] Kadir Karagöz and Rıdvan Keskin. Impact of fiscal policy on the macroeconomic aggregates in turkey: Evidence from bvar model. *Procedia economics and finance*, 38:408–420, 2016.
- [27] Joanne Katz, Keith P West Jr, Subarna K Khatry, Parul Christian, Steven C LeClerq, Elizabeth Kimbrough Pradhan, and Sharada Ram Shrestha. Risk factors for early infant mortality in sarlahi district, nepal. *Bulletin of the World Health Organization*, 81(10):717–725, 2003.
- [28] Girmay Tsegay Kiross, Catherine Chojenta, Daniel Barker, Tenaw Yimer Tiruye, and Deborah Loxton. The effect of maternal education on infant mortality in ethiopia: A systematic review and meta-analysis. *PloS one*, 14(7):e0220076, 2019.
- [29] Rex B Kline. *Principles and practice of structural equation modeling*. Guilford publications, 2023.
- [30] S Kula. Statistical analysis criterias for structural equation modeling. *Retrieved on from: <https://www.researchgate.net/publication/269808882>*, 2011.
- [31] Sumeet Lal, Rup Singh, Keshmeer Makun, Nilesh Chand, and Mohsin Khan. Socio-economic and demographic determinants of fertility in six selected pacific island countries: An empirical study. *PloS one*, 16(9):e0257570, 2021.
- [32] Kenneth C Land. Principles of path analysis. *Sociological methodology*, 1:3–37, 1969.
- [33] Robert C MacCallum and Michael W Browne. The use of causal indicators in covariance structure models: some practical issues. *Psychological bulletin*, 114(3):533, 1993.
- [34] Punam Mangtani, Ibrahim Abubakar, Cono Ariti, Rebecca Beynon, Laura Pimpin, Paul EM Fine, Laura C Rodrigues, Peter G Smith, Marc Lipman, Penny F Whiting, et al. Protection by bcg vaccine against tuberculosis: a systematic review of randomized controlled trials. *Clinical infectious diseases*, 58(4):470–480, 2014.
- [35] Diane McIntyre, Michael Thiede, Göran Dahlgren, and Margaret Whitehead. What are the economic consequences for households of illness and of paying for health care in low-and middle-income country contexts? *Social science & medicine*, 62(4):858–865, 2006.
- [36] Christopher JL Murray, Joshua A Salomon, and Colin Mathers. A critical examination of summary measures of population health. *Bulletin of the World Health Organization*, 78:981–994, 2000.

- [37] Charles A Nelson, Zulfiqar A Bhutta, Nadine Burke Harris, Andrea Danese, and Muthanna Samara. Adversity in childhood is linked to mental and physical health throughout life. *bmj*, 371, 2020.
- [38] Mai P Nguyen and Chi M Nguyen. Dominant factors affecting regional inequality of infant mortality in vietnam: a structural equation modelling analysis. *International Journal of Health Policy and Management*, 10(8):475, 2021.
- [39] World Health Organization et al. Trends in maternal mortality 2000 to 2017: estimates by who, unicef, unfpa, world bank group, and the united nations population division: executive summary. Technical report, World Health Organization, 2019.
- [40] World Health Organization et al. Levels and trends in child malnutrition: Unicef. 2021.
- [41] Osayanmon Wellington Osawe. Determinant of infant mortality rate: A panel data analysis of african countries. *Developing Country Studies*, 4(18):111–115, 2014.
- [42] Elazar J Pedhazur, Fred N Kerlinger, et al. *Multiple regression in behavioral research*. 1982.
- [43] Davide Rasella, Rosana Aquino, Carlos AT Santos, Rômulo Paes-Sousa, and Mauricio L Barreto. Effect of a conditional cash transfer programme on childhood mortality: a nationwide analysis of brazilian municipalities. *The lancet*, 382(9886):57–64, 2013.
- [44] Tenko Raykov and George A Marcoulides. *A first course in structural equation modeling*. routledge, 2012.
- [45] Daniel D Reidpath and Pascale Allotey. Infant mortality rate as an indicator of population health. *Journal of Epidemiology & Community Health*, 57(5):344–346, 2003.
- [46] Bobby Reiner. Institute for health metrics and evaluation.
- [47] Adam Roth, Henrik Jensen, May-Lill Garly, Queba Djana, Cesário Lourenco Martins, Morten Sodemann, Amabelia Rodrigues, and Peter Aaby. Low birth weight infants and calmette-guérin bacillus vaccination at birth: community study from guinea-bissau. *The Pediatric infectious disease journal*, 23(6):544–550, 2004.
- [48] Letícia Xander Russo, Anthony Scott, Peter Sivey, and Joilson Dias. Primary care physicians and infant mortality: evidence from brazil. *PLoS One*, 14(5):e0217614, 2019.
- [49] Shea Oscar Rustein and Kiersten Johnson. The dhs wealth index. 2004.

- [50] Brisa N Sánchez, Esben Budtz-Jørgensen, Louise M Ryan, and Howard Hu. Structural equation models: a review with applications to environmental epidemiology. *Journal of the American Statistical Association*, 100(472):1443–1455, 2005.
- [51] Carlos A Sanchez, Oriana Rivera-Lozada, Michelle Lozada-Urbano, and Pablo Best. Infant mortality rates and pneumococcal vaccines: a time-series trend analysis in 194 countries, 1950–2020. *BMJ Global Health*, 8(8):e012752, 2023.
- [52] William M Sappenfield, Magda G Peck, Carol S Gilbert, Vera R Haynatzka, and Thomas Bryant. Perinatal periods of risk: Phase 2 analytic methods for further investigating feto-infant mortality. *Maternal and child health journal*, 14:851–863, 2010.
- [53] Marko Sarstedt, Joseph F Hair, Mandy Pick, Benjamin D Liengaard, Lăcrămioara Radomir, and Christian M Ringle. Progress in partial least squares structural equation modeling use in marketing research in the last decade. *Psychology & Marketing*, 39(5):1035–1064, 2022.
- [54] Amie Shei. Brazil’s conditional cash transfer program associated with declines in infant mortality rates. *Health Affairs*, 32(7):1274–1281, 2013.
- [55] Ryan A Simmons, Rebecca Anthopolos, and Wendy Prudhomme O’Meara. Effect of health systems context on infant and child mortality in sub-saharan africa from 1995 to 2015, a longitudinal cohort analysis. *Scientific Reports*, 11(1):16263, 2021.
- [56] Tomáš Sobotka, Vegard Skirbekk, and Dimiter Philipov. Economic recession and fertility in the developed world. *Population and development review*, 37(2):267–306, 2011.
- [57] Ahmet Soysal, Kerry A Millington, Mustafa Bakir, Davinder Dosanjh, Yasemin Aslan, Jonathan J Deeks, Serpil Efe, Imogen Staveley, Katie Ewer, and Ajit Lalvani. Effect of bcg vaccination on risk of mycobacterium tuberculosis infection in children with household tuberculosis contact: a prospective community-based study. *The Lancet*, 366(9495):1443–1451, 2005.
- [58] MA Talwalkar. Association of infant mortality and high fertility: an empirical investigation. *IIPS newsletter*, 22(1):2–11, 1981.
- [59] José E Teixeira, José A Bragada, João P Bragada, Joana P Coelho, Isabel G Pinto, Luís P Reis, Paula O Fernandes, Jorge E Morais, and Pedro M Magalhães. Structural equation modelling for predicting the relative contribution of each component in the metabolic syndrome status change. *International Journal of Environmental Research and Public Health*, 19(6):3384, 2022.

- [60] Getayeneh Antehunegn Tesema, Wullo Sisay Seretew, Misganaw Gebrie Worku, and Dessie Abebaw Angaw. Trends of infant mortality and its determinants in ethiopia: mixed-effect binary logistic regression and multivariate decomposition analysis. *BMC Pregnancy and Childbirth*, 21(1):362, 2021.
- [61] Getayeneh Antehunegn Tesema and Achamyeleh Birhanu Teshale. Residential inequality and spatial patterns of infant mortality in ethiopia: evidence from ethiopian demographic and health surveys. *Tropical Medicine and Health*, 49:1–15, 2021.
- [62] Yu-Kang Tu. Commentary: Is structural equation modelling a step forward for epidemiologists? *International journal of epidemiology*, 38(2):549–551, 2009.
- [63] Helene Vaillant-Roussel, Jean-Sebastien Cadwallader, and Julien Gelly. What is the efficiency of bcg?, 2014.
- [64] Tyler J VanderWeele. Invited commentary: structural equation models and epidemiologic analysis. *American journal of epidemiology*, 176(7):608–612, 2012.
- [65] Ana Glória G Vasconcelos, Renan Moritz Varnier Almeida, and Flávio Fonseca Nobre. The path analysis approach for the multivariate analysis of infant mortality data. *Annals of epidemiology*, 8(4):262–271, 1998.
- [66] Meseret Woldeyohannes, Meron Girma, Alemnesh Petros, Alemayehu Hussen, Aregash Samuel, Danial Abera Dinssa, Feyissa Challa, Arnaud Laillou, Stanley Chitekwe, Kaleab Baye, et al. Ethiopia national food and nutrition survey to inform the ethiopian national food and nutrition strategy: a study protocol. *BMJ open*, 13(4):e067641, 2023.
- [67] Sewall Wright. On the nature of size factors. *Genetics*, 3(4):367, 1918.
- [68] Qiuchen Yuan and Zhenwei Dai. The application of structural equation modeling in nursing research: A bibliometric analysis. 2023.